











|  | MONDAY, MAY 4  | TUESDAY, MAY 5   | WEDNESDAY, MAY 6  | THURSDAY, MAY 7   | FRIDAY, MAY 8  |
|--|--|--|---|---|--|
| <b>Block Schedule</b>  | Day 1 - ABCD   | Day 2 - CDAB   | Day 3 - BADC  | Day 4 - DCBA  | Day 1 – ABCD   |
|  |  <p><b>Mental Health Bingo starts today!</b></p> <p>Pick up a bingo card from the counselling office... you could win a prize!</p>  |  <p><b>Red Dress Day</b></p> <p>School Nurse<br/>11:30 – 12:30<br/>Counselling Office</p>   | <p>Student Voice at SBO</p> <p>COMMUNITY MENTAL HEALTH SUPPORTS FAIR AT LUNCH</p>  | <p>Yummy Brain Boost Bowls available in the caf before school!</p> <p><b>GRAD BBQ</b><br/>5 PM</p>   | <p><b>HATS ON FOR MENTAL HEALTH WEAR A HAT TODAY!!</b></p> <p><b>Mental Health Bingo cards due!</b><br/>Drop off in counselling office</p> <p><b>ASPIRE CAR WASH (SATURDAY, MAY 9)</b></p> |
|  | ASPIRE – ALERT BAY   | EXPLORE – CANOE TRIP   |   |   |  |
| <b>MENTAL HEALTH AWARENESS WEEK</b>  |  |  |   |   |  |
|  | <p>Golf – 3:15 pm meet in Gym<br/>Weightlifting – 3:15 pm Weightroom<br/>Homework club – 3:15 pm Access<br/>D&amp;D – 3:15 pm Rm 6<br/>Gr 8 Boys Rugby - 3:15 pm Turf<br/>Boys &amp; Girls Rugby – 3:20 pm Field<br/>Girls Soccer – 3:30 pm Turf<br/>Badminton 3:30 pm Gym</p> | <p>QSA meeting – Lunch Rm 116<br/>Mountain Bike Team meeting – Lunch Port 806<br/>NEST meeting – Lunch MPR<br/>Track &amp; Field – 3:15 pm Track<br/>Weightlifting – 3:15 pm Weightroom<br/>Gr 8/9 Girls Basketball – 3:15 pm Gym<br/>Boys Rugby – 3:20 pm Field<br/>Tennis – 3:30 pm Lewis<br/>Boys Soccer - 3:30 pm Turf</p> | <p>Weightlifting 3:15 pm – Weightroom<br/>Gr 8 Boys Rugby – 3:15 pm Field<br/>Hot Rod Club – 3:15 pm Auto Shop<br/>Girls Rugby – 3:20 pm</p>                          | <p>Interact Club at lunch – Rm 192<br/>EDAS Knit &amp; Crochet club at lunch - Rm 116<br/>Beach Volleyball Meeting – Lunch Rm 174<br/>Weightlifting 3:15 pm – Weightroom<br/>Track &amp; Field – 3:15 pm Track<br/>Homework club 3:15 pm – Access<br/>Model UN club – 3:15 pm Rm 6<br/>Boys &amp; Girls Rugby - 3:20 pm Field<br/>Improv 3:25 pm – Rm 181<br/>Girls Soccer – 3:30 pm Turf<br/>Badminton – 3:30 pm Gym</p> | <p>QSA Fun Friday at lunch – Rm 163<br/>Environment Club at lunch – Rm 12</p>  |
|  | MONDAY, MAY 11   | TUESDAY, MAY 12  | WEDNESDAY, MAY 13   | THURSDAY, MAY 14  | FRIDAY, MAY 15   |
|  |   | <p>Road Safety for Gr 12 students<br/>MPR during D block today</p> <p>School Nurse<br/>11:30 – 12:30<br/>Counselling Office</p>  |  <p><b>No alcohol. No drugs. No victims.</b></p> <p>MADD (ADAPT)<br/>D BLOCK</p> | <p>MADD (ADAPT)<br/>D BLOCK</p> <p><b>Sr. Sexual Health (Part 2)<br/>Presentation in the MPR<br/>C block</b></p>  |  <p><b>NO CLASSES</b></p>   |