

Career education is designed to help you think about and plan your future, giving you the tools to be flexible and adapt your plan as necessary. Your plan should include strategies to maintaining your physical and mental health, and being an active citizen and lifelong learner are two essential strategies are two strategies to ensure you stay healthy!

In this last assignment of CLC, write a short reflection piece of approximately 400-500 words, explaining your commitment to being a lifelong learner, being an active citizen, and remaining connected to your community. Really think about how you will be engaged as you become an adult, don't just submit a checklist with your plans. Describe the values you are hoping to gain yourself, the value you are wanting to add to the lives of others, and most importantly why it is important.

<u>Assessment</u>

(see next page)

Criteria	Ratings							Pts
Written Reflection	6.0 pts Superior Superior evidence of understanding of the assignment. Sophistication of thought as well as vocabulary and sentence structure. Fully developed and may be error free.	5.0 pts Proficient Proficient evidence of understanding of the assignment. Thoughtfully written showing some complexity. Fully developed vocabulary and sentence structure. May contain errors but they do not distract	4.0 pts Adequate Adequate evidence of understanding of the assignment. Clearly written, suitable vocabulary, with some errors. Suitable support and reflection.	3.0 pts Minimal Minimal evidence of understanding of the assignment. Simple language that lacks support, insight, and reflection.	2.0 pts Limited Limited evidence of understanding of the assignment. Needs more detail to show understanding. May contain a large number of errors.	1.0 pts Poor Poorly written and incomplete with many errors. Needs to be redone with teacher support.	0.0 pts No Marks Not attempted or plagiarized.	6.0 pts
Evidence of Engagement	6.0 pts Superior Superior evidence of engagement and critical thinking. Responses, reflections, analyses, and connections are made and show complexity and insight. Response is specific and thoughtful.	5.0 pts Proficient Proficient evidence of engagement. Responses, reflections, analyses and connections are made and show some complexity of thought.	4.0 pts Adequate evidence of engagement and critical thinking. Reflections, analyses, and connections are made regularly but may lack depth and complexity.	3.0 pts Minimal evidence of engagement and critical thinking. Few reflections, analyses, and connections.	2.0 pts Limited Limited evidence of engagement and critical thinking. Effort is superficial and not thoughtful.	1.0 pts Poor Very little evidence of engagement with or critical thinking about the topic.	0.0 pts No Marks Not attempted or plagiarized.	6.0 pts