



Aspen Park Elementary School Newsletter

Hello Aspen Park Families,

Here are this week's information items. New items are in **Yellow**.

Week at a Glance

February 16	February 17	February 18	February 19	February 20
Family Day – No School	Pro-D Day – No School	Open Gym Basketball -Grade 7 Boys @ Home vs Brooklyn - Grade 6/7 Girls @ Brooklyn	Toonie Sale	Open Gym Elder in Residence ENTER Students at Skills Canada
February 23	February 24	February 25	February 26	February 27
Open Gym Grade 6 Immunizations Grade 6 Boys Basketball @ Home vs NIDES	8:00 – SBT Elder in Residence 2:45 – Staff Meeting Division 07 & 08 Fine Arts Showcase at Highland	Open Gym Girls Basketball Tournament	Pink Shirt Day Grade 7 Boys Basketball Tournament Toonie Sale	Open Gym Elder in Residence

Upcoming dates to note:

- March 13 - Term 2 Learning Reports Sent Home
- March 23 – First Day of Spring Break
- April 6 – Easter Monday (No School)
- April 7 – First Day Back to School After Spring Break

Hot Lunch Volunteers Needed

Our Hot Lunch program is a valuable part of our school community and depends entirely on the support of dedicated volunteers to operate.

At this time, as we do not have enough volunteers, if we are unable to find more volunteers Hot Lunch for April and May will be paused.

We are urgently seeking volunteers to assist with tasks such as order pick up, sorting and distributing orders. The time commitment is approximately 2-3 hours on a Friday morning. Even occasional help can make a significant difference.

If you can volunteer, please email me at aspENparkhotlunch@gmail.com as soon as possible.

Pink Shirt Day – February 26

On Wednesday, February 26, our school will recognize Pink Shirt Day, a national day of action focused on kindness and inclusion.

Pink Shirt Day began in 2007 in Nova Scotia when two Grade 12 students organized classmates to wear pink in support of a younger student who had been bullied for wearing a pink shirt. Their act of leadership sparked a movement that has grown across Canada and beyond. Today, Pink Shirt Day reminds us that small actions can make a big difference.

At Aspen Park Elementary, we continue to emphasize the importance of respectful language, keeping hands to ourselves, and including others in our learning and play. Pink Shirt Day is an opportunity for us to reflect on how we treat one another and how we can create a safe, caring, and inclusive community for everyone.

Students and staff are encouraged to wear pink on February 26 as a visible sign of our commitment to kindness and belonging. Throughout the day, classes will engage in age-appropriate conversations and activities focused on empathy, friendship, and belonging.

Thank you for partnering with us in reinforcing these important messages at home.

Pictures















Community Information

District Calendar

Comox Valley Schools is inviting families, staff, students, and community members to share feedback on the proposed school calendars for the next three years. Draft calendars for the 2026–2027, 2027–2028, and 2028–2029 school years are now available for review. These calendars outline instructional days, professional development and non-instructional days, vacation periods, and statutory holidays, and must meet provincial instructional-hour requirements. Your input helps ensure our calendars reflect the needs of our school community. Feedback is open February 11 to March 14

Review the draft calendars and share your feedback here:

<https://www.comoxvalleyschools.ca/proposed-school-calendars-survey/>

Thank you for taking a few minutes to help shape future school years across Comox Valley Schools.

Connect & Learn | for Parents & Caregivers

Parenting When Our Kids Can't Go To School

Sometimes mental health challenges keep our kids from going to school. Parenting when our kids won't (or can't) go to school is hard. Discover how focusing on our relationship with our child can help, and where we can find support.



Details

Learn from John Solano, Registered Clinical Counsellor, and Kathy Buhler, a parent with lived experience.

This video presentation will be followed by a facilitated discussion by the Family Peer Support Workers in the Comox Valley.

LOCATION:

Mark Isfeld Secondary (Multipurpose Room)

DATE: Wednesday, February 18, 2026

TIME: 6:30 – 8:00 PM

COST: Free

Questions?

EMAIL: megan.watson@familysmart.ca

PHONE/TEXT: 250-890-2393

For more information, go to familysmart.ca/events



Register online at
familysmart.ca/events



Feb 24th • 6PM - 7PM

Community Welcome!



FAST EDDY

Guest Speaker

- ▶ Perseverance & Big Goals
- ▶ Overcoming Challenges
- ▶ Everyday People Doing Above-Average Things



FREE EVENT FOR ALL AGES!

Brooklyn Elementary School • Comox

Everyone Invited!

Feel free to email me at zale.darnel@sd71.bc.ca if you have any questions or comments.

Respectfully,

Zale Darnel

Principal, Aspen Park Elementary