



Georges P. Vanier
Secondary School



Georges P. Vanier
Secondary School

GYM PRACTICE SCHEDULE NOV 10 – NOV 14, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:15 AM TO 8:30 AM Gym A: SB BBall Gym B:		7:00 AM TO 8:45 AM Gym A: SG VBall Gym B:	7:00 AM TO 8:45 AM Gym A: JG VBall Gym B:	11:00 am – 9:00 pm Senior Boys AAA Volleyball Islands
3:20 TO 5:15 Gym A: Gr 8 Girls VBall Gym B: Vs. Brooks	ALL DAY Gym Closed Remembrance Day	3:20 TO 5:15 Gym A: JG VBall Gym B:	3:20 TO 5:15 Gym A: Gr 8 Girls VBall Gym B: Gr 8 Boys VBall	
5:15 TO 7:00 Gym A: JG BBall Gym B: JB BBall		5:15 TO 7:00 Gym A: Gr 9 Boys/Girls Gym B: Bball Tryouts	5:15 TO 7:00 Gym A: SG VBall Gym B:	
7:00 TO 9:00 Gym A: SG VBall Gym B: SB VBall		7:00 TO 9:00 Gym A: SB Vball Gym B:	7:00 TO 9:00 Gym A: SB Bball Gym B:	

Weightlifting club everyday after school (Except Friday) from 3:15-5:00

Wrestling Monday and Wednesday in MPR 3:30 – 5:30. Fridays in GYM when space is available.

COACHES: Please have all equipment from your practice off the floor before the end of your practice. Please inform other coaches if you are not using your practice time. Please forward your tournaments/games to me (travis.gorski@sd71.bc.ca) and Shannon Kay: shannon.kay@sd71.bc.ca so she can put them on the calendar.