



Dec 15, 2025	Today is Day 1 – A B Lunch C D
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****NEW****

- ★ **Friday’s Flex is Day 3** – B A D Lunch C FLEX
- ★ **Senior Boys Volleyball team** meet in room 202 for a VERY quick meeting at lunch.
- ★ Students with **Indigenous ancestry** are invited to come to the Indigenous Gathering room beside room 117 on Tuesday (Dec 16) at lunch time for some hot chocolate and treats to celebrate Winter Solstice.
- ★ **Attention Highland Students:** Do you want a sweet holiday treat before the break? Come and support the Interact club bake sale Wed and Thurs at lunch in the front foyer. All proceeds go to the food bank.
- ★ **IMPROV- We have ONE LAST Everyone Welcome Improv Class** on Wednesday Dev 17th at Lunch. Bring your friends! All after school rehearsals are cancelled until Jan 2026- Good luck to all musicians playing in the winter concert this week!
- ★ **Positive Eco News:** Japanese scientists have developed autonomous systems that plant forests 10 times faster than conventional human-based approaches, offering hope for meeting ambitious global reforestation targets. (Read more at www.happyeconews.com). *Brought to you by HEAT - we meet Fridays at the beginning of FLEX in room 205.* **NO MEETING THIS FRIDAY.**
- ★ Are you interested in touring the **Baking or Hairdressing Programs** at VIU on January 13th? A bus will leave at 9:00 am returning at 2:30 pm. Cost is \$10 for the bus. See Mr. Kuhnert or Mr. Miller for a permission form.
- ★ **Comox Valley Volleyball December Camp** is December 20th and 21st at Highland Secondary. Please see Mr. Stevens for more information.
- ★ Hey Highland! **Do you have a suggestion for a school event or activity, or an idea to enhance the school community?** Your Student Government is having a Town Hall meeting, Friday, January 9th, during FLEX in the MPR, and we would love to hear from you! Please scan the QR code to submit a short form to share your suggestions, and a chance to have your topic discussed next Wednesday live. All students are welcome to attend!



GRADS

- ★ **Beedie Luminaries Scholarship** applications are now open on-line. The Deadline is December 15th. See Ms. Dixon for more information.

SPORTS - Practice Schedules

Gr. 8 Girls Practice – Tues 3:30-5:00 pm, Thurs 5:00 – 7:00 pm	Gr. 8 Boys Basketball - Tues 3:30 - 5:00 pm, Fri 7:00-8:30 am
Jr. Girls Basketball - Tues 7:00 - 8:30 am, Fri 3:30 - 5:00 pm	Gr. 9 Boys Basketball- Mon 7:00 – 9:00 pm, Tues 7:00-9:00 pm
Sr. Girls Basketball – Mon 7:00-9:00 pm, Wed 5:00-7:00 pm & Thurs 7:00-9:00 pm	Jr. Boys Basketball – Tues 7:00-9:00 pm, Thurs 7:00-8:30 am
	Sr. Boys Basketball – Mon 5:00-7:00 pm, Wed 7:00-9:00 pm, Thurs 5:00-7:00 pm

CLUBS

Knit Happens - Mon @ lunch in room 115	Highland's Queers & Allies Club (QSA) – Thurs @lunch, room 117
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club – Thurs @lunch, room 205
Math Club – Tues @ lunch in room 207	Photography Club gr 9-12 – Thurs @ 3:15, Art room
Homework Club – after school Wed & Thurs, room 125	Creative Writing Club – Fri @lunch, room 116

LUNCH Time Food Sales!

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	