



CLC & Capstone

Tim Urban, a blog writer for his website www.waitbutwhy.com, has written extensively on [procrastination and its effects](#), garnering hundreds of comments from procrastinators and non-procrastinators alike. As it turns out, if you are a procrastinator, you are not alone! People from every profession and walk of life are right alongside of you and your habits.

For today's assignment, you will watch Tim Urban's fantastic TEDTalk "Inside the Mind of a Master Procrastinator" and follow it up with an assignment looking at your own procrastination habits.

1: Watch the following TEDTalk:

https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator?language=en

2: Once you have finished Tim Urban's TEDTalk, complete the following assignment: [CLC 12 Procrastination](#) (you can find the assignment in the portal!)

Assessment

Procrastination Rubric					Pts
Criteria	Ratings				Pts
The Dark Playground	4.0 pts 100% Student is detailed in their personal understanding of "the dark playground" and provides several specific examples.	3.0 pts 75% Student is somewhat detailed in their personal understanding of "the dark playground" and provides a few specific examples.	2.0 pts 50% Student is lacking detail in their personal understanding of "the dark playground" and fails to provide sufficient specific examples.	1.0 pts 25% This portion of the assignment is incomplete.	4.0 pts
Hard Things	4.0 pts 100% Student is detailed in their personal understanding of "hard things" and provides several specific examples.	3.0 pts 75% Student is somewhat detailed in their personal understanding of "hard things" and provides a few specific examples.	2.0 pts 50% Student is lacking detail in their personal understanding of "hard things" and fails to provide sufficient specific examples.	1.0 pts 25% This portion of the assignment is incomplete.	4.0 pts
Question & Response	4.0 pts 100% Student responds, in detail, to all other questions; including, the calendar and the character design.	3.0 pts 75% Student responds to most of the other questions; including, the calendar and the character design.	2.0 pts 50% Student begins to respond to some of the other questions; including, the calendar and the character design.	1.0 pts 25% This portion of the assignment is incomplete.	4.0 pts
Total Points: 12.0					