This activity will help students explore who they are and the different pathways that are connected to their authentic selves. Complete each section by following the instructions below.

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| --- | --- | --- | --- | --- | --- |
| **Teacher Led** |  | **Requires Computer** | X | **Requires myBlueprint.ca** | X |

**LEARNING GOALS:**

1. Student will list and organize personal traits and skills.
2. Students will create a collage using different images to artistically represent one’s personality and abilities.

**MATERIALS:**

* Computer, mobile device, or tablet
* Writing tools
* **Handout [A] - About Me**

**INSTRUCTIONS:**

Have students visit [www.myBlueprint.ca](http://www.myBlueprint.ca), and enter their email (username) and password to log in.

* ***Forgotten password?*** *Students can reset their passwords by clicking on the ‘Forgot your password?’ link in the green* ***Existing User*** *box.*
* ***Forgotten email?*** *As a teacher/counsellor, you can reset your students’ emails and passwords in your* ***Student Manager*** *or* ***My Classes****.*
1. In the left hand navigation menu, click **Who Am I**
2. On the **Who Am I** page, have students complete the 5 assessments.
3. To start a specific survey, click on the blue button **Start Survey.**
4. Distribute **Handout [A]** and have students complete the activitypage. Students will upload their responses (i.e., the worksheet) to their “My Individual Profile” Portfolio on myBlueprint.

**HANDOUT [A] - ABOUT ME**

Fill in the charts below with examples specific to you.Once you have filled in the handout, log in to your myBlueprint account and add this worksheet to your “My Individual Profile” Portfolio:

* Go to **Home** and select **Portfolios**
* Select your “My Individual Profile” Portfolio or add a new portfolio (**+ Add Portfolio)**
* Click **+ Add Box,** select **+ Add Media** (select **File**)**,** click **Upload File**, add **Title** “Who Am I?”

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| **Dreams about my future** | **Values** | **Interests and Hobbies** |
| Think about: your hopes and aspirations, your long-term goals | e.g. honesty, respect | Think about: what you like doing in your spare time, what you are naturally good at |
| **Personal Characteristics** | **Transferable Skills** | **Career Focus** |
| e.g. cooperative, focused, goal-oriented | e.g. listening attentively, negotiating, problem solving | Think about: Are you naturally drawn to a specific career? Some careers that interest you and why |