

Dear Families,

We had another week of delicious lunches and much positive outside play. We are all settling into school and classroom routines, and had both a fire drill and an earthquake drill this week. Our new Blended Learning program (Div. 4) for homeschoolers should start up soon. I am excited for this new adventure and to welcome more learners and families to share with us.

Parent Info

You will find information in this newsletter about Orange Shirt Day, School Tours, Bedtime Stories, Erase, and a workshop on demystifying ADHD.

We are looking for a Garden
Volunteer to help with a few
garden chores, contact Gracie at
335-2058 if you have a little time
to spare.

Community Soccer happens
Wednesdays at 5 p.m. (adults) and
Sundays at 9:30 for younger
players and 10:00 for adults.

Upcoming

Sept. 29-Orange Shirt Day

Sept. 30-National Day of Truth and Reconciliation (no school)

Oct. 2-School photos

Oct. 6-8-School tours, more info coming soon

Oct 9-Bedtime Stories at 6:15

Orange Shirt Day

Orange Shirt Day is a legacy of the St. Joseph Mission (SJM) residential school commemoration event held in Williams Lake, BC, Canada, in the spring of 2013. It grew out of Phyllis Webstad's story of having her shiny new orange shirt taken away on her first day of school at the Mission, and it has become an opportunity to keep the discussion on all aspects of residential schools happening annually.

EVERY CHILD





School Tours

Orange Hearts

Are you interested in learning more about our school? You are invited to sign up for a fabulous tour of the school while we are working and learning. Your tour guides will be well informed hosts from Mr. Farrow's class who will guide you through a fascinating walking tour that includes all classes while is session and our garden. The tour will end in the library, where PAC will provide refreshments.

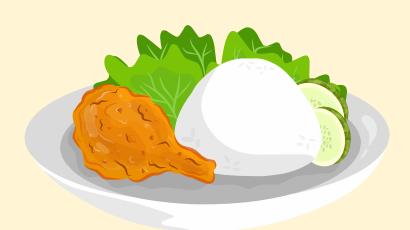
The tour dates are Oct. 6, 7, 8. They start at 1:30 promptly.

Please sign up by emailing

Isabelle.Dessureault@sd71.bc.ca



Muffin Mania Look what was cooking at school!



Please let us know if you have questions about ordering lunch, we are happy to help with the order form. There are subsidies available and menu choices for vegetarian and vegan options.

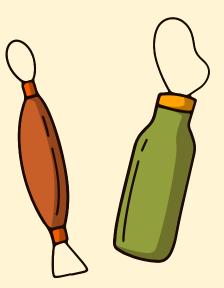


Thank you to Rose and Gerli for volunteering as much needed lunch time helpers this week! You are so appreciated!





Thank you for all the Twonies for Terry. We raised \$91.25 this year!





Thank you, Margie G. for donating pottery tools!







DEMYSTIFYING ADHD WORKSHOP

ABOUT OUR WORKSHOP

ADHD is one of the most common neurodivergent profiles among young people today. In fact, in 2023, 1 in 4 youth on North Vancouver Island reported having ADD or ADHD ...but there's still a lot of confusion, stigma, and unanswered questions, especially for families.

That's why are hosting Demystifying ADHD, a free information night designed to give parents and caregivers a clear, supportive introduction to what ADHD really is.



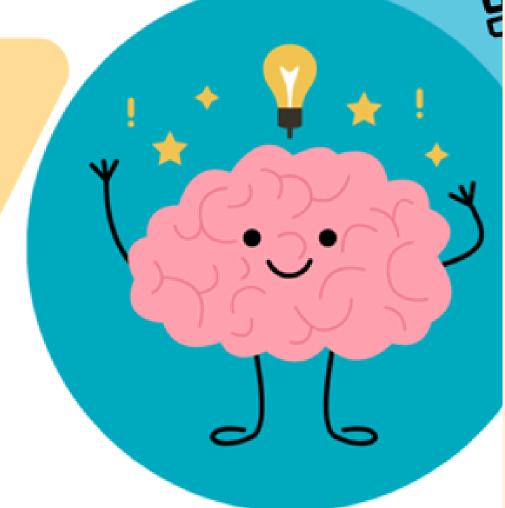
Thursday | 6:15-8:00pm

Lake Trail Community School 805 Willemar Ave.

Child care provided!

TOPIC HIGHLIGHTS

- The basics of ADHD the core features of characteristics
- The ADHD brain including how dopamine plays a key role
- Practical strategies to support your child at home, at school, and in daily life
- Where to turn for support and resources in the Comox Valley





Information for Parents and Caregivers

Resources to support you and your child



Register for free training

Tips to protect children and youth online



Have a conversation

Talk with children and youth about things they may be experiencing

What kind of information can I find on erase.gov.bc.ca?

- Practical guidance to help you support your child's safety and well-being
- Resources and information about:
 - Diversity and inclusion
 - Mental health and substance use
 - School and online safety
- Free training sessions to help you keep your child safe online
- Videos explaining erase, the Report It Tool, and safe, caring and inclusive schools
- Tips for bringing concerns to your child's school

What is the Report It Tool?

Report It is an anonymous online tool for students to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erase.gov.bc.ca.

Questions? Reach out to your school to learn more.





