



Oct 8, 2025	Wednesday’s Schedule: Day 3 –B A Lunch D C
-------------	--

**\*\*NEW\*\***

- ★ **Any girls (all grades)**, if you are interested in playing **Basketball** this year, please come to a brief meeting today at the start of lunch in room 212 (top of blue house on the left)
- ★ **Girl basketball players** (all grades), starting on Tuesday, October 14 at 7pm and moving forward, every Tuesday at 7pm, there will be a girls drop in basketball time in the Highland Gym. If you are looking to sharpen your skills, meet new friends and have some fun playing basketball, make sure you come out. If you have any questions, please see Mr. McRae.
- ★ **The Island Health Nurse** will be here today from 11:45-12:45 – Drop ins welcome! Room 226
- ★ **Any photographers in grades 11/12** who are interested in taking part in the Incubator program this year, please see Ms. Munro. This is a chance to work with a mentor and, based on a theme, produce one photo that will be published and included in an online auction. This is not a labour-intensive project and Munro can support you and answer any questions you have. Munro can be found in Rooms 116 or 216 or email at [charity.munro@sd71.bc.ca](mailto:charity.munro@sd71.bc.ca)
- ★ **Gen Z and Climate Change:** Generation Z consumers, born between 1997 and 2012, are forcing businesses to substantiate their environmental claims with hard data rather than relying on flashy marketing campaigns. More than half identify climate change as a top concern, and 73% are willing to pay more for sustainable products. This represents the largest consumer group in history prioritizing transparency over brand recognition.
- ★ **Highland's Environmental Action Team** (HEAT) meeting Thursday at lunch in room 205. All grades welcome!
- ★ Calling all Grade 12s who are **interested in MCing** an assembly/grad activity this year (highly suggest those who are considering running for Valedictorian). Please see Ms. Jerome in the library by Friday, October 10th to add your name to the list so we can sort out MCs for the year. Thanks.
- ★ **Monthly Reading Challenge** - after you finish reading a book, please come down to the library learning commons and enter the monthly reading challenge draw. Prizes will be awarded to three students every month.

PAST NEWS

- ★ If you are playing on one of our **Fall Sports teams**, volleyball, aquatics, cross-country or soccer, the online stores will be closing this week. If you want to order a team hoodie, you must get your order in ASAP!!! The links to the website can be found either at the main office or at Mr. McRae's office in Blue House. Hoodies are \$40 and an extra \$8 to add your name to the back.
- ★ **HIGHLAND Clothing** - Your online store is now live! 🛒 **Orders can be placed until 🇨🇦 October 27, 2025** @ <https://store.passionsports.ca/hsssws>

SPORTS

<b>Practise Schedules</b>	
Gr. 8 Girls Volleyball Practice - Thursdays 3:30 - 5:00 pm	Gr. 8 Boys Volleyball Practice - Thursdays 3:30 - 5:00 pm
Jr. Girls Volleyball - Mondays & Wednesdays 7:00 - 8:30 am	Jr. Boys Volleyball - Mondays 5:00 - 7:00 pm, Thursdays 5:00 - 7:00 pm
Sr. Girls Volleyball - Mondays 7:00 - 9:00 pm, Thursdays 7:00 - 8:30 am	Sr. Boys Volleyball - Mondays 5:00 - 7:00 pm, Thursdays 7:00 - 8:30 am
Cross Country - Mondays & Wednesdays 3:30 - 5:00 pm	

CLUBS

Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	Knit Happens - Thurs @ lunch in room 115.
Highland's Queers & Allies Club (QSA) – Thurs @lunch, InEd gathering space (Starting Oct.9)	HEAT Environmental Club – Thurs @lunch, room 205

WORK EXPERIENCE

GRADS

- ★ The **Grad Attire program** welcomes all grade 12 students in Comox Valley Schools to have the opportunity to wear a gown or suit on graduation day without the financial burden of purchasing a brand-new outfit for their milestone event. Go to the Highland website under the **Grad News** or click on this link for more information! <https://www.comoxvalleyschools.ca/highland-secondary/grad/grad-news/>

LUNCH Time Food Sales!

