


Feb 20, 2026
Friday is Day 4 – A B C LUNCH D FLEX
NEW

- ★ **STUDENTS AS OF MONDAY WE ARE STARTING A NEW HOMEROOM ROUTINE- EVERY MONDAY WILL HAVE HOME ROOM BETWEEN A AND B BLOCK FROM NOW ON– If you forgot your Home Room for Monday your names will be posted in the front hallway and will show in your schedule.**
- ★ **Grade 12's**, there is a new Bursary deadline. Hand in Bursary packages to Ms. Dixon by **Monday March 2nd.**
- ★ **The 2025-2026 BCSS Scholarship booklet is now available. See Ms. Dixon for more information.**
- ★ **All International Student Program students**, please attend a short information meeting during lunch, 12:00pm, on Friday February 20. Note: this is *not* a pizza lunch, so still bring your lunch this day.
- ★ **"Ultimate practice on Tuesday Feb 24.** All players meet at the field at 3:15."
- ★ **Thailand students** pre trip meeting 2:30 today in the Art Room **VERY IMPORTANT FOR ALL PARTICIPANTS** to attend See Ms.DARLINGTON AT LUNCH IN Room 114 Advantage if there is an issue
- ★ **Online course selection is open!** Students can input their requests now until March 3. If a password reset is needed, see Ms. Jerome or Ms. Tingle in the library.
- ★ **HEAT members (Highland's Environmental Action Team)**- let's meet at the beginning of Flex to finish that survey! New members always welcome.
- ★ **Any students interested in the Explore program** should meet in Room 214 Tuesday, Feb. 24th during lunch.
- ★ **Indigenous Lunch & Learn: Thursday, March 12.** Please register with Sally or Mel in room 117.
- ★ **Junior Girls' Soccer:** those of you who gave your name to Mr. McRae, or any other girls who wish to play junior school soccer, there will be a brief meeting Friday Feb. 20 at lunchtime in Room 214 with Mr. Hale to discuss training and upcoming games.
- ★ **Learn how you could earn your UBC MD at UVIC Mar4 6:30 – 8:30** UVIC Zoom meeting, Join Dr. Hannah Carolan, Assistant Dean of Admissions; current medical learners; and the IMP admissions coordinator to learn about our program and its admissions process, what it takes to become a doctor, and what it's like studying medicine on Vancouver Island. Please see poster with link to sign up for this meeting.
- ★ **Grade 11 student interested in a career as a Marine Service Technician**, engines hulls and sail work, Quadrant Marine Institute is now offering courses based out of Campbell River for more information please see Tracey in the Careers office
- ★ Are you interested in a fun, exciting, and unforgettable experience? **The Highland Cultural Exchange to Germany** (with a side trip to Paris) for **March 2027** will be accepting applications soon! **Come check out our info table at lunch today in the front foyer** and join us for a **student information session on Tuesday at lunch in Room 106** (Mr. Hazeldine's room) to hear all about what the program has to offer.
- ★ **ATTENTION ALL FILM LOVERS!** 🎬 Come celebrate Black History Month. Model UN will be screening the feature length film 'Selma' in room 224 over 3 lunch hours next week: Monday, Tuesday, Wednesday Feb 23-25. Teachers, please show students the trailer: <https://www.youtube.com/watch?v=kPgs2zshD9Y>
- ★ **Did you know?** 1/5th of the world population celebrates Lunar New Year!
Lunar New Year is the beginning of a calendar year whose months are moon cycles, based on the lunar calendar. The Lunar New Year as a celebration is observed by numerous cultures including Vietnam, Thailand, Taiwan, Singapore, Malaysia, Indonesia, China, Philippines, and Korea.
- ★ **Earth Day's Canopy Project Helps Plants Roots in Community-Based Reforestation Activity.** Community-based reforestation places local residents at the center of environmental recovery. Earth Day's Canopy Tree Project demonstrates this approach through partnerships across vulnerable regions worldwide. Since 2010, the organization has planted hundreds of millions of trees while creating jobs and strengthening community resilience. The project targets 60 million additional trees by Earth Day's 60th anniversary in 2030. Beyond that milestone, the goal extends to one billion trees by 2060. These numbers represent more than carbon capture. They signal income opportunities, food security, and restored habitats.
- ★ **There is an exhibition of fantastic student art on now, from February 11 - February 27**, in the display cases across from the gymnasiums at the Comox Community Centre. If you get a chance, have a look at the work of several talented Highland artists, along with artists from the other high schools. There will be an art event that is open to the public on the evening of February 27th. Come join the artists to celebrate their incredible accomplishments!
- ★ **Want a French credential** you can use beyond high school? Come to a DELF info session – Wednesday at lunch in Room 206. The DELF is an internationally recognized French certificate that can boost university applications, jobs and your confidence in French. Come see if it is a good fit for you!
- ★ **Are you a grade 11 or 12 student thinking about a future in Communications, information Technology (IT) or Geographical Information Systems?** Here is your chance to step into the real work of local government and do a two-day job shadow at the Comox Valley Regional District, this is an excellent chance to make great connections in your area of interest. If you would like more information, please see Tracey on a Tuesday or Thursday, or email me at tracey.mckinney@sd71.bc.ca
- ★ The **Highland Swag store** is open again for clothing orders! Featuring our new school logo. Ordering available until Mar 6, 2026. <https://highlandsecondarieschool.itemorder.com/shop/home/>

SPORTS - Practice Schedules

Gr. 8 Girls Basketball Practice – Tues 3:30-5:00 pm, Thurs 5:00 – 7:00 pm	Gr. 8 Boys Basketball - Tues 3:30 - 5:00 pm, Fri 7:00-8:30 am
Boys rugby practice Thursday 3:30-5 on the back field. Get your tackling forms in.	Sr. Boys Basketball – Mon 5:00-7:00 pm, Wed 7:00-9:00 pm, Thurs 7:00 – 8:30 am

CLUBS

Model UN – Mon @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Thurs @lunch, room 117
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club – Thurs @lunch, room 205
Math Club – Tues @ lunch in room 207	Photography Club gr 9-12 – Thurs @ 3:15, Art room
Homework Club – after school Wed & Thurs, room 125	Creative Writing Club – Fri @lunch, room 116

LUNCH Time Food Sales!

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	