



Monday, Feb. 5	Tuesday, Feb. 6	Wed., Feb. 7	Thursday, Feb. 8
<p>Muffins</p> <p>Sandy (SLP)</p> <p>Ms. Kuhn (TL)</p> <p>Heather (ISW)</p>	<p>Soup and Salad</p> <p>Kate (LST)</p>	<p>Hot Lunch Chinese New Year Feast</p> <p>Vanier students Raven Room</p>	<p>Hot Lunch Sandwiches</p> <p>Anthea (FA)</p> <p>Comox Strathcona Waste Management workshops</p> <p>Pre-school Storytime 10:45am</p> <p>Fire Drill @ 10:10</p>

Note from Judi...

And just like that, it's February! Lots of learning continued throughout the week. The rain stopped long enough to make the K/1's visit to the Fire Hall enjoyable, the Grade 2-4 class worked intently on their art projects, and the Grade 5-7 Basketball Team travelled to Denman Island to play their first away game. They were so excited to win their first game and had loads of fun! The wet and dreary weather can make it a challenge to get outdoors, at times. It is timely that our District Physical Literacy Support Teacher, Jina Taylor is sending out a note to parents about Physical Literacy and providing some suggestions for family activities (see below). Also, if you're interested in finding out more about SOGI (Sexual Orientation and Gender

Identity) and clarification on what it means in schools, please check out the ministry website, <https://www2.gov.bc.ca/gov/content/erase/sogi>
Enjoy the weekend, everyone!

From Jina Taylor.....

Dear SD71 Families,

I hope this newsletter finds you and your family in good health and happiness as we welcome the month of February. As this is the first of my monthly newsletters, I am excited to share insights and resources focused on promoting physical literacy—a fundamental aspect of your child's overall well-being.

What is Physical Literacy?

Physical literacy encompasses more than just physical skills—it is the ability to move with confidence and competence in a variety of environments and activities. Just as literacy and numeracy are essential for academic success, physical literacy is crucial for overall health and well-being. It empowers children to lead active, healthy lifestyles and fosters a lifelong love of movement. Learning and practicing the fundamental movement skills at a young age is very important.

Fundamental movement skills are the building blocks of physical activity. They include skills such as running, jumping, throwing, catching, kicking, and balancing. These skills form the foundation upon which more complex movements and sports-specific skills are built. By mastering fundamental movement skills, children gain the confidence and competence to engage in a wide range of physical activities, setting the stage for a lifetime of active living. To help your family stay active together, I have included a fitness calendar with fun and engaging activities for each day of the month and this month I focused on locomotor skills to practice at home. I encourage you to use this calendar and activities as a guide to make physical activity a regular part of your family's routine.

https://learn71-my.sharepoint.com/:b:/g/person/judith_ayers_sd71_bc_ca/ET9BI7lyDpdDoGRArLOPE0cBPvXqzH35PT-MPnn2jSYnUg?e=QAmhmf

Student-Led Conferences

Save the Date: Wednesday, February 28th. Students will be dismissed at 12:00 to accommodate scheduled student-led conferences. More details about sign-up will be coming soon.

BASKETBALL GRADES 5-7!!

Basketball practices will continue Mondays and Tuesdays from 12 to 12:30 pm.

NEXT GAME DAY: **Airport Elementary on: Wednesday Feb. 21st**

Kindergarten Registration 2024-25

Please remember to enroll your child in Kindergarten if you haven't done so yet. School District No. 71 (Comox Valley) will be enrolling Kindergarten students (Neighbourhood, French Immersion, Montessori, Indigenous, Fine Arts and eClasses) in District schools for attendance in September 2024. To be eligible for enrolment in September 2024, a student must turn five (5) years of age by December 31, 2024.

Each child's birth certificate and proof of address must be uploaded or presented at the time of registration. Care Cards will not be accepted as proof of birth, but we need the Care Card number on the registration form. A Passport or Landed Immigrant authorization are suitable forms of documentation in lieu of birth certificates.

There is a form to be completed by any students self-identifying for Indigenous ancestry.



The graphic features the Comox Valley Schools logo on the left, which includes a stylized green mountain and trees, and the text "Comox Valley Schools A Community of Learners IMMERSIVE • INQUISITIVE • INCLUSIVE". To the right is the "Kindergarten Registration" logo, which shows five colorful children holding hands above the text "Kindergarten Registration". Below these logos is a photograph of several children in winter clothing standing around a large tree. Overlaid on the left side of the photograph is the following text:

Open Now
Neighbourhood Schools
Indigenous K/1
French Immersion
Montessori

January 29
Late French Immersion

February 7
Navigate/NIDES
Fine Arts eCademy Compass

TO REGISTER AND FOR MORE INFORMATION VISIT
WWW.COMOXVALLEYSCHOOLS.CA/KINDERGARTEN-REGISTRATION

Registration Process

Parents are asked to register their children at their current neighbourhood catchment school using the online registration located on our website www.comoxvalleyschools.ca/student-registration starting Tuesday, January 23, 2024.

Our classes are 4 full-day multi-age programs. Parents are asked to register their children by February 15, 2024. Please register as soon as possible to help with planning for next year eg. class formation, staffing etc.

PARENT VOLUNTEERS NEEDED FOR:

MONDAY MUFFINS Contact Laila lailabudd@gmail.com

HOT LUNCHES (Wednesdays) Contact Braea braeawalmsley@hotmail.com
(Thursdays) Contact Britt britt.hanson@sd71.bc.ca

Next PAC Meeting
Feb. 13, 2024, at 3:45pm

Establishing Safe, Caring, & Respectful Digital Communities

Everyone Welcome! Upcoming Training: January 17, January 23, February 7, February 28
<https://pages.saferchoolstogether.com/erase-family-session>



Child, Youth and Community School Programs

Contact: Jade Wilson, CYCSP Coordinator

hies.childyouth@gmail.com

Basketball for Grades 5-7 Tuesdays, Jan. 9-Feb. 13th.

Minor Games starts Wednesday, Jan.17th for Grades 2-4.

Indoor Soccer for Grades K-2. Begins Monday Jan. 29, Feb. 5 and 12th.

Marimba is FULL! Grades 5-7. Starts Monday Jan.29-Mar.11.

For more info on our Winter after-school programs for January-March 2024. See the documents attached or email hies.childyouth@gmail.com

The Government of BC has established a new Mental Health Crisis and Suicide Prevention help line.

The [9-8-8 Suicide Crisis Helpline](#) is a new service available 24/7/365 to help Canadians when they need it most. The service, accessible via call or text to 9-8-8, offers trauma-informed and culturally affirming support to anyone who is thinking of suicide or who is worried about

someone they know. This service is also available in the “Take Action” section of the *erase* [Mental Health and Well-being web page](#).

Please check out this link for more information:

<https://blog.gov.bc.ca/ecc-dm-bulletin/article/suicide-crisis-helpline/>

**Please find any operational information on the
Hornby Island Community School website**

**<https://www.comoxvalleyschools.ca/hornby-island-community-school/>
or in the Student Handbook**