



# ARDEN ELEMENTARY

Week at a Glance  
FEB 12-FEB 23, 2024

Monday Feb. 12	Tuesday Feb. 13	Wednesday Feb. 14	Thursday Feb. 15	Friday Feb. 16
<ul style="list-style-type: none"><li>• <b>PAC Meeting</b> - 6:30 p.m. in the Library</li></ul>	<ul style="list-style-type: none"><li>• Bonanza</li></ul>	<ul style="list-style-type: none"><li>• Salad Bar</li><li>• <b>MDI – Gr. 5's</b></li></ul>	<ul style="list-style-type: none"><li>• School-Based Team</li><li>• <b>PAC Hot Lunch</b> - Quesadillas</li><li>• <b>Cross Country Skiing</b> – Grade 5's</li><li>• <b>PAC Family Movie Night (in Gym)</b> - Doors Open at 6:00 p.m.</li></ul>	<b>Pro-D Day No School</b>
Monday Feb. 19	Tuesday Feb. 20	Wednesday Feb. 21	Thursday Feb. 22	Friday Feb. 23
<ul style="list-style-type: none"><li>• Family Day <b>No School</b></li></ul>	<ul style="list-style-type: none"><li>•</li></ul>	<ul style="list-style-type: none"><li>• Salad Bar</li><li>• <b>Cross Country Skiing</b> – Grade 5's</li></ul>	<ul style="list-style-type: none"><li>• School-Based Team</li><li>• <b>PAC Hot Lunch</b> - Bowls</li></ul>	

## Looking ahead:

**Feb 15 & 21** – Cross Country Skiing – Grade 5's

**Feb 16** – Pro-D Day – **No School**

**Feb 19** – Family Day – **No School**

**Feb 28** – Pink Shirt Day

**March 15** – Last day of school before Spring Break

Happy Friday everyone,

Thank you to those who popped by the lost-and-found tables that we put out front tonight. It always boggles our minds:)

An exciting week coming up with our PAC meeting on Monday night. Don't tell other Principals I said this this, but I actually look forward to our meetings. They are an awesome, passionate, hard-working team who also have some fun along the way.

We also have Movie Night, Grade 5 skiing (we hope) as well as a good-looking line up for our ProD day seminars on Friday.

Just one new 'district' thing below. The rest are just reminders.

See you on the other side 😊

## **New News**

**This is from Jina Taylor our District Physical Literacy Support Teacher K-9. – See attached pdf.**

Dear SD71 Families,

I hope this newsletter finds you and your family in good health and happiness as we welcome the month of February. As this is the first of my monthly newsletters, I am excited to share insights and resources focused on promoting physical literacy—a fundamental aspect of your child's overall well-being.

### **What is Physical Literacy?**

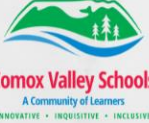
Physical literacy encompasses more than just physical skills—it is the ability to move with confidence and competence in a variety of environments and activities. Just as literacy and numeracy are essential for academic success, physical literacy is crucial for overall health and well-being. It empowers children to lead active, healthy lifestyles and fosters a lifelong love of movement. Learning and practicing the fundamental movement skills at a young age is very important.

Fundamental movement skills are the building blocks of physical activity. They include skills such as running, jumping, throwing, catching, kicking, and balancing. These skills form the foundation upon which more complex movements and sports-specific skills are built. By mastering fundamental movement skills, children gain the confidence and competence to engage in a wide range of physical activities, setting the stage for a lifetime of active living.

To help your family stay active together, I have included a fitness calendar with fun and engaging activities for each day of the month and this month I focused on locomotor skills to practice at home. I encourage you to use this calendar and activities as a guide to make physical activity a regular part of your family's routine.

## Reminders

The **cross-boundary transfer request** process for Comox Valley Schools opens on **February 1st, 2024** and will be open until **February 29th, 2024**. Note that many of our schools are not open for cross boundary requests. See here: <https://www.comoxvalleyschools.ca/cross-boundary-request/>



### CROSS BOUNDARY REQUESTS

The cross-boundary transfer request process for Comox Valley Schools opens Wednesday, February 1st. Students registered in the Comox Valley School District may request a transfer to a school outside their catchment area for the 2023-2024 school year. Registration opens February 1, 2024 and will be open until February 29, 2024.

All requests will be considered on a case-by-case basis.  
The school district has established categories for cross boundary transfer requests in order of priority as follows:

1. Siblings living in Comox Valley registered in a district school
2. Specialized educational programs offered at another secondary school location
3. Childcare (K-7 only)
4. Extenuating circumstances detailed within a specific request

Cross boundary requests will be accessible online. To register, complete the fillable form that can be found at: <https://www.comoxvalleyschools.ca/cross-boundary-request/>

Upon completing the form, applicants must ensure they click on the submit button to finalize the request. You do not need to save, print or email the form to Comox Valley Schools Board Office. For individuals without a home computer or internet access, we invite you to use the computer located at the Comox Valley Schools Board Office located at 607 Cumberland Road in Courtenay. Alternatively, you can access the network at any Vancouver Island Regional Library.


Please note: As per the Comox Valley Schools Board decision made in February of 2020, the following schools remain closed to cross boundary transfers:


- o Georges P. Vanier Secondary School
- o Mark R. Isfeld Secondary School
- o Cumberland Community School
- o Royston Elementary School
- o Miracle Beach Elementary School
- o Huband Park Elementary School


**SD 71 DPAC Speaker Series** is thrilled to host The White Hatter again by request. The first presentation is meant for viewing as a family with a special youth-audience focus. The second presentation is by request and for

parents/caregivers. The third presentation is for parents/caregivers but some may wish to have their older youth watch with them (potential content warning.) Check out the White Hatter's site for more free resources and tips. Email DPAC (dpac@sd71.bc.ca) to get on the list for the email with the links

**3 PART INTERNET SAFETY PRESENTATION FOR FAMILIES**

**TUESDAY FEB 6TH 7PM-8:15**  **CYBERBULLYING, NUDES & PROTECTIONS FOR MIDDLE SCHOOL-AGED YOUTH (GR6-8)**  
**AUDIENCE: YOUTH W/ PARENTS/CAREGIVERS**

**THURSDAY FEB 15TH 7PM-8:30**  **MONITORING, FILTERING AND TOOLS W/ Q&A FOR PARENTS AND CAREGIVERS**  
**AUDIENCE: PARENTS & CAREGIVERS**

**TUESDAY FEB 20TH 7PM-8:30**  **ONLINE PORN, RADICALIZATION, SHAMING & DISINFORMATION W/ Q&A**  
**AUDIENCE: PARENTS & OLDER YOUTH**

**\*IF YOU HAVE THE LINK YOU CAN WATCH THEM FOR 48HRS AFTER**

**Childcare Registration** – Please see the attached poster. We are not attached to this registration. Please see the website for details.

### **Movie Night:**

Your PAC will be hosting a family movie night on February 15th! The Super Mario Movie won by a landslide! Doors will open at 6, entry will be by donation. We will need some volunteers for set up, food, and a few chaperones. Please contact Jessica at [jwitt616@gmail.com](mailto:jwitt616@gmail.com) if you are able to volunteer some time.

Watch the PAC Facebook page and your emails for more details in the following week.

Please feel free to email me with any questions or comments at [andrew.ferneyhough@sd71.bc.ca](mailto:andrew.ferneyhough@sd71.bc.ca)

Andrew Ferneyhough - Principal

and

Teresa Cameron – Vice-Principal