



Highland Secondary Course Worksheet

GRADE 10

Student Name _____ Student Number _____ AG # _____

Section One: REQUIRED COURSES Advisor Initials _____

All grade 10 students must complete the following required courses:

Science 10 Social Studies 10 Career Life Education 10 English 10

Section Two: MATHEMATICS

A Mathematics 10 course is required. You must choose either Foundations of Math and Pre-Calculus 10 or Workplace Math 10. Your choice is dependent on your success level and work ethic in Mathematics 9.

<input type="checkbox"/> Foundations of Math and Pre-Calculus 10	<input type="checkbox"/> Workplace Math 10
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Section Three: PHYSICAL & HEALTH EDUCATION (PHE)

A Physical & Health Education 10 course is required. You must choose one of the following courses. Please consult the Course Programming Guide for descriptions of each course.

<input type="checkbox"/> PHE 10	<input type="checkbox"/> PHE 10 Competitive Games	<input type="checkbox"/> PHE 10 – Fitness Studio for Girls
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Section Four: ELECTIVES

Select **FIVE** courses from the list of electives below.

If you choose Band 10 select **THREE** electives. If you chose French 10 or Spanish 10 select **THREE** electives.

If you choose Band 10 and French 10/Spanish 10 chose **ONE** elective.

<input type="checkbox"/> Art (General) 10	<input type="checkbox"/> Improv 10
<input type="checkbox"/> Band 10 (counts as two electives)	<input type="checkbox"/> Introduction to Trades 10
<input type="checkbox"/> Criminology 10	<input type="checkbox"/> Jewelry & Metalwork 10
<input type="checkbox"/> Dance 10	<input type="checkbox"/> MakerSpace 10
<input type="checkbox"/> Drama 10	<input type="checkbox"/> Marine Biology 10
<input type="checkbox"/> Emergency Care 10	<input type="checkbox"/> Photography 10
<input type="checkbox"/> Enterprise 10 (Entrepreneurship and Marketing)	<input type="checkbox"/> Robotics 10
<input type="checkbox"/> Food Studies 10	<input type="checkbox"/> Small Engines 10
<input type="checkbox"/> Fitness 10	<input type="checkbox"/> Spanish 10 (Introductory)(counts as two electives)
<input type="checkbox"/> French 10 (counts as two electives)	<input type="checkbox"/> Sports Leadership 10
<input type="checkbox"/> Global Foods 10	<input type="checkbox"/> Woodwork 10
<input type="checkbox"/> Graphic and Media Design 10	

Section Five: ALTERNATES

Select **TWO** other elective choices above as alternates. This will be used if your elective choices can not be filled.

Alternate #1: _____ **Alternate #2:** _____

Section Six: ARE YOU INTERESTED IN?

<input type="checkbox"/> Train in Trades (Auto, Carpentry, etc.)	<input type="checkbox"/> Transportation Trade Sampler
<input type="checkbox"/> Work Experience 12 (4 credits)	<input type="checkbox"/> Mechanical Trade Sampler
<input type="checkbox"/> Construction Trade Sampler	<input type="checkbox"/> District Robotics 71 Program

I WILL BE RETURNING TO HIGHLAND NEXT YEAR ___ YES ___ NO