



ARDEN ELEMENTARY

Week at a Glance May 5 – May 16, 2025

Monday May 5	Tuesday May 6	Wednesday May 7	Thursday May 8	Friday May 9
<p>Morning Mindfulness Announcements by Arden Ambassadors</p> <p>Cinco de Mayo</p> <p>Lunch - Chicken Burger</p>	<p>Morning Mindfulness Announcements by Arden Ambassadors</p> <ul style="list-style-type: none"> Gr. 4&5 Track and Field Jamboree at Vanier Track <p>Lunch – Pizza</p>	<p>Morning Mindfulness Announcements by Arden Ambassadors</p> <ul style="list-style-type: none"> Wheelie Wednesday <p>Lunch – Build Your Own Breakfast Bar</p> <p>Lake Trail – Alumni Visit 1245pm</p>	<p>Morning Mindfulness Announcements by Arden Ambassadors</p> <ul style="list-style-type: none"> K-5 Arden Assembly 10:50 a.m. <p>Lunch – Turkey & Cheese Wrap</p>	<p>Morning Mindfulness Announcements by Arden Ambassadors</p> <ul style="list-style-type: none"> Div. 4 Field Trip to Comox Lake <p>Lunch – Perogies</p>
Monday May 12	Tuesday May 13	Wednesday May 14	Thursday May 15	Friday May 16
<ul style="list-style-type: none"> Electrical Safety Week Presentations from BC Hydro PAC Meeting in the Multipurpose Room at 6:30 p.m. <p>Lunch – Ham & Cheese Kaiser</p>	<ul style="list-style-type: none"> Bonanza <p>Special Track Meet</p> <p>Welcome to Kindergarten Event, “Eye Spy Evening” 5:00 p.m.</p> <p>Lunch – Pizza</p>	<ul style="list-style-type: none"> Wheelie Wednesday <p>Lunch – Build Your Own Burger Bar</p>	<ul style="list-style-type: none"> Grade 4 K’omoks Big House Experience Field Trip <p>Lunch – Chicken Caesar Wrap</p>	<ul style="list-style-type: none"> Div. 5 Field Trip to the Campbell River Museum <p>Lunch – Cheese Tortellini</p>

Looking ahead:

May 6 - Gr. 4&5 Track and Field Jamboree at Vanier Track

May 8 - K-5 Arden Assembly 10:50 a.m.

May 12 - PAC Meeting in the Multipurpose Room at 6:30 p.m.

May 13 - Special Track Meet and Welcome to Kindergarten Event, "Eye Spy Evening" 5:00 p.m.

Hello everyone,

Spring has sprung and this week was full of fun learning and activities happening around our school community! The end-of-year field trip season has begun with student visits to Seal Bay and the Kus-kus-sum Site. Our school garden is coming back to life and nearby, students are enjoying the sand box toys housed in our new primary toy shed. This week our Indigenous Support Worker Ms. Phye and guest cultural presenter/Elder Jaime Rosario led a special drumming activity with some of our classes. Many thanks to Ms. Honeysett and her crew of volunteers for supervising our K-3 Wheelie Wednesday every week during morning recess. Participation has been wonderful! Lastly, thank you to our amazing Arden PAC for organizing last week's "Burger and a Beer" fundraiser at Gladstone's! A great time was had by all.

Have a great weekend,

Teresa



🌸 Spring has sprung at Arden!



Please feel free to email us with any questions or comments at: andrew.ferneyhough@sd71.bc.ca and teresal.cameron@sd71.bc.ca

Andrew Ferneyhough – Principal
and
Teresa Cameron – Vice-Principal

Upcoming Events:

From FamilySmart:

FamilySmart have a free in-person event coming up at the end of May for caregivers in the Comox Valley:

Topic: [ADHD: The Real Deal](#)

There are many myths about ADHD and it can be hard to understand how to support our kids who have ADHD. Join us as we listen to Dr. Don Duncan, Child and Adolescent Psychiatrist, dispel the myths, learn how and why the ADHD brain works the way it does, and talk about medications for ADHD.

