

Thursday, April 25th, 2024

NEW



- GRAD Reminder: Minuet practice today at lunch. 12:10 in the MPR.
- Vending Machines: Just a reminder that the office is not responsible for the vending machines.
- Ind Leadership concession: Mac & Cheese \$3.50, Pop \$1.50, Baked goods \$1.00 and Candy bags \$2.00.
- Boys rugby practice on the back fields. 3:30-5.
- The senior rugby girls went 3-1 yesterday up in Cowichan. Good work!
- Earth Week continues HEAT has lots of prizes to give away to individuals and to AG's try out the sustainability bingo if you haven't already and be ready for the climate quiz on Thursday by paying close attention to the video today!
 https://www.youtube.com/watch?v=0Puv0Pss33M
- Knit Happens Group Knitting, Crocheting and other crafty stuff is happening in room 115 today at lunch. Everyone welcome!
- Outdoor Adventure Club: Cape Scott meeting today at lunch in Room 225. Please see Ms. Wilson if you are not able to attend.
- Student Advisory Council want to help implement change in our school? Come share your voice at Highland's Student Advisory Council. First meeting is Friday, April 26th during Flex Block in the MPR. If you are interested in attending, fill out the RSVP form. QR codes are posted around the school
- If there are any art students applying to NIC's art programs for this September, please come on down to the art room for some important information.
- This Friday FLEX day: Day 2 G H E Lunch F Flex
- Be like grandma, buy a yearbook! Pre order yours at the office today!

OLD NEWS

FOUND: Silver bracelet of value, if you have lost one, please come to the office to identify!

SPORTS

- The Rugby boys are headed to North Islands on Tuesday. Player recognition from yesterday's games: Blake Robbins Offensive Weapon of the Day, Micah Issler Heavy Hitter, Conrad Parker Workhorse
- **Girls soccer**, practice has been cancelled for today and there will not be another one this week. We will plan to have a practice next week, girls if you have any questions, please see Mr. McRae.
- Badminton Club practice is Tuesdays and Thursdays 330-5 in the gym.
- Golf Team Congratulations to our golf team who competed in their first tournament of the year. It was a strong showing as we easily came in second place. Noah Lewall earned second low gross while playing in challenging conditions. They represented the school well! Well done, team!

WORK EXPERIENCE

- Union Bay Historical Society is looking for a Museum Research Assistant! Hours are 9:am to 4:30 pm Wednesday to Sunday, Duties: Help Directors set up new displays, share knowledge of Union Bay with visitors, archive donated items, light housekeeping duties, light gardening duties for information on how to apply please see the job board in the Careers office.
- Filberg Lodge is looking to hire two students for the upcoming season. This is a dishwasher position with a 6-to-7-hour shift 2 to 4 times a week. To learn more on this position and how to apply please see Tracey or Mr. McRae in the work experience office.
- Comox Valley Farmers' Market is looking for volunteers for their outdoor markets. Students can volunteer for as little as 1-2 hours per market and the hours are flexible. For more information, please see board in the Careers office.
- Comox Valley TRI-K is coming up again and there are many ways you can get involved, The Al Pullin trophy will be awarded to the school that supports the Tri-K by encouraging participation (staff, students, families and friends). You can enter the design this year's shirt for ages 5 13, you can volunteer at the event and or you can participate. For more information see poster in the career's office.
- Any grade 12 students or any dual credit students for next year, planning on attending NIC that would like to book an appointment with an advisor please come to the Careers office for sign up. We have our NIC advisor coming on April 25th from 9am to 1pm.
- Any students interested in doing a tour of UVIC this spring please come and sign up at the Careers office, the tour will be May 9th
- Any students interested in doing a tour of both Camosun Campuses please sign up at the Careers office, the tour will be May 15th.
- Hidden Green Careers Municipal Tour April 30th, did you know that there are so many different engineering and services careers in the areas of water treatment, waste waters, landfill and Environmental. On this tour 36 different jobs will be discussed you will hear from experts in the field. Lunch is provided, spots are limited, if you are interested, please sign up in the career's office.

GRADS

- **GRADS: VOTES ARE IN...HUGE CONGRATS** to James Vernon and Olivia Parsons on being elected class valedictorians. "Unwritten" by Natasha Bedingfield was chosen as the grad song.
- New Bursary Alert! Planning on or enrolled into a healthcare field? Have you volunteered in healthcare? This \$2000 bursary may be for you. Check it out on the Highland website or in the counselling area.
- Attention All GRADS: tickets for the Grad Prom start selling now in the Indigenous Ed room (117). \$30/per ticket, cash or e-transfer.

Monday – Pizza	Tuesday – Pizza	Wednesday - Pizza
Thursday – Mac & Cheese	Indigenous Leadership – Pizza	