

PRO D SEPT 21 2026 – Lisa Williams & Lori Mazey

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We did or talked about the activities **IN RED**

Question of the Day something you could **talk about for an extended time** / level you teach & what you hope to gain today

(Question of the Day gets students talking and you can tie it into the lesson or not! Something you can do is give 2 options – an easier/ shorter option such as – what colour are your socks? How many letters are in your name? Etc. or a longer one – something about you and riding a bike? A movie you’ve watched more than once and what you like about it. It also helps them develop their listening while others are answering – a KEY skill in Improv)

Name Game – for ice breaking, team building and get to know you

Continuous handshake

Games we play for - FUN and...

Pass the snap	- offer, accept, advance, listening, observation, focus
3 things	- listening, offer, accept, energy, brain warm up
Crambo	- listening, creative thinking, brain warm up
Motion Sound Peel Away	- listening, teamwork, offer, accept, Physical Vocal Warm up
Boo Yay	- Brain warm up, simple offers and acceptance
Dark Cloud Silver Lining	
Where Have My Fingers	- performing, platform, Making offers
“Hear my out...” / “Don’t Get Me Started” / Rant	
5 Things (or fewer!)	
Clams are Great	
Returns Desk	
Press Conference	

A few resources we talked about

Improv.ca	School Program / Lessons / Coaches Manual
Theatresports Down Under	by Lyn Pierse
Impro	by Keith Johnstone
Impro for Storytellers	by Keith Johnstone
Some others	
<i>Truth in Comedy</i> by Del Close, <i>Improvisation for the Theatre</i> by Viola Spolin	

Other Activities if we'd had more time!

Concentration with name, sound and action

Cross the room small medium large action and voice with name // Space Next to Me Is Free

Hype Man (*RPS tourney*) - team building, support, energy

Sorry I'm Late - listening, story telling, reframing

Complete the Image - offer, accept, advance, reframing

Lost in translation - listening, miming, accepting failure as part of growth/ Improv

Mr Hit Me - listening, brain warm up

Backstabber - icebreaker, getting out of your heads/ judgment

I'm a (keep the _____) - stage pictures, listening, offer, acceptance, setting, character

Wax Mask / Messy vest / - listening, brain warm up, physical warm up

Frantic Grid - physical and brain warm up, listening, teamwork, failure

On the Bus - Characters, listening on stage, size of character, miming

Phrase give and take - simple storytelling, working w partners/ groups, offer accept

Because ... - Storytelling, cause effect, listening, teamwork

Sausage - Focus, Creativity

Darling I Love You - *Darling I love you – won't you smile for me?*

Hoogin Floogin - icebreaker, teamwork, silly!

Bell Hop - physical, listening, offers and acceptance and advance

Try this on for size - Mime, creative thinking

Detonator - Paying attention / Mostly just fun

One STORY STRUCTURE

Once there was/ were...

And every day...

Until one day

And because of that... (1-3 times or more)

Until Finally...

And ever since...