



# CLC & Capstone

On the chart below, reflect on your own core competencies - those that you feel confident in, and those which you would like to further develop. As a lifelong learner, you are taking stock of where you are in your learning journey at this transitional, but exciting time! It is important to reflect back on your growth as a learner by looking back at your learning and reflections about your core competency development over the past few years.

This is a great way for your teacher to get to know you, and to set a starting point for your own goals in this course and to help you develop evidence for your capstone project. Your reflection should be personally meaningful and connect to the next steps, easy ones and more difficult, that you hope to pursue in this journey!

If you need some inspiration, look back to your myBlueprint portfolios and reflections from grades 8 to 11. You may be surprised at your own development and growth!

This assignment has been provided in a .pdf form. You are welcome to just answer the questions in a separate Word document.

[CLC 12 Core Competency Review Assignment](#) – find under attachments in the portal



Assessment

(see page below)

**Building Blocks of Core Competencies Rubric**



Criteria	Ratings				Pts
Communication	<b>4.0 pts</b> <b>100%</b> Student has an excellent understanding of the competency. Student has offered personal examples on the following aspects of the communication competency: Connect and engage with others (to share and develop ideas). Acquire, interpret, and present information. Collaborate to plan, carry out, and review constructions and activities. Explain/recount and reflect on experiences and accomplishments.	<b>3.0 pts</b> <b>75%</b> Student has a good understanding of the competency. Student has offered personal examples on most the following aspects of the communication competency: Connect and engage with others (to share and develop ideas). Acquire, interpret, and present information. Collaborate to plan, carry out, and review constructions and activities. Explain/recount and reflect on experiences and accomplishments.	<b>2.0 pts</b> <b>50%</b> Student lacks understanding of the competency. Student has offered very limited examples on the following aspects of the communication competency: Connect and engage with others (to share and develop ideas). Acquire, interpret, and present information. Collaborate to plan, carry out, and review constructions and activities. Explain/recount and reflect on experiences and accomplishments.	<b>1.0 pts</b> <b>25%</b> Student does not understand competency and has offered no examples. Assignment is incomplete.	4.0 pts
Creative & Critical Thinking	<b>4.0 pts</b> <b>100%</b> Student has an excellent understanding of the competency. Student has offered personal examples on the following aspects of the creative & critical thinking competencies: Ideas have novelty and value. Generating ideas and developing ideas. The ability to analyze and critique, question and investigate and develop and design.	<b>3.0 pts</b> <b>75%</b> Student has a good understanding of the competency. Student has offered personal examples on most of the following aspects of the creative & critical thinking competencies: Ideas have novelty and value. Generating ideas and developing ideas. The ability to analyze and critique, question and investigate and develop and design.	<b>2.0 pts</b> <b>50%</b> Student has a limited understanding of the competency. Student has offered very limited examples on the following aspects of the creative & critical thinking competencies: Ideas have novelty and value. Generating ideas and developing ideas. The ability to analyze and critique, question and investigate and develop and design.	<b>1.0 pts</b> <b>25%</b> Student does not understand competency and has offered no examples. Assignment is incomplete.	4.0 pts
Personal Awareness & Responsibility	<b>4.0 pts</b> <b>100%</b> Student has an excellent understanding of the competency. Student has offered personal examples on the following aspect of the competency: Self-determination (a sense of personal value and growing confidence). Self-regulation (taking responsibility for your own choices and actions). Well-being (mental, physical, emotional, social, cognitive, and spiritual wellness).	<b>3.0 pts</b> <b>75%</b> Student has a good understanding of the competency. Student has offered personal examples on most of the following aspect of the competency: Self-determination (a sense of personal value and growing confidence). Self-regulation (taking responsibility for your own choices and actions). Well-being (mental, physical, emotional, social, cognitive, and spiritual wellness).	<b>2.0 pts</b> <b>50%</b> Student has a limited understanding of the competency. Student has offered very limited examples of the following aspect of the competency: Self-determination (a sense of personal value and growing confidence). Self-regulation (taking responsibility for your own choices and actions). Well-being (mental, physical, emotional, social, cognitive, and spiritual wellness).	<b>1.0 pts</b> <b>25%</b> Student does not understand competency and has offered no examples. Assignment is incomplete.	4.0 pts
Reflective Thinking	<b>4.0 pts</b> <b>100%</b> Student demonstrates excellent reflective thinking across all three competency categories.	<b>3.0 pts</b> <b>75%</b> Student demonstrates good reflective thinking across all at least two of the three competency categories.	<b>2.0 pts</b> <b>50%</b> Student demonstrates limited abilities with reflective thinking across the competency categories.	<b>1.0 pts</b> <b>25%</b> Student demonstrates no reflective thinking across the competency categories.	4.0 pts

Total Points: 16.0