

Wednesday, April 17th, 2024





- All grade 11 students interested in taking the EMR (Emergency Medical Responder) course next year, there is a very important meeting today at noon in room 113 (Ms. Hale's room).
- Track and Field Team, please meet Ms. Meredith in the weight room today at 11:50, to confirm which 3 events you would like to compete in at the track meet. If you want to participate in the North Islands, you must tell me your events by today!
- Golf Team A reminder for Oliver D, Noah L, Nathan G, Sawyer F, and Madi P meet at Crown Isle today for your first tournament. Please arrive by 1PM at the latest. See you there!
- Girls rugby players meet in front of the office at 12:30 for your games up in Campbell River.
- The junior boys tied an experienced Isfeld team in a tightly contested game yesterday. Congratulations to Eli Burley for picking up the Sledgehammer Award, Blake Robbins as the Workhorse of the Day and Daniel Ingrey for his 2nd Offensive Weapon of the Day. For seniors, congratulations to James Vernon for Workhorse and Gonzalo Guillen for winning the Sledgehammer Award for the biggest hit of the day!
- Library Learning Commons will be closed today at lunch for provincial assessments. Room 214 will be open for students needing computers.
- ISP Pizza lunch today in the MPR.
- Outdoor Adventure Club Cape Scott meeting in room 214 today at lunch. Any grade 11-12 students who are interested in participating in the Cape Scott trip need to attend this meeting.
- Highland's environmental action team (HEAT) meets today at lunch in room 215. New members are always welcome!
- Do you want to learn more about how to make a positive difference in this climate crisis? Do you have an interest in environmental studies? Do you want to meet like-minded students from around Vancouver Island? Then, you should come to The Youth Climate Symposium on Wednesday April 24th in Qualicum a district bus will cover transportation see Ms. Colborne in room 215 for details ASAP. There are only a few spots left
- Earth Day is on Monday April 22nd! Did you know that climate change is shifting the seasons? Falls, winters, and springs are growing shorter, while summer extends into the cooler months. North American winters are losing snow and ice as a result making prime ski destinations, well, not prime. By 2080, some models predict, 50 to 75 per cent of North America's ski resorts will disappear.
- Brogan's Blues Jam: meet in the music room at lunch on Friday. We'd love to have new musicians (including singers) join us. See you there
- ★ Ultimate Frisbee: practice on Friday, 3:30-5. Meet at the back fields. New players are welcome. Remember to submit your permission forms and your parent-driver insurance forms
- 🛣 A reminder to grade 11 students, your Careers 11 course is due April 19^{th.} That is this Friday!!
- Be like grandma, buy a yearbook! Pre order yours at the office today!

OLD NEWS

- Manie Musicale 2024 After Party All French language students and friends welcome during Flex this Friday in Room 206! Vive la fin de la Manie Musicale with live music and some tasty treats. Akwaba [Welcome]!
- Badminton Club practice is Tuesday and Thursday 330-5 in the gym.
- Could all girls group members please come down to their meeting room for a yearbook picture right away at the start of lunch on Thursday.
- could all Math club members please meet in Ms. Sulek's room at the start of lunch on Friday for a yearbook picture.
- This Friday FLEX day: Day 1 A B C Lunch D Flex
- FOUND: Silver bracelet of value, if you have lost one, please come to the office to identify!

SPORTS

WORK EXPERIENCE

- Filberg Lodge is looking to hire two students for the upcoming season. This is a dishwasher position with a 6-to-7-hour shift 2 to 4 times a week. To learn more on this position and how to apply please see Tracey or Mr. McRae in the work experience office.
- **Comox Valley Farmers' Market** is looking for volunteers for their outdoor markets. Students can volunteer for as little as 1-2 hours per market and the hours are flexible. For more information, please see board in the Careers office.
- Comox Valley TRI-K is coming up again and there are many ways you can get involved, The Al Pullin trophy will be awarded to the school that supports the Tri-K by encouraging participation (staff, students, families and friends). You can enter the design this year's shirt for ages 5 13, you can volunteer at the event and or you can participate. For more information see poster in the career's office.
- Any grade 12 students or any dual credit students for next year, planning on attending NIC that would like to book an appointment with an advisor please come to the Careers office for sign up. We have our NIC advisor coming on April 25th from 9am to 1pm.
- Any students interested in doing a tour of UVIC this spring please come and sign up at the Careers office, the tour will be May 9th
- Any students interested in doing a tour of both Camosun Campuses please sign up at the Careers office, the tour will be May 15th.
- Hidden Green Careers Municipal Tour April 30th, did you know that there are so many different engineering and services careers in the areas of water treatment, waste waters, landfill and Environmental. On this tour 36 different jobs will be discussed you will hear from experts in the field. Lunch is provided, spots are limited, if you are interested, please sign up in the career's office.

GRADS

New Bursary Alert! Planning on or enrolled into a healthcare field? Have you volunteered in healthcare? This \$2000 bursary may be for you. Check it out on the Highland website or in the counselling area. $\label{eq:constraint}$

Attention All GRADS: tickets for the Grad Prom start selling now in the Indigenous Ed room (117). \$30/per ticket, cash or e-transfer.

Concession

Monday – Pizza	Tuesday – Pizza	Wednesday - Pizza
Thursday –	Indigenous Leadership – Pizza	