This video presentation will be followed by a facilitated discussion by Carolyn McCarthy and Megan Watson, Family Peer Support Workers in the Comox Valley.

Note: This is a repeat topic for the Comox Valley - showing the same video from our event in November. We welcome you to join us whether you've joined us before for this topic or if it's your first time.

When: Wednesday, May 28 from 6:30-8:00pm

Where: Mark Isfeld Secondary (Multipurpose room)

Cost: Free

Register: For more information and to register, [click here](#). Even if you are not sure if you can make it, we encourage you to register as you will receive access to resources following the event via email.

*While the event is held at the secondary school, this event is for parents of all school aged children and youth who are interested in learning more about ADHD.

Preliminary Budget Survey

Comox Valley Schools invites our school community to participate in our **Preliminary Budget Survey** for the 2025–2026 school year.

This year, we're engaging earlier in the process to ensure your voices help shape our priorities from the outset. Your input is vital in helping the Board of Education make informed decisions that reflect the needs of students, staff, and the broader school community.

All feedback will be reviewed by the Board as they work to set fiscal priorities and align resources with our Strategic Plan.

 **Take the survey now:** [2025/26 Annual Budget Input Survey - Comox Valley Schools](#)

Thank you for your continued commitment and contribution to student success.



From the City of Courtenay: Public Works Week Day Event and Colouring Contest

Public Works Week (PWW) is recognized across North America to celebrate the essential role that public works plays in the daily lives of our communities. This year, PWW is taking place from May 18 to May 24, 2025. The theme of this year's events is People, Purpose, Presence—the three cornerstone ideals that motivate public service professionals to serve their communities every day.

To celebrate and raise awareness of the important work carried out by the City of Courtenay's Operational Services Department, the Department is organizing a series of community engagement activities, culminating in a public Open House. Operational Services is pleased to welcome the participation of the City of Courtenay Fire Department, further highlighting the collaborative efforts across City departments that contribute to public safety and well-being.

Public Open House

1. **Date:** Saturday, May 24, 2025 -- 10:00 a.m. to 2:00 p.m.

2. **Location:** Operational Services Center (1000 Piercy Ave. , Courtenay)

3. **Planned Activities:**

- a. Heavy equipment displays and live demonstrations
 - b. Interactive displays showcasing the work of City Operations
 - c. Facility tours
 - d. Tree and plant giveaways
 - e. Free hot dogs for visitors
 - f. Display of painted snow plow blades
4. City of Courtenay Fire Department
- a. Display Fire Truck
 - b. Fire Safety House
 - c. Display of painted snow plow blades created by local elementary school students
 - d. Children's colouring contest entries display

Children's Colouring Contest [PWW 8.5x11 OpenHouseColouringPage PRINT.pdf](#)

A colouring contest will be offered to children. Colouring sheets will be distributed to local schools and the community prior to PWW. Completed entries can be submitted during school visits or at the Open House event, where they will be displayed, and prizes awarded to children of different age group categories.

Supporting Families in the Comox Valley – Meet YANA

With so many new families settling in the Comox Valley, we want to help spread the word about a local charity doing incredible work. **YANA (You Are Not Alone)** provides travel and accommodation support to families who need to leave the Valley for medical treatment for a child or expectant mother. Please take a moment to visit www.yanacomoxvalley.com to learn more about how they can help – or how you can support them. No one should face medical challenges alone.



YANA is a community organization that provides financial support and accommodation to Comox Valley families who need to travel for medical treatment for a child or for a pregnant mother.

To learn more, visit our website or contact our office:
102 - 2456 Rosewall Crescent
Courtenay BC V9N 8R9
250.871.0343

 yanacomoxvalley 

yanacomoxvalley.com

