


April 29, 2026 FRIDAY WILL BE A DAY 4 H G F LUNCH E FLEX

NEW

- ★ **Buy your prom tickets before they become \$50 each on Friday!** [Contact Joanne or Daisy for details.](#)
- ★ **MODEL UN** meets today at Lunch in room 224
- ★ **Indigenous students grade 10-12** -The last Lunch and Learn Series will take place on Thursday May 21 at the KFN band hall, the session topic is ENTREPRENEURSHIP AND TOURISM. If you are interested and would like to attend the event, please pick up a permission slip from IN ED (room 117) and return it to Sally.
- ★ **The legendary SD71 Explore Program Garage sale** will be happening this Saturday, May 2 at the Vanier gym between 8am-2pm. There will be a BBQ, concession, bake sale, plant sale and car wash. Bring a friend and check it out.
- ★ **SD 83 Careers and the Canadian Association of Medical Radiation Technologist -BC- (CAMRT-BC)** is offering a virtual info session on May 14th 12:54 to 2:05 pm. If you or your class would like to attend this virtual event please see Tracey in the Careers office for the link or register here: https://us06web.zoom.us/webinar/register/WN_a35Hz3KLQTI2kCkOdWpMmA
- ★ **Grads, this is your chance to have a say!** Be at the gym on Tuesday, May 5th during H block and choose your Valedictorian. Candidates will give a short speech and then you cast your vote. No reruns, no dress rehearsal -- this will be your one and only opportunity, so make it count!
- ★ **Come join the Garden Club...**meet out in the garden today at lunch.
- ★ **For those that missed clothing orders**, our online store has been reopened.
<https://highlandsecondaryschool.itemorder.com/shop/home/>

OLD NEWS

- ★ **Ribfest Kids zone are in need of volunteers**, Ribfest runs 3 days in the end of August (Fri-Sun) and the positions available are monitoring the bouncy castles in the kids' zone. For more information see Tracey in the Careers office.
- ★ **The Comox Valley Volleyball Camp is July 6th-9th this summer.** Please contact Brian at bdstevens@hotmail.com for more information.
- ★ **Buy your prom tickets before they become \$50 each on Friday!** [Contact Joanne or Daisy for details.](#) They are currently \$40 for 1 or \$70 for 2. Hope to see you on [June 5th](#). [Contact Joanne or Daisy for details.](#)
- ★ **Indigenous Grads-** Please RSVP by May 8th if you plan to attend our first, Indigenous Grad celebration in our district. Please see Sally or Kaya in room 117 for more details. Check your email.
- ★ **Do you have a green thumb?** Come join the Highland Garden Club! Meet in the garden at the beginning of lunch every Wednesday. We have many projects planned for this spring gardening season. New and returning gardeners are invited to join us.
- ★ **Sign up to compete and win prizes from 122, Blue Toque, and more!** Email aparry@courtenay.ca for more information.
- ★ **Highland's Queers and Allies Club (QSA)** will meet Fridays at lunch in Room 106 for the rest of the school year - we have some fun stuff planned! **See you there!**
- ★ **ALL GRADE 12's -BOOK YOUR CAPSTONE PRESENTATION NOW!** Go to the Brightspace page for the link. Book your 10 min presentation slot now until May 1st! Questions can be directed to Ms. Roberts at the school office or laura.roberts@sd71.bc.ca
- ★ **Any students looking for a great volunteer opportunity to add to your hours.....** Saturday May 31st at the Marina Park this year's Walk for Alzheimer's event is taking place and they need your help to do things like setup, registration, route guidance and more. This is an amazing cause and a great way to help your community. To sign up please see the poster in the career's office.
- ★ **GRADS.... Please join us for Minuet Practice** every Mondays & Wednesdays in the MPR.

WORK EXPERIENCE

- ★ Excellent volunteering opportunity for students. BC Bike Race will be in Cumberland May 21st to May 26th, they have many volunteer opportunities available, both at base camp and on course. please go to their website to register at <https://bcbikerace.com/about-bcbr/volunteers/>
- ★ **Trades Expo: Natural Resource Sector** event coming up on May Friday May 1st. Students interested in the natural resource sector and trades can sign up in the careers office this program runs from 10 am to 1pm in Campbell River. Busing is provided. For more information come see Tracey in the Careers office.
- ★ **Trades Expo: Natural Resource Sector** event coming up on May Friday May 1st. Students interested in the natural resource sector and trades can sign up in the careers office this program runs from 10 am to 1pm in Campbell River. Busing is provided. For more information come see Tracey in the Careers office.
- ★ **Any students looking for a great volunteer opportunity to add to your hours.....** Saturday May 31st at the Marina Park this year's Walk for Alzheimer's event is taking place and they need your help to do things like setup, registration, route guidance and more. This is an amazing cause and a great way to help your community. To sign up please see the poster in the career's office.
- ★ **Reminder the next Digital marketing course** is starting May4, this is a \$4000.00 course offered to our students for \$ 350.00. For sign up information please see poster on the careers board in the career's office.

Boys' rugby practice Monday, Tuesday & Thursday 3:30-5 on the back field. Get your tackling forms in.	Girls' rugby practice Tuesday on the back field
Junior Girls Soccer – Monday 3:30 - 5:00	Track & Field – Tuesday & Thursdays at Vanier Track 3:30 – 5:00

CLUBS

Model UN – Wed @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Friday @lunch, room 106
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club –Friday during FLEX room 205
Math Club – Tues @ lunch in room 207	Creative Writing Club – Fri @lunch, room 116
Garden Club – Wednesdays @ lunch in the garden	Badminton Team Practice – Wednesday & Friday @ 3:15-4:15

LUNCH Time Food Sales! MAIN FOYER

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
---	--	--

**Thursday – PIZZA \$3 per slice/2
for \$5**

Friday - PIZZA \$3 per slice/2 for \$5