



## GYM PRACTICE SCHEDULE OCT 13-OCT 17, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7:15 AM TO 8:30 AM	7:00 AM TO 8:45 AM	7:00 AM TO 8:45 AM	7:00 AM TO 8:45 AM
	Gym A:	Gym A: SG VBall	Gym A: JG VBall	Gym A:
	Gym B:	Gym B:	Gym B:	Gym B:
ALL DAY	3:20 TO 5:15	3:20 TO 6:30	3:20 TO 5:15	3:20 TO 5:15
Gym Closed HAPPY	Gym A: SB VBall	Gym A: Senior Boys VBall	Gym A: Gr 8 Girls VBall	Gym A:
THANKSGIVING	Gym B: Gr 9 Girls VBall	<sub>Gym В:</sub> Play Day	Gym B: Gr 8 Boys VBall	Gym B:
	5:15 TO 7:00		5:15 TO 7:00	5:15 TO 7:00
	Gym A: JB VBall		Gym A: SG VBall	Gym A:
	Gym B: JG VBall		Gym B: JB VBall	Gym B:
	7:00 TO 9:00	7:00 TO 9:00	7:00 TO 9:00	7:00 TO 9:00
	Gym A: OPEN GYM	Gym A: OPEN GYM	Gym A: Gym B:	Gym A:
	Gym B: BASKETBALL	Gym B: BASKETBALL		Gym B:

<sup>\*</sup>Weightlifting club everyday after school (Except Friday) from 3:15-5:00\*

COACHES: Please have all equipment from your practice off the floor before the end of your practice. Please inform other coaches if you are not using your practice time. Please forward your tournaments/games to me (<a href="mailto:travis.gorski@sd71.bc.ca">travis.gorski@sd71.bc.ca</a>) and Shannon Kay: <a href="mailto:shannon.kay@sd71.bc.ca">shannon.kay@sd71.bc.ca</a> so she can put them on the calendar.