


March 5, 2026
Thursday Day 4 – H G LUNCH F E
NEW

- ★ **ALL GRADE 12's - The Capstone final presentation booking link has just been posted in the Brightspace classroom Announcements.** Please book your final presentation as soon as possible. If you have not handed in your draft proposal, please see Ms. Roberts as soon as possible. Questions can be directed to me at the school office or laura.roberts@sd71.bc.ca
- ★ **"Grad council** to meet in room 223 at lunch today."
- ★ **Isaac Paeth** see Ms. Jerome in the library as soon as possible please.
- ★ **Junior Girls' Soccer:** great effort yesterday in our first exhibition games with a very competitive game against Isfeld and a strong win against ADSS from Port Alberni. **Team training on Monday and next games on Wednesday, March 11 here at Highland.**
- ★ **Golf Team** - For those interested in the joining the competitive golf team for this season, please **go to room 106 Thursday (today) or Friday this week for more information.** If you can't make either day, or know someone who can't, contact Chris Hazeldine at chris.hazeldine@sd71.bc.ca
- ★ Any students interested in participating in **Track and Field**, please meet Ms. Meredith in the weight room today at lunch.
- ★ **Highland Environmental Action Team meeting Friday** at the beginning of Flex in room 205. New members always welcome!
- ★ Calling all students interested in writing math contests: **Any students interested in writing the BCSS Math contest** (finals hosted at NIC), the pre-liminary round contest will be held on **March 6th during flex block in room 112.** Please pop down to room 112 and let Mrs. Kerkhoff know if you are interested.
- ★ The **weight room** will be in use **on Thursdays** for a user group and **will not be available** for anyone else. Thank you!

