



FRIDAY FAMILY MEMO

DATE: OCTOBER 2, 2026
 TO: HIGHLAND SECONDARY SCHOOL STUDENTS AND FAMILIES
 FROM: LAURA ROBERTS, WAYNE KUHNERT, AND DAVID MILLER

WEEK AT A GLANCE

MONDAY, OCT 5 Day 1 ABCD	TUESDAY, OCT 6 DAY 2 GHEF	WEDNESDAY, OCT 7 DAY 3 BADC	THURSDAY, OCT 8 DAY 4 HGFE	FRIDAY, OCT 9 DAY 3 BADC
♥Terry Fox Run ♥3:30 Cross Country practice ♥3:30-5pm Jr Girls/Sr Girls Volleyball practice ♥5-7pm Gr 9 Girls/Jr Boys Volleyball practice ♥7-9pm Sr Boys Volleyball practice	♥Cross Country Team to Cobble Hill ♥3:30-5pm Gr 8 Girls & Boys Volleyball practice	♥3:30-5 Sr Boys Volleyball practice ♥7-9 pm Sr Girls Volleyball practice	♥3:30-5pm Gr 9 Girls Volleyball practice ♥5-7pm Jr Boys Volleyball practice ♥7-8:30am & 3:30-5pm Jr Girls Volleyball practice	♥FLEX DAY 3 (BADC) ♥7-8:30am Sr Girls Volleyball practice

MONDAY, OCT 12	TUESDAY, OCT 13 DAY 2 GHEF	WEDNESDAY, OCT 14 DAY 3 BADC	THURSDAY, OCT 15 DAY 4 HGFE	FRIDAY, OCT 16 DAY 1 ABCD
♥Thanksgiving (school closed)	♥3:30-5pm Gr 8 Girls & Boys Volleyball practice	♥3:30-5 Sr Boys Volleyball practice ♥7-9 pm Sr Girls Volleyball practice	♥3:30-5pm Gr 9 Girls Volleyball practice ♥5-7pm Jr Boys Volleyball practice ♥7-8:30am & 3:30-5pm Jr Girls Volleyball practice	♥FLEX DAY 1 (ABCD) ♥7-8:30am Sr Girls Volleyball practice
Parent/Teacher Communication Week—Oct 13-16				



Terry Fox Fundraising

Highland will hold its annual Terry Fox Run on Monday, October 5th. Students are permitted to ONLY walk or run the route. Absolutely no bikes, scooters, longboards, skateboards, or cars etc. (NO DRIVING).

The RCMP have been informed of the run time and route. Students are asked to stay on sidewalks, be careful in crosswalks, and be mindful of vehicles.

The theme is 80's Disco. Students are encouraged to dress up and have fun! Our goal is to raise at least \$2,000.

If you are able, please donate online at <https://schools.terryfox.ca/140081/team/85846> (tax deductible).

Let's show some Highland spirit and raise money for an extremely important cause! Thank you.

Terry Fox run will be on Oct 5th:

Schedule

Block B: 9:00 – 9:55

Block A: 10:00 – 10:55

Homeroom (Terry Fox Run): 11:00 – 11:45

Please donate:

<https://schools.terryfox.ca/140081/team/85846>



Student Attendance

Some of you may be familiar with Highland's automated attendance system. During the school day, classroom teachers take attendance. At the end of the day a report is generated that populates all unexcused absences. The program the school uses is SafeArrival.

Parents/Guardians are asked to report absences in advance using any of these convenient methods:

♥ Using your mobile device, download and install the SchoolMessenger app from the Apple App Store or the Google Play Store (or from the links at <https://go.schoolmessenger.com>). The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.

♥ Use the SafeArrival website, <https://go.schoolmessenger.com>. The first time you use the website, select Sign Up to create your account. Select Attendance then Report an Absence.

♥ Call the school directly at 250-339-5525, leave a message if calling after hours.

♥ Email highland@sd71.bc.ca

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

In addition, we will use the SchoolMessenger Communicate automated notification system to contact parents whose child is absent when the absence was not reported in advance. The automated notification system will attempt to contact parents at multiple contact points (home phone, cell phone, & email). If you answer the phone call you will have options to excuse your child at that point. You can not reply to emails but can follow-up with the school office to let us know the reason for the absence.

We also ask if your child arrives late or needs to leave the school during the day, that they sign-in/out at the office when they come and go.



HIGHLAND SECONDARY

750 Pritchard Road Comox, BC | V9M 3S8 T. 250.339.5525 | F. 250.339.0832 www.HIGHLANDSECONDARY.ca

Help us deal with the traffic problems at the 4-way stop next to the school!

Share your thoughts about the
Pritchard-Guthrie intersection
by taking our survey! All
students, staff, and parents are
encouraged to take the survey.

<https://better71.s.gy/4waytraffic>
Scan the QR code to take the survey!



[LINK TO SURVEY](https://better71.s.gy/4waytraffic)



- ✓ DISCOVER NEW SKILLS
- ✓ BE PART OF A TEAM
- ✓ MAKE FRIENDS
- ✓ GET ACTIVE
- ✓ LEARN TO SKATE
- ✓ HAVE FUN



**RINGETTE
PROVIDES AN
OPPORTUNITY
TO...**



FOR GIRLS & BOYS



The rules of ringette
make it a true team
sport! In order to win, the
whole team must play.

FREE COME TRY EVENT!

SAT. OCT 3 12:45PM SPORTS CENTER 1
COME EARLY TO FIND OUT MORE AND GRAB SOME
GEAR. SKATE RENTAL AVAILABLE. HELMETS
REQUIRED. OTHER PROTECTIVE GEAR RECOMMENDED.
VISIT OUR WEBSITE TO FIND OUT MORE.



comoxvalleyringette.com

**Have a wonderful
weekend!**