

Monday, Jan. 15	Tuesday, Jan. 16	Wed., Jan. 17	Thursday, Jan 18
Muffins	Soup and Salad	Hot Lunch Rice Bowls	Hot Lunch Pizza
Sandy (SLP) Ms. Kuhn (TL)	Kate (LST) Margot (School Counsellor)	Vanier students Raven Room	Anthea (FA) Pre-school
Heather (ISW)	PAC Meeting 3:45pm		Storytime 10:45am

Note from Judi...

Happy New Year and welcome back! Learning is back in full swing, and students are carrying on right where they left off. Muffin Monday, Soup & Salad and PAC Hot Lunches started up again this week. We are very grateful to have such a committed group of parents who make this happen every week. Now that we are experiencing colder temperatures, please ensure your child has appropriate outdoor clothing. Breaks and outdoor learning will continue throughout the Winter season! While we rely on technology for so many important things, it is important to pay attention to the research on its impact on child development and health. Below is a link to an article that offers an interesting perspective. The research focuses more on the impact of cellphones but could be applied to other forms of screen time, as well. Enjoy the beautiful weather over the weekend!

https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.weareteachers.com %2Fphones-are-hurtingkids%2F&data=05%7C02%7CJudith.Ayers%40sd71.bc.ca%7Cc0a68ab74b5f4667a21208dc11eba adb%7C8a33c0abdc5a486195746c1f01277d1c%7C0%7C0%7C638404951085792129%7CUnkno wn%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2IuMzIiLCJBTil6Ik1haWwiLCJXVCI6Mn 0%3D%7C3000%7C%7C%7C&sdata=GxunUtoHYWpyXz6qgAla%2BBQJay0H%2BvvuQYJ8w3kRY LA%3D&reserved=0

BASKETBALL GRADES 5-7!!

ALL GRADE 5-7 STUDENTS – basketball practices will continue Mondays and Tuesdays from 12 to 12:30pm.

Miracle Beach Team will be visiting Hornby on January 24th for a couple games throughout the school day. Hornby team will visit Airport Elementary on February 21st. Consent details will be sent closer to the date. Parent volunteer drivers are needed.

Denman School will travel to Hornby -- days and times TBD

Any questions can be emailed to britt.hanson@sd71.bc.ca

Symphony Field Trip for Grade 4 students

January 22nd Grade 4 students will travel with their teacher, Casey Doss to the Sid Williams Theatre with other Grade 4 students from SD71 to attend a performance by the Victoria Symphony. Consent forms are being sent home today.

It's time for Kindergarten Registration at Hornby Island Community School

School District No. 71 (Comox Valley) will be enrolling Kindergarten students (Neighbourhood, French Immersion, Montessori, Indigenous, Fine Arts and eClasses) in District schools for attendance in September 2024. To be eligible for enrolment in September 2024, a student must turn five (5) years of age by December 31, 2024.

Each child's birth certificate and proof of address must be uploaded or presented at the time of registration. Care Cards will not be accepted as proof of birth, but we need the Care Card number on the registration form. A Passport or Landed Immigrant authorization are suitable forms of documentation in lieu of birth certificates.

Registration Process

Parents are asked to register their children at their current neighbourhood catchment school using the online registration located on our website www.comoxvalleyschools.ca/student-registration starting Tuesday, January 23, 2024.

Our classes are 4 full-day multi-age programs. Parents are asked to register their children by February 15, 2024. Please register as soon as possible to help with planning for next year eg. class formation, staffing etc.

PARENT VOLUNTEERS NEEDED FOR:

MONDAY MUFFINS Contact Laila lailabudd@gmail.com

HOT LUNCHES (Wednesdays) Contact Braea braeawalmsley@hotmail.com

(Thursdays) Contact Britt britt.hanson@sd71.bc.ca

Next PAC Meeting

Jan. 16th at 3:45pm

PAC Fundraiser – West Coast Seeds – Ordering open until Jan. 28

Did you know that every packet you sell will earn 40% for our organization? West Coast Seeds provides Canada's No 1 seeds that are untreated and non- GMO which means that it promotes sustainability. They have provided a wide range of their bestselling vegetables, herbs, and flowers, to give a little something for everyone.

All seeds can be ordered on the fundraising site (<u>fundraising.westcoastseeds.com</u>). Please ensure that you order from this site only, otherwise we will not earn the 40%. When you are ready to order, make your choices and add to your cart. Once you have completed your order, find our organization on the dropdown menu. Add in your details so that we can contact you when the orders are ready for pick up.

Please make sure to order by January 28th, 2024, to avoid disappointment. If you are unable to order online, please contact Faith Martens @ faithfulloflove@gmail.com for help.



Child, Youth and Community School Programs

Contact: Jade Wilson, CYCSP Coordinator

hies.childyouth@gmail.com

Basketball for grades 5-7 Tuesdays Jan 9-Feb.13th

<u>Minor Games</u> starts Wednesday Jan.17th for grades 2-4. Lots of spaces still available.

Indoor Soccer for grades K-2. Starts Monday Jan. 22,

Marimba is FULL! Grades 5-7. Starts Monday Jan.29-Mar.11.

For more info on our winter afterschool programs for January-March 2024 see the documents attached.

or email hies.childyouth@gmail.com

Hornby Denman Health Care Society Programs

Youth Squad is changed to Fridays!

There is a poster attached. Please contact Sara to register

Parenting Group is back – please see the attached poster

Comox Valley Rent Bank - see attached poster

The Comox Valley Rent Bank is a housing stability and homelessness prevention resource that offers interest-free financial assistance to those that qualify and is open to any renter living within the Comox Valley Regional District (including Denman and Hornby Island) who may be experiencing a temporary financial shortfall.

As mentioned, a rent bank loan is interest free and can be re-paid over a 12 – 36-month period. This loan can be used for the following purposes:

- Repay up to 2 months of back rent
- Damage deposit / Pet deposits
- First month's rent
- Utilities

If you know of anyone that might benefit from this important program, please pass on my contact information. I can best be reached on my cell at 250-703-1876, or email at dawn@cvahs.com.

The Government of BC has established a new Mental Health Crisis and Suicide Prevention help line.

The <u>9-8-8 Suicide Crisis Helpline</u> is a new service available 24/7/365 to help Canadians when they need it most. The service, accessible via call or text to 9-8-8, offers trauma-informed and culturally affirming support to anyone who is thinking of suicide or who is worried about someone they know. This service is also available in the "Take Action" section of the *erase* Mental Health and Well-being web page.

Please check out this link for more information:

https://blog.gov.bc.ca/ecc-dm-bulletin/article/suicide-crisis-helpline/

Please find any operational information on the Hornby Island Community School website

https://www.comoxvalleyschools.ca/hornby-island-community-school/ or in the Student Handbook