***ELEMENTARY ULTIMATE 2023***

**A few notes:**

We'll be playing 5 on 5 (at least 2 players of each gender on the field at all times) and the games will last approx. 15 minutes.  Player substitutions after a point.

**Fields**

We are using a standard set of fields this year 25m-30m wide x 50m-60m long with 8m-10m end zones.

**Special Elementary Rules**

\* minimum of 3 passes to different players before trying for the end zone - this encourages shorter passes to as many players as possible and less reliance on the long bomb and/or the same players getting the disc all the time.  This isn't possible/practical when turnover happens deep in offensive zone.  To be applied with discretion and in keeping with the spirit of discouraging the "long bomb" and spreading the disc around.

\* a player defending the thrower will mark "straight on" at a distance of arms' length - we want to encourage throws / plays and not stymie handlers with a tight check.

Cumberland 1 team
Airport 1 team
Puntledge 2 teams
Robb Road 1 team
Brooklyn 2 teams
Valley View 1 team
Aspen 2 teams
Royston 1 team

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| **June 7th** | **June 7th** | **June 7th** |
| @ Puntledge2 fieldsRoystonPuntledge 1Puntledge 23:05 Puntledge 1 ByeRoyston vs. Puntledge 23:25 Puntledge 2 ByePuntledge 1 vs. Royston3:45Royston vs. Mix of Puntledge | @ Robb Road2 fieldsRobb 1 Brooklyn 1 Brooklyn 23:05Brooklyn 1 vs. Robb 1Brooklyn 2 Bye3:25Brooklyn 1 ByeBrooklyn 2 vs Robb 13:45Brooklyn 1 vs Brooklyn 2Robb Bye | @Aspen2 fields Aspen 1Aspen 2AirportValley View3:05Aspen 1 vs. VVAirport vs. Aspen 23:25Aspen 1 vs. AirportVV vs. Aspen 23:45VV vs AirportAspen 1 vs Aspen 2 |
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| **June 14th** |
| @ Valley View4 fieldsValley View Puntledge 1Cumberland Puntledge 2Brooklyn 1 RoystonAirport Brooklyn 23:05 Puntledge 1 vs. VV Brooklyn 1  ByeBrooklyn 2 vs. Puntledge 2  Royston vs Airport3:25 Puntledge 1 ByeVV vs. airport Puntledge 2 vs. Brooklyn 1 Brooklyn 2 vs Royston 3:45 Puntledge 1 vs. Brooklyn 2 Puntledge 2  BYEAirport vs. Brooklyn 1Royston vs Valley View |
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