



GYM PRACTICE SCHEDULE DEC 15 – DEC 19, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:15 AM TO 8:30 AM Gym A: SG B-Ball Gym B:	7:15 AM TO 8:30 AM Gym A: Gym B:	7:15 AM TO 8:30 AM Gym A: Gym B:	7:00 AM TO 8:45 AM Gym A: Gr 8 Girls B-Ball Gym B:	7:00 AM TO 8:45 AM Gym A: Gr 9 Girls B-Ball Gym B: Gr 9 Boys B-Ball
3:20 TO 5:15 Gym A: Gr 8 Boys B-Ball Gym B: Vs. Isfeld	3:20 TO 5:15 Gym A: Gr 8 Girls B-Ball Gym B: Gr 8 Boys B-Ball	3:20 TO 5:15 Gym A: JG B-Ball Gym B: JB B-Ball	3:20 TO 5:15 Gym A: Gr 9 Girls B-Ball Gym B: Vs. Cumberland	3:20 TO 5:15 Gym A: Wrestling Gym B:
5:15 TO 7:00 Gym A: JG B-Ball Gym B: JB B-Ball	5:15 TO 7:00 Gym A: SG B-Ball Gym B: Vs. Dover	5:15 TO 7:00 Gym A: Gr 9 Girls B-Ball Gym B: Gr 9 Boys B-Ball	5:15 TO 7:00 Gym A: SG B-Ball Gym B:	5:15 TO 7:00 Gym A: JB B-Ball Gym B:
7:00 TO 9:00 Gym A: SB B-Ball Gym B:	7:00 TO 9:00 Gym A: SB B-Ball Gym B: Vs. Dover	7:00 TO 9:00 Gym A: SB B-Ball Gym B:	7:00 TO 9:00 Gym A: SB B-Ball Gym B: Vs. Timberline	7:00 TO 9:00 Gym A: SB B-Ball Gym B: Vs. ADSS

Weightlifting club everyday after school (Except Friday) from 3:15-5:00

Wrestling Monday and Wednesday in MPR 3:30 – 5:30. Fridays in GYM when space is available.

COACHES: Please have all equipment from your practice off the floor before the end of your practice. Please inform other coaches if you are not using your practice time. Please forward your tournaments/games to me (travis.gorski@sd71.bc.ca) and Shannon Kay: shannon.kay@sd71.bc.ca so she can put them on the calendar.