



GYM PRACTICE SCHEDULE JAN 22-26, 2023

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:15 AM TO 8:30 AM	7:00 AM TO 8:45 AM	7:00 AM TO 8:45 AM	7:15 AM TO 8:30 AM
Gym A: Gym B:	Gym A: Gym B:	Gym A: 10A Girls Basketball Gym B:	Gym A: Gym B:
3:20 TO 5:15	3:20 TO 5:15	3:20 TO 5:15	3:20 TO 10pm
Gym A: Grade 8 Girls Bball	Gym A: Jr Girls Bball vs	Cuada O Ciula Dhall	Gym A: Gr 9 Boys Home
Create O Davis Black	Isfeld	Gym A: Grade & Giris Boaii	Tournament
·	Wrestling 3:45-5:30pm	Gym B: Grade 8 Boys Bball	
Wrestling 3:45-5:30pm	MPR		Wrestling 3:45-5:30pm
MPR			MPR
5:00 TO 7:00	5:15 TO 7:00	5:15 TO 7:00	
Sr Girls vs Cowichan	Gym A: Gr 9 Boys Bball	Gym A:	
	Gym B: Sr Girls Bball	Gym B:	
7:00 TO 9:00	7:00 TO 9:00	7:00 TO 9:00	
Gym A: Jr Boys Basketball Gym B:	Gym A: Sr Boys Basketball Gym B:	Gym A: Sr Girls Basketball Gym B:	
	7:15 AM TO 8:30 AM Gym A: Gym B: 3:20 TO 5:15 Gym A: Grade 8 Girls Bball Gym B: Grade 8 Boys Bball Wrestling 3:45-5:30pm MPR 5:00 TO 7:00 Sr Girls vs Cowichan 7:00 TO 9:00 Gym A: Jr Boys Basketball	7:15 AM TO 8:30 AM Gym A: Gym B: 3:20 TO 5:15 Gym A: Grade 8 Girls Bball Gym B: Gym A: Jr Girls Bball vs Isfeld Wrestling 3:45-5:30pm MPR 5:00 TO 7:00 Sr Girls vs Cowichan Gym A: Gym B: Gym B: Gym A: Gym B: Gym B: Gym A: Gym B: G	7:15 AM TO 8:30 AM Gym A: Gym A: Gym B: 3:20 TO 5:15 Gym A: Grade 8 Girls Bball Gym B: Grade 8 Boys Bball Wrestling 3:45-5:30pm MPR 5:00 TO 7:00 Sr Girls vs Cowichan 7:00 AM TO 8:45 AM 7:00 AM TO 8:45

COACHES: Please have all equipment from your practice off the floor before the end of your practice. Please inform other coaches if you are not using your practice time. Please forward your tournaments/games to me (<u>David.mayert@sd71.bc.ca</u>) and Shannon Kay: <u>shannon.kay@sd71.bc.ca</u> so she can put them on the calendar.