OLD NEWS

- ★ **All track and field runners** are welcome to join winter training. Mondays and Wednesdays after school. See Mrs. Sulek in room 207 to sign up or if you have questions. Everyone welcome, all grades, all distances, all abilities. This is great training for throwers and jumpers too!
- ★ **GRADS:** Minuet practice starts Monday & Wednesday at noon in the Multi Purpose Room (MPR)
- ★ **Recognition of the students of the District Robotics 71 teams:**
The District 71 Robotics teams all qualified for and competed in the Vancouver Island Championships this past weekend. Teams 7842 Fractal, Dex, and Spartans all competed in the Tier 1 Championships. Our team **7842-Fractal** (Isfeld's Zane Radaweic & Laurian Blachford, Vanier's Levi Milligan) won the championship's **Design Award** and a **Tournament Finalist Award**, earning them an invitation to the World Championships in St. Louis in April. Team **7842 Wildcards** (Highland's Jack Wright, Isfeld's Pavel Petrov, Vanier's Laine Martin) and **7842 H** (Highland's Weston Burgess, Sean Peters, Matthew Wright, and Silas Wurts) ended up winning the Teir 2 Champions! **7842 Zidiots** also made the finals. **7842 Violent** (Highland's Jacob Williams, Lake Trail's Jacky Guan, Cumberland's Osha Moon) won the tournament's Sportsmanship Award. Congratulations to all teams!
- ★ Any students **applying to VIU** that would like next steps help you can book appointments with an academic advising team member, for information on the **2026-27 Entrance Award Application deadline this Saturday** or for next steps webinar please see information sheet in the career's office.
- ★ 'Any students that have a **jersey/uniform, you need to return it to Mr. McRae** by the end of this week!!!'
- ★ **Calling all students interested in writing math contests:** Any students interested in writing the BCSS Math contest (finals hosted at NIC), the pre-liminary round **contest will be held on March 6th during flex block in room 112.** Please pop down to room 112 and let Mrs. Kerkhoff know if you are interested.
- ★ **ANY GRADE 10 students** applying for the **EXPLORE PROGRAM**, applications can be picked up in the main office. **Deadline March 13**
- ★ **Indigenous Lunch & Learn: Thursday, March 12.** Please register with Sally or Mel in room 117.
- ★ **Grade 11 student interested in a career as a Marine Service Technician**, engines hulls and sail work, Quadrant Marine Institute is now offering courses based out of Campbell River for more information please see Tracey in the Careers office
- ★ **Are you a grade 11 or 12 student thinking about a future in Communications, information Technology (IT) or Geographical Information Systems?** Here is your chance to step into the real work of local government and do a two-day job shadow at the Comox Valley Regional District, this is an excellent chance to make great connections in your area of interest. If you would like more information, please see Tracey on a Tuesday or Thursday, or email me at tracey.mckinney@sd71.bc.ca
- ★ Are you a **grade 11 or 12 student** thinking about studying Science and Technology at VIU? Or are you a teacher wanting to provide your students with an opportunity to think about their educational path post-high school?
VIU has programs in Biology, Chemistry, Math, Engineering, Computer Science, Fisheries and Aquaculture, Physics, Earth Science, Geography, and Resource Management.
On Tuesday March 10, and Wednesday March 11, between 9 and noon, the Science and Technology Faculty will be hosting events where you can come and learn about these program areas. There will be activities including mini-lectures, tours, and hands-on activities in labs. There will also be a chance to connect with services like registration, advising, financial aid, and others. AND there will be PIZZA and a door prize draw! Please find more information and sign up individually at the link below.
<https://connect.viu.ca/previu-days>
Applications are open now and will be accepted until Friday, May 15th.
- ★ **All Careers 11 students!** Please have a look at your Learn 71 email, My Education gradebook and Brightspace gradebook for grades and assignment feedback. Please see Mr. Murray in RM 116 during FLEX Block for support. The April 15th course completion goal is fast approaching!
- ★ **A reminder to all students age 15 and up that wish to volunteer at Island Health Comox Valley Hospital in the Step Up Youth Volunteer Program**, the application process is now open until May 15th for next Fall. Youth in the program gain practical exposure to a healthcare environment and have the opportunity to explore a variety of health careers. Monthly online guest speakers provide insight into professions such as medicine, nursing, medical imaging, pharmacy, psychiatry, social work, and more. For more information, please see poster in the careers office or go online to <https://www.islandhealth.ca/health-topics/volunteer-resources-engagement/step-youth-program>
- ★ **The Island District 911 Operational Communication Centre in Courtenay is actively recruiting!**
The first step in the application process is to attend a Career presentation. Our upcoming Career Presentations for the following months are:
March 12: 6:00pm - Virtual Zoom /March 30: 2:00 pm – Virtual Zoom /April 8: 6:00pm – Virtual Zoom/April 27: 2:00pm – Virtual Zoom
Please see poster in careers office for more information regarding the upcoming zoom fairs.
- ★ **If you have a minute, please share with your Homeroom! Highland Environmental Action Team Survey**
Would you mind taking 2 minutes to complete this form? Please see the Highland website under Highland news for the link. It would be great if you can submit your response by Mar 6, 2026. Thank you!
<https://forms.office.com/r/F5Nq8SD1bC>
- ★ The **Highland Swag store** is open again for clothing orders! Featuring our new school logo. Ordering available until Mar 6, 2026.
<https://highlandsecondarieschool.itemorder.com/shop/home/>

SPORTS - Practice Schedules

Boys' rugby practice Monday, Tuesday & Thursday 3:30-5 on the back field. Get your tackling forms in.	Girls' rugby practice Tuesday on the back field
Junior Girls Soccer – Monday 3:30 - 5:00	Track & Field – Monday at Vanier Track 3:30 – 5:00

CLUBS

Model UN – Mon @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Thurs @lunch, room 117
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club–Friday during FLEX room 205
Math Club – Tues @ lunch in room 207	Photography Club gr 9-12 – Thurs @ 3:15, Art room
Homework Club – after school Wed & Thurs, room 125	Creative Writing Club – Fri @lunch, room 116

LUNCH Time Food Sales! MAIN FOYER

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	