


**Feb 4, 2026**
**Today is Day 3 – B A Lunch D C**
**NEW**

- ★ **Friday's Flex is Day 3 - B A D Lunch C FLEX**
- ★ Any **girls that are interested in playing school soccer** this spring and did not sign up already. Please come to room 213 at the start of lunch to sign up quickly so we can know how many players are interested. Don't be late!
- ★ Could all students involved in the **Comox Youth Art Show** please come down to the art room and see Ms. Mareck.
- ★ **Ultimate Frisbee** meeting in room 203 Friday at lunch. Any students interested in learning more should attend
- ★ **Candy Grams will be sold at lunch** in the front foyer (cash only) on Feb 4–6 and Feb 9–10, with delivery on Feb 13, brought to you by Leadership 11/12.
- ★ **The Indigenous leadership** will be having a pop-up sale at lunch for the week in the indigenous gathering space room 117 (Tuesday will be upstairs by the office). We will be selling lemonades, pop, popcorn, candy bags and cookies for \$1.00 each
- ★ **Model UN** will be hosting a series of Black History Month films to commemorate this important month. **Monday, February 9th** at lunch join us in room 224 for 3 short films and baked goods.

**Monday, February 23rd** at lunch will be part 1 of three screenings of the feature length film 'Selma'. Selma chronicles the tumultuous three-month campaign in 1965 by Dr. Martin Luther King Jr. and his allies to secure equal voting rights in the face of violent opposition. Watch trailer here -> <https://www.youtube.com/watch?v=kPgs2zshD9Y>

- ★ The **Highland Swag store** is open again for clothing orders! Featuring our new school logo. Ordering available until Mar 6, 2026. <https://highlandsecondarieschool.itemorder.com/shop/home/>

**OLD NEWS**

- ★ **Calling all Geographers** -if you are interested in testing your geography knowledge and competing for a spot in the provincial tournament, please sign up in the library learning commons by Wednesday, February 11th. The competition will happen during lunch hour on Wednesday, February 18th.
- ★ All **first semester art students** please come and pick up your beautiful pieces by the end of the week Thanks!
- ★ Any grade 12's interested in being **nominated for the BC Excellence Scholarship**, please submit your one page rational to Ms. Dixon or Mr. Kuhnert by Monday Feb 9th. For criteria go to: BC Excellence Scholarship - Province of British Columbia

**SPORTS - Practice Schedules**

Gr. 8 Girls Practice – Tues 3:30-5:00 pm, Thurs 5:00 – 7:00 pm	Gr. 8 Boys Basketball - Tues 3:30 - 5:00 pm, Fri 7:00-8:30 am
Sr. Girls Basketball – Mon 7:00-9:00 pm, Wed 5:00-7:00 pm & Thurs 7:00-9:00 pm	Gr. 9 Boys Basketball- Mon 7:00 – 9:00 pm, Tues 7:00-9:00 pm
	Jr. Boys Basketball – Tues 7:00-9:00 pm, Thurs 7:00-8:30 am
	Sr. Boys Basketball – Mon 5:00-7:00 pm, Wed 7:00-9:00 pm, Thurs 7:00 – 8:30 am

**CLUBS**

Model UN – Mon @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Thurs @lunch, room 117
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club – Thurs @lunch, room 205
Math Club – Tues @ lunch in room 207	Photography Club gr 9-12 – Thurs @ 3:15, Art room
Homework Club – after school Wed & Thurs, room 125	Creative Writing Club – Fri @lunch, room 116

**LUNCH Time Food Sales!**

<b>Monday – PIZZA \$3 per slice/2 for \$5 and concession!</b>	<b>Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!</b>	<b>Wednesday - PIZZA \$3 per slice/2 for \$5</b>
<b>Thursday – PIZZA \$3 per slice/2 for \$5</b>	<b>Friday - PIZZA \$3 per slice/2 for \$5</b>	