



June 1, 2026	FRIDAY is Day 4 HGFE FLEX
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NEW

- ★ **It's a party! Tuesday June 2 at lunch.** Come learn from local community groups, listen to music from the senior jazz band, eat ice cream by donation from the QSA, check out the beautiful Highland Garden, and make nature-appreciation sidewalk chalk with HEAT.
- ★ **If you still to write** the: **Numeracy 10, Literacy 10**, or the **Literacy 12** assessment exam, please stop by the office to register.
- ★ **JUNE Menu is now out.** Check out the new lunch selections for the month
- ★ **The Comox Valley Volleyball Camp is running July 6th-9th this summer.** Please contact Brian at bdstevens@hotmail.com for more information.
- ★ **Looking for some summer volunteer hours, look no farther**, the Views Senior living facility is looking for volunteers to help out once a week for an hour. They are very flexible, and Highland is traditionally a main supporter of this opportunity. Applications are in the career's office; the deadline is June 25th to apply. Our elders look forward to their visits with you.

OLD NEWS

- ★ **Peter Pan Goes Wrong - Actors and Stage management.** Get your parent to email permission to participate THIS WEEK! First read through June 5th in Flex. SIGN UP CONTINUES for next year's musical: See Mrs. Williams if you need help figuring out how to audition 😊
- ★ **Reminder to Junior Girls Soccer** players to return all jerseys, shorts, and socks to Mr. Hale asap.
- ★ **Do you have a green thumb? Come join the Highland Garden Club!** Meet in the garden at the beginning at lunch on Wednesday's. We have many projects planned for this spring gardening season. New and returning gardeners are invited to join us.
- ★ **RED DRESS DAY.** This is a time to recognize the Murdered and Missing Women, Girls, and Two Spirit national crisis. This group of individuals is 4 times more likely to experience violence and homicide than other people in Canada. As well, despite being only 4% of the population of Canada, 11% of all missing women are Indigenous. Please visit the display in the main foyer, in the Library Learning Commons, and around the school to gain more knowledge about this crisis and honour these individuals and their families. Watch the following video on the origins of Red Dress Day - <https://www.youtube.com/watch?v=IH7FuxzrFvs>

WORK EXPERIENCE

Boys' rugby practice Monday, Tuesday & Thursday 3:30-5 on the back field. Get your tackling forms in.	Girls' rugby practice Tuesday on the back field
Junior Girls Soccer – Monday 3:30 - 5:00	Track & Field – Tuesday & Thursdays at Vanier Track 3:30 – 5:00

CLUBS

Model UN – Wed @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Friday @lunch, room 106
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club –Friday during FLEX room 205
Math Club – Tues @ lunch in room 207	Creative Writing Club – Fri @lunch, room 116
Garden Club – Wednesdays @ lunch in the garden	Badminton Team Practice – Wednesday & Friday @ 3:15-4:15

LUNCH Time Food Sales! MAIN FOYER

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	