



Nov 12, 2025	Wednesday Day 3 –B A Lunch D C
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NEW

- ★ **Friday’s Flex is Day 2** – G H E Lunch F FLEX
- ★ Congratulations to the **Junior Boys Volleyball team** for coming in 6th place at the **Islands tournament** last weekend and earning an invitation to **Provincials! Boys, please come to a quick planning meeting in room 214 at 11:45.**
- ★ **All swimmers traveling** to provincials please attend a very important meeting today at lunch in room 201.
- ★ **Senior Girls Volleyball** Island Championships are on November 14/15 in Victoria.
- ★ **Senior Boys Volleyball** Island Championships are this weekend at Highland.
- ★ **Senior Boys Basketball** team meeting Wednesday at lunch.
- ★ There will be a **Grade 9 and 10 boys Basketball** practice Thursday at 7pm.
- ★ Reminder that there is a **Gr. 8 Girls Basketball** practice after school today at 5:00pm.
- ★ Please could all of **Mr. McRae's Sports Leadership** class meet in room 214 this morning. As well that we will be in class tomorrow (Thursday, Nov 13th).
- ★ **Any students in Model UN** who are going to this Friday's Conference in Nanaimo, please meet in room 224 at lunch on Thursday to discuss details.
- ★ **The Economics 12 class** will be starting their businesses this Wednesday, November 12 at lunch. Please come and support!
- ★ **Beedie Luminaries Scholarship** applications are now open on-line. The Deadline is December 15th. See Ms. Dixon for more information.
- ★ **Desperately in need of volunteers for FIESTA this weekend!** Need to collect those necessary 30 hours then this event is for you!
FIESTA is 33 this year and the feel-good FIESTA WORLD CRAFT FAIR is needed now more than ever. High School students in the Valley have played a major role in the success of FIESTA by volunteering at this event. FIESTA happens on Nov 15th and 16th and the time slots to available are Saturday 9:30 to 12:30 or 12:30 to 4 pm Sunday 9:30 to 1 pm or 1 to 5 pm. Please sign up with Mrs. Jerome in the library this week.

SPORTS

Practice Schedules

Gr. 8 Girls Volleyball Practice - Thursdays 3:30 - 5:00 pm	Gr. 8 Boys Volleyball Practice - Thursdays 3:30 - 5:00 pm
Jr. Girls Volleyball - Mondays & Wednesdays 7:00 - 8:30 am	Jr. Boys Volleyball - Mondays 5:00 - 7:00 pm, Thursdays 5:00 - 7:00 pm
Sr. Girls Volleyball - Mondays 7:00 - 9:00 pm, Thursdays 7:00 - 8:30 am	Sr. Boys Volleyball - Mondays 5:00 - 7:00 pm, Thursdays 7:00 - 8:30 am
Girls drop-in basketball – all grades on Tuesdays @7:00pm	

CLUBS

Knit Happens - Mon @ lunch in room 115	Highland's Queers & Allies Club (QSA) – Thurs @lunch, InEd gathering space
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club – Thurs @lunch, room 205
Math Club – Tues @ lunch in room 207	Creative Writing Club – Fri @lunch, room 116

WORK EXPERIENCE

GRADS

- ★ **2026 Grad wear** is now available to order until Nov 11th <https://store.passionsports.ca/hsg26>

LUNCH Time Food Sales!

Monday – PIZZA \$3 per slice/2 for \$5	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	