<b>Monday – PIZZA \$3 per slice/2 for \$5</b>	<b>Tuesday - PIZZA \$3 per slice/2 for \$5</b>	<b>Wednesday - PIZZA \$3 per slice/2 for \$5</b>
<b>Thursday – PIZZA \$3 per slice/2 for \$5</b>	<b>Friday - PIZZA \$3 per slice/2 for \$5</b>	



Oct 8, 2025	Wednesday’s Schedule: Day 3 –B A Lunch D C
-------------	--

**\*\*NEW\*\***

- ★ **Any girls (all grades)**, if you are interested in playing **Basketball** this year, please come to a brief meeting today at the start of lunch in room 212 (top of blue house on the left)
- ★ **Girl basketball players** (all grades), starting on Tuesday, October 14 at 7pm and moving forward, every Tuesday at 7pm, there will be a girls drop in basketball time in the Highland Gym. If you are looking to sharpen your skills, meet new friends and have some fun playing basketball, make sure you come out. If you have any questions, please see Mr. McRae.
- ★ **The Island Health Nurse** will be here today from 11:45-12:45 – Drop ins welcome! Room 226
- ★ **Any photographers in grades 11/12** who are interested in taking part in the Incubator program this year, please see Ms. Munro. This is a chance to work with a mentor and, based on a theme, produce one photo that will be published and included in an online auction. This is not a labour-intensive project and Munro can support you and answer any questions you have. Munro can be found in Rooms 116 or 216 or email at [charity.munro@sd71.bc.ca](mailto:charity.munro@sd71.bc.ca)
- ★ **Gen Z and Climate Change:** Generation Z consumers, born between 1997 and 2012, are forcing businesses to substantiate their environmental claims with hard data rather than relying on flashy marketing campaigns. More than half identify climate change as a top concern, and 73% are willing to pay more for sustainable products. This represents the largest consumer group in history prioritizing transparency over brand recognition.
- ★ **Highland's Environmental Action Team** (HEAT) meeting Thursday at lunch in room 205. All grades welcome!
- ★ Calling all Grade 12s who are **interested in MCing** an assembly/grad activity this year (highly suggest those who are considering running for Valedictorian). Please see Ms. Jerome in the library by Friday, October 10th to add your name to the list so we can sort out MCs for the year. Thanks.
- ★ **Monthly Reading Challenge** - after you finish reading a book, please come down to the library learning commons and enter the monthly reading challenge draw. Prizes will be awarded to three students every month.

PAST NEWS

- ★ If you are playing on one of our **Fall Sports teams**, volleyball, aquatics, cross-country or soccer, the online stores will be closing this week. If you want to order a team hoodie, you must get your order in ASAP!!! The links to the website can be found either at the main office or at Mr. McRae's office in Blue House. Hoodies are \$40 and an extra \$8 to add your name to the back.
- ★ **HIGHLAND Clothing** - Your online store is now live! 🛒 **Orders can be placed until 🇨🇦 October 27, 2025** @ <https://store.passionsports.ca/hsssws>

SPORTS

Practise Schedules

Gr. 8 Girls Volleyball Practice - Thursdays 3:30 - 5:00 pm	Gr. 8 Boys Volleyball Practice - Thursdays 3:30 - 5:00 pm
Jr. Girls Volleyball - Mondays & Wednesdays 7:00 - 8:30 am	Jr. Boys Volleyball - Mondays 5:00 - 7:00 pm, Thursdays 5:00 - 7:00 pm
Sr. Girls Volleyball - Mondays 7:00 - 9:00 pm, Thursdays 7:00 - 8:30 am	Sr. Boys Volleyball - Mondays 5:00 - 7:00 pm, Thursdays 7:00 - 8:30 am
Cross Country - Mondays & Wednesdays 3:30 - 5:00 pm	

CLUBS

Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	Knit Happens - Thurs @ lunch in room 115.
Highland's Queers & Allies Club (QSA) – Thurs @lunch, InEd gathering space (Starting Oct.9)	HEAT Environmental Club – Thurs @lunch, room 205

WORK EXPERIENCE

GRADS

- ★ The **Grad Attire program** welcomes all grade 12 students in Comox Valley Schools to have the opportunity to wear a gown or suit on graduation day without the financial burden of purchasing a brand-new outfit for their milestone event. Go to the Highland website under the **Grad News** or click on this link for more information! <https://www.comoxvalleyschools.ca/highland-secondary/grad/grad-news/>

LUNCH Time Food Sales!

Monday – PIZZA \$3 per slice/2 for \$5	Tuesday - PIZZA \$3 per slice/2 for \$5	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	