



## GYM PRACTICE SCHEDULE Oct 3-7, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:15 AM TO 8:30 AM	7:15 AM TO 8:30 AM	7:00 AM TO 8:45 AM	7:00 AM TO 8:45 AM	7:00 AM TO 8:45 AM
Gym A:	Gym A:	Gym A:	Gym A:	Gym A:
Gym B:	Gym B:	Gym B:	Gym B: Girls Only Weight room	Gym B:
3:20 TO 5:15	3:20 TO 5:15	3:20 TO 5:15	3:20 TO 5:15	3:20 TO 5:15
Gym A: Grade 8 Boys	Gym A: Jr Boys Game	Gym A: Sr Girls Game	Gym A: Grade 8 Boys	Gym A: Wrestling
Game Day	Day	Day	Gym B: Grade 8 Girls	Gym B:
X-Country – meet outside the gym	Wrestling 3:45-5:30pm MPR	Wrestling 3:45-5:30pm MPR		
5:15 TO 7:00	5:15 TO 7:00	5:15 TO 7:00	5:15 TO 7:00	5:15 TO 7:00
Gym A: Sr Girls Volleyball	Gym A: Sr Boys Volleyball	<sub>Gym A:</sub> Jr Girls A Volleyball	Gym A: Sr Girls Volleyball	Gym A: Gym B:
Gym B: Jr Boys Volleyball	Gym B: Sr Girls Volleyball	Gym B: Jr Girls B Volleyball	Gym B: Sr Boys Volleyball	
7:00 TO 9:00	7:00 TO 9:00	7:00 TO 9:00	7:00 TO 9:00	7:00 TO 9:00
Gym A: Jr Girls A	<sub>Gym A:</sub> Boys Bball Open	<sub>Gym A:</sub> Jr Boys Volleyball	<sub>Gym A:</sub> Boys Bball Open	Gym A:
Volleyball  Gym B: Gr 9 Girls	Gym	Gym B:	Gym	Gym B:
Volleyball	Gym B:		Gym B:	

COACHES: Please have all equipment from your practice off the floor before the end of your practice. Please inform other coaches if you are not using your practice time. Please forward your tournaments/games to me (<u>David.mayert@sd71.bc.ca</u>) and Kelly Allan: <u>kelly.allan@sd71.bc.ca</u> so she can put them on the calendar.