



Feb 25, 2026	Wednesday is Day 3 – B A LUNCH D C
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NEW

- ★ **ANY GRADE 10 students** applying for the **EXPLORE PROGRAM**, applications can be picked up in the main office. **Deadline March 13**
- ★ **Calling all students interested in writing math contests:** Any students interested in writing the BCSS Math contest (finals hosted at NIC), the pre-liminary round contest will be held on March 6th during flex block in room 112. Please pop down to room 112 and let Mrs. Kerkhoff know if you are interested.
- ★ **All track and field runners** are welcome to join winter training. Mondays and Wednesdays after school. See Mrs. Sulek in room 207 to sign up or if you have questions. Everyone welcome, all grades, all distances, all abilities. This is great training for throwers and jumpers too!
- ★ **Crown Isle is now hiring for their summer season as an Outside Services Team Member, please see poster in careers office on how to apply.**
- ★ Any students **applying to VIU** that would like next steps help you can book appointments with an academic advising team member, for information on the **2026-27 Entrance Award Application deadline this Saturday** or for next steps webinar please see information sheet in the career’s office.
- ★ Reminder to these Thailand exchange students of important meeting after school today in room 114/115 at 3:15 pm: Calla, Austin, Cohen, Ella, Sydney, Lilja, Evie, and JP. If you cannot make this meeting today, then you need to be at Friday's flex meeting. Any other students on the exchange who cannot make the meeting at Flex on Friday, check in with Ms. Darlington in room 114 today and attend the student meeting today after school.

OLD NEWS

- ★ **Grade 12's**, there is a new Bursary deadline. Hand in Bursary packages to Ms. Dixon by **Monday March 2nd.**
- ★ **The 2025-2026 BCSS Scholarship booklet is now available. See Ms. Dixon for more information.**
- ★ **'Spring Sport sign up sheets are in front of the main office.** If you have not currently started practicing with a team, please sign up so we know how many players are planning to come out for our teams.'
- ★ **Indigenous Lunch & Learn: Thursday, March 12.** Please register with Sally or Mel in room 117.
- ★ Are you interested in a fun, exciting, and unforgettable experience? **The Highland Cultural Exchange to Germany** (with a side trip to Paris) for **March 2027** will be accepting applications soon! **Come check out our info table at lunch today in the front**
- ★ **Online course selection is open!** Students can input their requests now until March 3. If a password reset is needed, see Ms. Jerome or Ms. Tingle in the library.
- ★ **Learn how you could earn your UBC MD at UVIC Mar4 6:30 – 8:30** UVIC Zoom meeting, Join Dr. Hannah Carolan, Assistant Dean of Admissions; current medical learners; and the IMP admissions coordinator to learn about our program and its admissions process, what it takes to become a doctor, and what it’s like studying medicine on Vancouver Island. Please see poster with link to sign up for this meeting.
- ★ **Grade 11 student interested in a career as a Marine Service Technician**, engines hulls and sail work, Quadrant Marine Institute is now offering courses based out of Campbell River for more information please see Tracey in the Careers office
- ★ **ATTENTION ALL FILM LOVERS!** 🎬 Come celebrate Black History Month. Model UN will be screening the feature length film 'Selma' in room 224 over 3 lunch hours next week: Monday, Tuesday, Wednesday Feb 23-25. Teachers, please show students the trailer: <https://www.youtube.com/watch?v=kPgs2zshD9Y>
- ★ **Did you know?** 1/5th of the world population celebrates Lunar New Year!
Lunar New Year is the beginning of a calendar year whose months are moon cycles, based on the lunar calendar. The Lunar New Year as a celebration is observed by numerous cultures including Vietnam, Thailand, Taiwan, Singapore, Malaysia, Indonesia, China, Philippines, and Korea.
- ★ **Earth Day’s Canopy Project Helps Plants Roots in Community-Based Reforestation Activity.** Community-based reforestation places local residents at the center of environmental recovery. Earth Day’s Canopy Tree Project demonstrates this approach through partnerships across vulnerable regions worldwide. Since 2010, the organization has planted hundreds of millions of trees while creating jobs and strengthening community resilience. The project targets 60 million additional trees by Earth Day’s 60th anniversary in 2030. Beyond that milestone, the goal extends to one billion trees by 2060. These numbers represent more than carbon capture. They signal income opportunities, food security, and restored habitats.
- ★ **There is an exhibition of fantastic student art on now, from February 11 - February 27**, in the display cases across from the gymnasiums at the Comox Community Centre. If you get a chance, have a look at the work of several talented Highland artists, along with artists from the other high schools. There will be an art event that is open to the public on the evening of February 27th. Come join the artists to celebrate their incredible accomplishments!
- ★ **Want a French credential** you can use beyond high school? Come to a DELF info session – Wednesday at lunch in Room 206. The DELF is an internationally recognized French certificate that can boost university applications, jobs and your confidence in French. Come see if it is a good fit for you!
- ★ **Are you a grade 11 or 12 student thinking about a future in Communications, information Technology (IT) or Geographical Information Systems?** Here is your chance to step into the real work of local government and do a two-day job shadow at the Comox Valley Regional District, this is an excellent chance to make great connections in your area of interest. If you would like more information, please see Tracey on a Tuesday or Thursday, or email me at tracey.mckinney@sd71.bc.ca
- ★ The **Highland Swag store** is open again for clothing orders! Featuring our new school logo. Ordering available until Mar 6, 2026. <https://highlandsecondarieschool.itemorder.com/shop/home/>

SPORTS - Practice Schedules

Boys’ rugby practice Monday, Tuesday & Thursday 3:30-5 on the back field. Get your tackling forms in.	Girls’ rugby practice Tuesday on the back field

CLUBS

Model UN – Mon @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Thurs @lunch, room 117
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club – Thurs @lunch, room 205
Math Club – Tues @ lunch in room 207	Photography Club gr 9-12 – Thurs @ 3:15, Art room
Homework Club – after school Wed & Thurs, room 125	Creative Writing Club – Fri @lunch, room 116

LUNCH Time Food Sales! MAIN FOYER

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/ 2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/ 2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/ 2 for \$5	