



FRIDAY FAMILY MEMO

DATE: SEPTEMBER 18, 2026

TO: HIGHLAND SECONDARY SCHOOL STUDENTS AND FAMILIES

FROM: LAURA ROBERTS, WAYNE KUHNERT, AND DAVID MILLER

WEEK AT A GLANCE

MONDAY, SEPT 21	TUESDAY, SEPT 22 DAY 2 GHEF	WEDNESDAY, SEPT 23 DAY 3 BADC	THURSDAY, SEPT 24 DAY 4 HGFE	FRIDAY, SEPT 25 Day 1 ABCD
♥ Pro-D day (no classes)	♥ 11:45 Grad Committee mtg (rm 223) ♥ 3:30-5pm Gr 8 Girls & Boys volleyball (any interested grade 8s welcome) ♥ 6-7pm District Robotics Open House (gr 9-12 students—AutoBot shop)	♥ 10:30-12:30 Cross Country Race @ Highland	♥ 12:30 Careers 11 assembly ♥ 3:30 Cross Country practice	♥ FLEX DAY 1 (ABCD)

MONDAY, SEPT 28	TUESDAY, SEPT 29 DAY 2 GHEF	WEDNESDAY, SEPT 30	THURSDAY, OCT 1 DAY 4 HGFE	FRIDAY, OCT 2 DAY 3 BADC
♥ 10:40 Gr 12 Careers/ Capstone assembly ♥ 3:30 Cross Country practice ♥ 7pm PAC meeting (Library)	♥ 11:20—Extended homeroom for National Day for Truth and Reconciliation	♥ National Day for Truth and Reconciliation (school closed)	♥ Cross Country team to Powell River ♥ 9-10:20 Gr 12 Post Secondary Fair	♥ FLEX DAY 3 (BADC) ♥ 9:00-Gr 9 assembly ♥ 9:30-Gr 10 assembly ♥ 10:05-Gr 11 assembly ♥ 11:10-Gr 8 assembly



HIGHLAND SECONDARY

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ROBOTICS71

Engineering your Future

"An after-school S.T.E.M. Program based around Robotics for Comox Valley School students in Grade 9 through Grade 12"

Location: Highland Secondary School BotShop (Shop Building)

Days/Times: September through June, Tuesday/Thursday 4:00pm—6:00pm*

*Times can vary for students and often go into the evening

Instructor/Coach: Matt.Sydor@sd71.bc.ca

Program Highlights

- District-wide STEM program for students interested in robotics and the engineering field.
- Builds skills in: coding, communication and collaboration, electronic wiring, mechanical design and assembly, machining & fabrication, & 3D printing.
- Students have the opportunity to compete in Vex Canada tournaments (locally, provincially, nationally, internationally)
- Prepares students to enter College/University engineering programs with a skill set in coding and mechanical design
- Public Transit gets students to Highland from G.P. Vanier and Mark R. Isfeld by 4:00pm

*Space may be limited depending on sign-up and preference given to returning Robotics71 students.

For more information visit comoxvalleyschools.ca/robotics71 or contact Matt.Sydor@sd71.bc.ca (Coach/Instructor)



It has been a great first week running the Universal Lunch program otherwise known as [MunchaLunch](#) here at Highland. I also want to welcome everyone to breakfast with the MunchaLunch program. You can order breakfast when you order lunch on the website. Everyday the counter will be open at 8:30am and for only \$2 breakfast includes yogurt, muffins, fruit, oatmeal and granola bars PLUS a little something else – this week I had breakfast egg wraps and English muffin sandwiches with cheese and ham. I'm planning to have high protein overnight oats, egg bites, waffles, smoothies and more. There will be something special everyday. Bring your own mug for tea or coffee. I look forward to feeding Highland yummy things!

A special reminder to drop the blue bottomed Friendlier lunch a munch containers into the special blue Friendlier recycle bins placed around the building. They get picked up and washed and reused weekly.

With support from provincial Feeding Futures funding, subsidies are available for students who need financial support. Please contact Erin Malin, or any staff member to access lunches on a sliding scale or for free.

Please reach out with any questions or thoughts to erin.malin@sd71.bc.ca



Extended Homeroom for National Day for Truth and Reconciliation

Morning schedule for September 29:

G Block 9-10:00

H Block 10:00 - 11:17

Extended HR 11:20 - 11:50

Regular afternoon schedule

Gr 12 Post Secondary Fair-October 1

9:05 - 9:45 - Kerkhoff, Murray, Gregory

9:50 - 10:20 - Stevens, Beaulieu, any grade 12 who missed

This is an assignment as part of their Careers 12. If you are grade 11's in these classes, you are welcome to come and join, do the assignment and check off a Careers 12 assignment for next year.

Terry Fox Fundraising

Terry Fox run will be on Oct 5th:

Schedule

Block B: 9:00 – 9:55

Block A: 10:00 – 10:55

Homeroom (Terry Fox Run): 11:00 – 11:45

Please donate:

<https://schools.terryfox.ca/140081/team/85846>



Have a wonderful weekend!