


June 17, 2026
FRIDAY is Day 2 GHEF FLEX

NEW

- ★ **Jr. Girls soccer pizza party TODAY** Wednesday, June 17th in **Room 214**.
- ★ **Could all the music program flute and french horn** players please come to the band room at the start of lunch today.
- ★ **The Comox Valley Volleyball Camp is running July 6th-9th this summer.** Please contact Brian at bdstevens@hotmail.com for more information.
- ★ **Library and textbooks are due back by the end of the week at the latest.** Please bring them as soon as you are finished using them so we can get your accounts all cleared up and prep for next year. Thanks for you help.
- ★ **If you received an invitation for excellence night,** but were not able to attend, your award is available in the office.
- ★ **International Program Students** - please see Ms. Brammall in room 205 **this week** to get a thank you card for your homestay, to pick up and return your blue withdrawal form, and to sign the group photo!

OLD NEWS

- ★ **OPEN gym for BOYS** volleyball will be this week on: **Wednesday** - 5-6:30 - **Thursday** - 7-8:30.
- ★ **All Highland Athletes, you need to return your school jersey's/uniforms to Mr. McRae this week!** If you do not, **you will be charged** for your uniforms
- ★ **Reminder to Junior Girls Soccer** players to return all jerseys, shorts, and socks to Mr. Hale asap.

WORK EXPERIENCE

- ★ **Looking for some summer volunteer hours, look no farther, the Views Senior living facility is looking for volunteers to help out once a week for an hour.** They are very flexible, and Highland is traditionally a main supporter of this opportunity. Applications are in the career's office; the deadline is June 25th to apply. Our elders look forward to their visits with you.
- ★ **Join our dynamic summer team as a Camp Leader and inspire the next generation of outdoor adventurers!** This role combines leadership, recreation, and environmental stewardship as you guide children ages 5–12 through hiking, nature exploration, and alpine adventures. Based in the stunning alpine environment, you'll lead safe, exciting, and educational outdoor activities while creating memorable experiences for campers. Mt. Washington is looking to hire **1 Bike Camp Leader, 2 Alpine Camp Leaders,** and is offering volunteer hours through their **Youth Mentorship Bike adventure program.** For information on how to apply **see the job postings in the career's office.**
- ★ **DoggyDo Day care** is looking for a part time employee must have a car as they are 10 minutes out of town or reliable way to work. For information in how to apply see job board in Careers office. **Due to unforeseen circumstances** Tracey will be away next Tues, Wed, and Thursday. Heidi will be in to cover her on Tuesday and Wednesday between 10:00 and 2 pm if you have an appointment, she will work with you and do work experience. If you are dropping off signed papers, she will help you with that and if you need to **STILL** hand in your 30 hours, she will be there for you. Thank you.
- ★ **Alzheimer Society of BC is looking for ongoing volunteers** to help organize and run their events. If you are interested in helping this cause while gaining volunteer hours towards your grad hours, please see poster on the volunteer board in the career's office
- ★ **Comox Valley Lions Club Bingo's would love a couple of students** on Friday nights from 4:30 to 11:00 pm to volunteer at Bingo. Our positions are floor and canteen workers... potentially the canteen folks can leave a bit earlier, but floor staff will need to stay to help clean up. Any students willing to give up a Friday night please have them come down to chat with Lori or May any Friday afternoon we are usually available to answer any questions they may have. We are located at 1729C Comox Avenue in Comox. We are under the museum.

Boys' rugby practice Monday, Tuesday & Thursday 3:30-5 on the back field. Get your tackling forms in.	Girls' rugby practice Tuesday on the back field
Junior Girls Soccer – Monday 3:30 - 5:00	Track & Field – Tuesday & Thursdays at Vanier Track 3:30 – 5:00

CLUBS

Model UN – Wed @ lunch, room 224	Highland's Queers & Allies Club (QSA) – Friday @lunch, room 106
Interact Club – Tues @ lunch, room 218	D & D Club - Thurs @ 3:15 in room 204
Girls in STEM club - Tuesday @ lunch in room 212	HEAT Environmental Club –Friday during FLEX room 205
Math Club – Tues @ lunch in room 207	Creative Writing Club – Fri @lunch, room 116
Garden Club – Wednesdays @ lunch in the garden	Badminton Team Practice – Wednesday & Friday @ 3:15-4:15

LUNCH Time Food Sales! MAIN FOYER

Monday – PIZZA \$3 per slice/2 for \$5 and concession!	Tuesday - PIZZA \$3 per slice/2 for \$5 and concession!	Wednesday - PIZZA \$3 per slice/2 for \$5
Thursday – PIZZA \$3 per slice/2 for \$5	Friday - PIZZA \$3 per slice/2 for \$5	