

# Felt Fish

Intermediate/Jr. ADST



## ADST Project

Felt Fish are a great ADST project for students in intermediate grades!

The first thing that you will need to do as a teacher, is get trained in using your school Maker Cart. Once you are Safe and Certified you will need to do an inventory on your ADST Toolbox kits (there are 12 for your school) and your Maker Cart. Each cart and your 12 kits have master lists of what should be in them. If you are not sure or if you will need additional resources, please contact your District Careers Coordinator and they will be able to help you, [Dawn.Anderson@sd71.bc.ca](mailto:Dawn.Anderson@sd71.bc.ca)

### Junior ADST (Applied Design, Skills, and Technologies)

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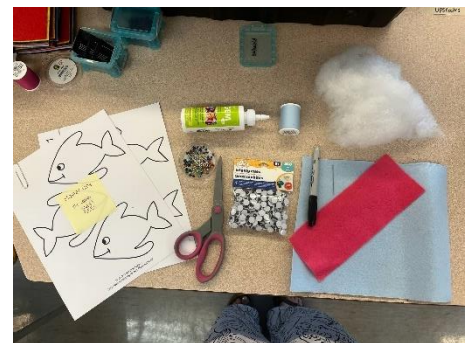
ADST is important for students because it helps them develop practical life skills, creativity, and confidence through hands-on learning. Activities like small sewing projects build fine motor skills, encourage problem-solving, and teach patience and perseverance. These experiences also foster independence, collaboration, and a sense of accomplishment, all while making learning fun and meaningful.

Feel free to challenge your students to come up with new ways to compete a step in the booklet. Some of the steps are challenging and should be completed with a partner. Please share if you have a good approach to a step and we can tweak the booklet for all.

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For this project, you will need the following items:

1. Felt (base colour, then different colours for the stripes)
2. Print a few different fish shape options to trace
3. Pen or sharpie
4. Scissors
5. Googly eyes
- 6.
7. Thread
8. Sewing needle
9. Poly-fill (fluff)
10. Hot glue or white liquid glue or fabric glue



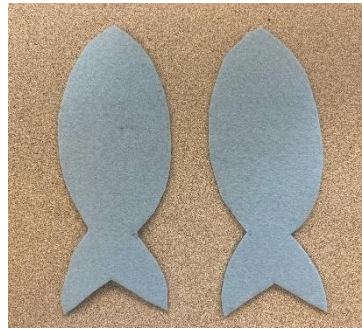
Once you have everything, you are ready to start your project 😊

**Here is the complete video of how to make the felt fish:**

<https://www.youtube.com/watch?v=mFdjKZLx1hI>

### **STEP 1:**

The first thing we need to do is trace our fish stencil outline onto our felt. We will need to piece that match. Once we have our outlines traced, we cut both of them out so that we have two separate fish bodies.

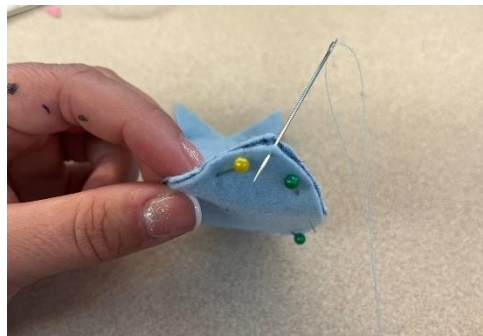
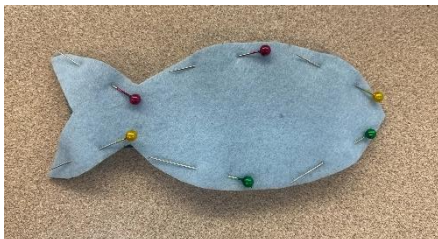


### **STEP 2:**

You may want to use pins to hold the two pieces together while you get ready to sew. Knot your thread 3-4 times after doubling it (folding it in half). Starting at the nose of the fish, spread the two felt pieces apart, poke the needle through one side coming upward, and then begin your blanket stitch around the edge.

(Example of blanket stitch: <https://www.youtube.com/watch?v=S9zegUYdPmg&t=18s>)

Carefully remove the pins as you move toward them.



### **STEP 3:**

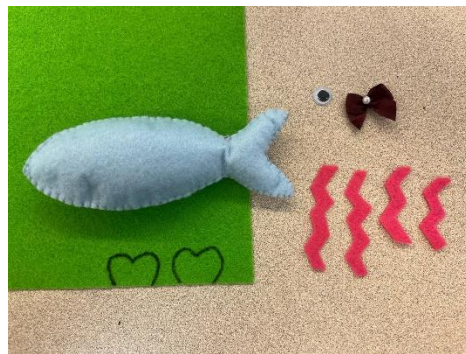
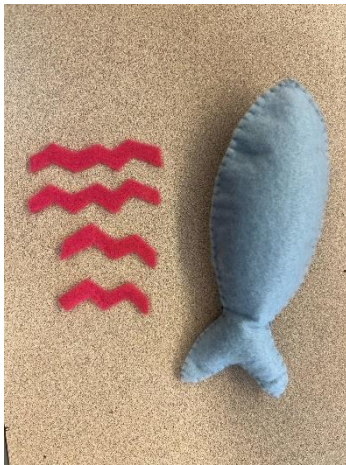
Once you are almost finished the tail, begin placing poly-fill into the tail. You can use a pencil to push it down and add more as needed. Continue going around the body of the fish and leave a small gap before stitching the other side of the nose. Put in the remainder of the poly-fill and stitch the remainder.



#### **STEP 4:**

Now it is time to decorate! You can choose to cut polka dots or zig zags, or anything else that will be easy to glue on as a design for your fish. Lastly, you need to cut little fins and glue on the back. To finish it off, take a googly eye and glue it on the front. If you want to add a smile, just draw one on with a sharpie!

Optional: If you wish to make it an ornament, you can use a small piece of ribbon and glue or stitch on the back for the fish.



Congratulations! You've made a cute little fishy! 😊



## Felt Fish Curricular Connections

### Curriculum:

Subject	Big Idea
Science	All living things sense and respond to their environment.
Social Studies	The pursuit of valuable natural resources has played a key role in changing the land, people, and communities of Canada.
ADST	Skills are developed through practice, effort, and action.

### Resources:

LRC: Here are just a couple of great resources and books to pair up with this build project.

<a href="#">Interconnectedness: the impact of living on and learning from the land: an inquiry</a> Call #: KT 577.5 INT
<a href="#">Connections between changes in the Earth and biological diversity</a> Call #: SC 576.8 CON
<a href="#">Protecting our oceans – intermediate</a> Call #: KT 333.91 PRO
<a href="#">Salmonids in the classroom: intermediate</a> Call #: SC 597.55 SAL
<a href="#">Sustainability: ocean plastics and pollution</a> Call #: KT 333.7 SUS