

<u>NEW</u>



- Yesterday the girls rugby team travelled down to Cowichan and played in the senior division. With about half the team being junior aged players, the ladies still won all three of their games! Great work.
- Boys rugby practice today. 3:30-5 out on the back fields.
- Outdoor Adventure Club Cape Scott trip meeting today is postponed. Stay tuned to future announcements for our first meeting time and place.
- Badminton Club practice is today 330-5 in the gym!
- Heads-up to all QSA members: your meeting today at lunch will be in the back Art Room and there will be pizza! See you there!
- Could all girls group members please come down to their meeting room for a yearbook picture right away at the start of lunch.
- A reminder to grade 11 students, your Careers 11 course is due April 19th
- All grade 11 students interested in taking the EMR (Emergency Medical Responder) course next year, there is a very important meeting Wednesday April 17th at noon in room 113 (Ms. Hale's room).
- Knitting, Crocheting and other crafty stuff is happening in room 115 on Wed and Thurs at lunch. Everyone welcome! See Sue for more info.
- Brogan's Blues Jam: meet in the music room at lunch on Friday. We'd love to have new musicians (including singers) join us. See you there.
- Ultimate Frisbee: practice on Friday, 3:30-5. Meet at the back fields. New players are welcome. Remember to submit your permission forms and your parent-driver insurance forms.
- Indigenous Leadership: Prom Bake Sale on Friday, April 11th at front foyer. There will be a variety of baked goods ranging from \$1 to \$4 (cash/debit or e-transfer allowed). Come support our grads as they fundraise for their prom!!
- Earth Day is coming up on April 22nd. Did you know that our use of fossil fuels—coal, oil and gas—are the biggest contributor to global greenhouse gas emissions, accounting for over 75 per cent of global emissions and nearly 90 per cent of all carbon dioxide emissions? (United Nations data)
- Prizes For Yearbook Survey: Come fill out your survey in front of the office or in the library learning commons! Free, one-time entry!
- Be like grandma, buy a yearbook! Pre order yours at the office today!
- 🖈 This Friday FLEX day: Day 4 H G F Lunch E Flex
- **FOUND:** Silver bracelet of value, if you have lost one, please come to the office to identify!
- Please take a moment to help grade 12 student Mao Kuramoto with her Capstone project. Follow this QR code to fill out a very quick survey. Many thanks!



OLD NEWS

Do you want to learn more about how to make a positive difference in this climate crisis? Do you have an interest in environmental studies? Do you want to meet like-minded students from around Vancouver Island? Then, you should come to The Youth Climate Symposium on Wednesday April 24th in Qualicum - a district bus will cover transportation - see Ms. Colborne in room 215 for details ASAP. There are only a few spots left.

SPORTS

- The junior boys rugby team had an impressive showing yesterday going 1-1, beating Isfeld and losing to Vanier in a one score game. While all the boys played great, special congratulations go to Malik Philips for winning the Heavy Hitter Award, Miccah Issler for the Offensive Weapon and Ben Bennett-Boutilier as the Workhorse of the Day.
- Senior boys played with heart against experienced teams with all new players, but still managed to put points up on the board. Declan Vinnish won Workhorse, Torge Hitlz was the Offensive Weapon and David Martinez won Heavy Hitter.

WORK EXPERIENCE

- Filberg Lodge is looking to hire two students for the upcoming season. This is a dishwasher position with a 6-to-7-hour shift 2 to 4 times a week. To learn more on this position and how to apply please see Tracey or Mr. McRae in the work experience office.
- Comox Valley Farmers' Market is looking for volunteers for their outdoor markets. Students can volunteer for as little as 1-2 hours per market and the hours are flexible. For more information, please see board in the Careers office.
- Comox Valley TRI-K is coming up again and there are many ways you can get involved, The Al Pullin trophy will be awarded to the school that supports the Tri-K by encouraging participation (staff, students, families and friends). You can enter the design this year's shirt for ages 5 13, you can volunteer at the event and or you can participate. For more information see poster in the career's office.
- Any grade 12 students or any dual credit students for next year, planning on attending NIC that would like to book an appointment with an advisor please come to the Careers office for sign up. We have our NIC advisor coming on April 25th from 9am to 1pm.
- Any students interested in doing a tour of UVIC this spring please come and sign up at the Careers office, the tour will be May 9th

Any students interested in doing a tour of both Camosun Campuses please sign up at the Careers office, the tour will be May 15th.

Hidden Green Careers Municipal Tour April 30th, did you know that there are so many different engineering and services careers in the areas of water treatment, waste waters, landfill and Environmental. On this tour 36 different jobs will be discussed you will hear from experts in the field. Lunch is provided, spots are limited, if you are interested, please sign up in the career's office.



GRADS

- New Bursary Alert! Planning on or enrolled into a healthcare field? Have you volunteered in healthcare? This \$2000 bursary may be for you. Check it out on the Highland website or in the counselling area.
- Attention All GRADS: tickets for the Grad Prom start selling now in the Indigenous Ed room (117). \$30/per ticket, cash or e-transfer.

<u>Concession</u>		
Monday – Pizza	Tuesday – Pizza	Wednesday - Pizza
Thursday – Hotdogs	Indigenous Leadership – Pizza	