



ARDEN ELEMENTARY

Week at a Glance February 23-March 6, 2026

Monday Feb. 23	Tuesday Feb. 24	Wednesday Feb. 25	Thursday Feb. 26	Friday Feb. 27
Hot Lunch – Baked Pasta	Bonanza 2:30-4:30 p.m. Hot Lunch - Pizza	PINK SHIRT DAY PAC Friendship Dance 4:30-6:30 p.m. 😊 Hot Lunch - Croissant w/ Cheese & Fruit Salad	Resilient Rhythms (Guest School Presenter) Hot Lunch – Ham Sandwich	School-wide Assembly Hot Lunch – Chicken Quesadilla
Monday March 2	Tuesday March 3	Wednesday March 4	Thursday March 5	Friday March 6
Hot Lunch - Chicken Burger	Student-Led Conferences No School Paper Portfolio Learning Updates Go Home (for Div. 5, 7, 10 & 11)	Hot Lunch - Pizza	Hot Lunch – Turkey Sandwich	Hot Lunch – Chicken Teriyaki Rice Bowl

Looking ahead:

Feb. 25 – Pink Shirt Day (Anti-Bullying Awareness)

Feb. 25 – PAC Friendship Dance in the Gym – 4:30-6:30 p.m. 😊

Feb. 26 - Rhythm Resource School-Wide Performance and Class Presentations

March 3 – 2nd Parent Teacher Day/Student-Led Conferences - **No School** & Paper Portfolio Learning Update Goes Home (**FOR DIV. 5, DIV. 7, DIV. 10 & DIV. 11**)

Saturday, April 18 – Arden PAC Spring Kids Market 10:00-3:00 p.m.

Happy Friday everyone,

Next week, our gym will be the hoppin place to be! We'll start things off Wednesday with the PAC-sponsored *Friendship Dance* from 4:30–6:30 p.m. on Pink Shirt Day—so get those dancing shoes ready! On Thursday, we're excited to welcome a guest artist for a fun full-school presentation followed by creative class workshops. Then we'll wrap up the week with our Whole-School Assembly, where we celebrate students who have been shining brightly and showing the Arden Way over the past couple of months. It's a big week... our gym might need a nap by Friday! 😊

This week's parking lot tip: please keep the bus loop clear so Handi-Dart vehicles and field trip buses can come and go. Thanks for helping keep things running safely and smoothly!

Have a wonderful weekend everyone,

Mr. F

District Happenings

Please see the attached flyer. The Rapids Rugby event had to find a new location.

Please see the other attached flyer...The CDA, in partnership with the DPAC, is hosting free screenings for the movie "Seen"

Cross Boundary Transfers between schools open February 1-28

[Cross Boundary Requests Open Feb.1-28 - Comox Valley Schools](#)

Students registered in the Comox Valley School District may request a transfer to a school outside their catchment area for the 2026-2027 school year. The request window opens February 1, 2026 until February 28, 2026.

Community Events

Connect & Learn | for Parents & Caregivers

Emotion Regulation

When kids frequently have big emotions, parenting can be overwhelming and tiring. Discover some strategies and skills that can make it easier for your kids and you, and learn about the critical role that parents and caregivers play to create positive change for young people.

Learn about emotion regulation and dysregulation from Nicole Allen, Registered Clinical Counsellor.



Details

This video presentation will be followed by a facilitated discussion by Family Peer Support Workers in the Comox Valley.

LOCATION:

Mark Isfeld Secondary (multipurpose room)
1551 Lerwick Rd, Courtenay
The entrance is to the left of the main office doors.

DATE: Wednesday, March 18, 2026

TIME: 6:30 - 8:00 PM

COST: Free

This event is for parents/caregivers only, and we are not able to provide childcare.

Questions?

EMAIL: megan.watson@familysmart.ca

PHONE/TEXT: (250) 890-2393

For more information and to register, go to familysmart.ca/events



Register online at
familysmart.ca/events



[Andrew Ferneyhough](#)

Principal

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