



# HORNBY ISLAND COMMUNITY SCHOOL

Monday, May 13	Tuesday, May 14	Wed., May 15	Thursday, May 16
<p><b>Muffin Monday</b></p> <p>Ms. Kuhn (TL) Jennivieve (HIES) Heather (ISW)</p>	<p><b>Soup and Salad</b></p> <p><b>Helliwell field trip for Gr. 5 – 7 students</b></p> <p>Margot (Counsellor)</p> <p><b>Sentinels of Change field trip 9am (6 students each week)</b></p> <p><b>12 – 1pm Kitchen for 3 Intermediate class volunteers</b></p> <p><b>PAC Meeting 3:45pm</b></p>	<p><b>Hot Lunch</b></p> <p><b>Art Starts Kutapira Marimba performance 10:45am</b></p> <p>Sandy (SLP) Kate (LST)</p> <p>Vanier students Raven Room</p> <p><b>Bike to school</b></p>	<p><b>Hot lunch on Thursdays is discontinued at this time</b></p> <p><b>Big House Experience for Gr. 4 students</b></p> <p><b>Try a Trade Field Trip for Gr. 7 students</b> <b>Confirming</b></p> <p>Anthea (FA)</p> <p><b>Pre-school Storytime 10:45am</b></p>

Please find attached to the email some information for upcoming events:

- Alladin at Miracle Beach,

- Fossil Fair at the Natural History Center
- Physical literacy resource for families

### Judi's Note to families...

What a great week we've had! The district Jamboree was a success on Tuesday. Intermediate students participated in track and field events at Vanier Secondary School. It was exciting to see so much enthusiasm and excitement! Ms. Myles hosted Welcome to Kindergarten yesterday. The preschoolers participated in various activities to help prepare them for the Fall. We're pleased to have 13 students registered for Kindergarten next year. The students certainly enjoyed spending additional time learning outdoors this week. It really felt like Spring! Next week there are several field trips planned including Helliwell Park for the Grade 5-7 class, The Big House trip for Grade 4's and the Try-A-Trade event for Grade 7's. We're entering that busy time of year once again! Enjoy the weekend, everyone and Happy Mother's Day!

### Sentinels of Change Field Trip to Ford Cove Dock with Natural History Stewards

**Tuesday mornings starting April 23<sup>rd</sup> until late June**

**Students Group: 6 students (2 from each class) each Tuesday**

All students will have an opportunity to attend

**Families will be notified of which date(s) their child will be attending. Families are invited to attend on the day their child attends.**

**Supervision Adults:** 1 staff will attend each week along with students

**Destination:** Ford Cove Dock – Life jackets will be provided by Natural History Centre

**Community Partners:** The Hakai Institute manages the project. Hornby volunteer partners are Hornby Island Diving Ltd, Hornby Island Natural History Centre (HIES), Conservancy Hornby Island.

**Project Information:** The project will deploy and monitor a network of 25 plankton traps throughout the Salish Sea, and in Puget Sound. <https://sentinels.hakai.org> We are specifically looking at Dungeness crab larvae but will be looking at other species as well. This is the 3<sup>rd</sup> year of a 10 year study.

**Transportation: Volunteer Drivers from Natural History Centre. Drivers have completed the Volunteer Driver process as well as Criminal record check.**

### Big House Experience for Grade 4 Students

**Field Trip Dates:** Thursday, May 16<sup>th</sup>, 2024

**Students Group:** Grade 4 students only

**Teacher:** Casey Doss

**Destination:** Kumugwe Big House 3240 Comox Rd, Courtenay, BC V9N 3P8

**Project Information:** Grade 4 students in SD71 will have the amazing opportunity to witness Big House traditions with Keisha & Andy Everson and the Kumugwe Dancers.

## Try a trade for Grade 7 Students

Save the date: Thursday May 16<sup>th</sup>, 2024

Our school has the opportunity to attend the "Try a Trade" event in Courtenay at Sandwick Technical School. This event is for Grade 7 students only. There will be a consent form sent home with students on Monday, May 13<sup>th</sup>. Transportation on the bus from Hornby to Courtenay is currently being confirmed.

## Bike, Roll or Walk to School Wednesdays

Bike, Roll or Walk to School on Wednesdays are back! Bike to School Week is coming up on June 2024! Let's get outdoors and get moving :)

## Bike to School Week

Bike to School Week is coming up on June 3-6, 2024! Volunteers are needed to help with bike tune-ups, bike skills rodeo, bike parade and prize donations. Contact Amanda Zielinski [amanda.zielinsk@gmail.com](mailto:amanda.zielinsk@gmail.com) to volunteer. We encourage you to bike, walk or roll to school each Wednesday to get in shape for Bike to School week!

## Hot lunch update

Hot lunches on Thursdays are discontinued due to volunteer shortages. If you have ideas and time for fundraising, or can offer volunteer hours to help make it happen contact Britt Hanson [britt.hanson@sd71.bc.ca](mailto:britt.hanson@sd71.bc.ca)

## PARENT VOLUNTEERS NEEDED FOR:

**MONDAY MUFFINS** Contact Laila [lailabudd@gmail.com](mailto:lailabudd@gmail.com)

**HOT LUNCHES** (Wednesdays) Contact Braea or Britt  
[braeawalmsley@hotmail.com](mailto:braeawalmsley@hotmail.com) or [britt.hanson@sd71.bc.ca](mailto:britt.hanson@sd71.bc.ca)

## Next PAC Meeting

May 14<sup>th</sup>, 2024, at 3:45pm



## Child, Youth and Community School Programs

Contact: Jade Wilson, CYCSP Coordinator

[hies.childyouth@gmail.com](mailto:hies.childyouth@gmail.com)

Afterschool programs:

May 7, 14 - Basketball grades 5-7 3:35-4:45pm @ School gym

### IN PERSON EVENTS FOR PARENTS & CAREGIVERS IN COMOX VALLEY

Parenting When Anxiety Shows Up as Anger

Speaker: Karen Peters, Registered Clinical Counsellor

Join us to watch a 40-minute video with an expert speaker and to talk with other families about what helps. Hosted by Family Peer Support Workers.

Registration Required: [familysmart.ca/events](http://familysmart.ca/events)

Questions? [carolyn.mccarthy@familysmart.ca](mailto:carolyn.mccarthy@familysmart.ca) / 250-890-2391  
[familysmart.ca](http://familysmart.ca)

Wednesday, May 22

6:30 pm - 8:00 pm

Mark Isfeld Secondary (Multipurpose Room)

### **The Government of BC has established a new Mental Health Crisis and Suicide Prevention help line.**

The [9-8-8 Suicide Crisis Helpline](#) is a new service available 24/7/365 to help Canadians when they need it most. The service, accessible via call or text to 9-8-8, offers trauma-informed and culturally affirming support to anyone who is thinking of suicide or who is worried about someone they know. This service is also available in the “Take Action” section of the [erase Mental Health and Well-being web page](#).

Please check out this link for more information:

<https://blog.gov.bc.ca/ecc-dm-bulletin/article/suicide-crisis-helpline/>

**Please find any operational information on the  
Hornby Island Community School website**

<https://www.comoxvalleyschools.ca/hornby-island-community-school/>  
**or in the Student Handbook**