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| **Monday, May 20**  | **Tuesday, May 21** | **Wed., May 22** | **Thursday, May 23** |
| **Victoria Day****No School** | **Soup and Salad**Margot (Counsellor)Kate (LST)**Elder Barb Whyte****visit****Salad Pots****Sentinels of Change field trip 9am****(6 students each week)****12 – 1pm Kitchen for 3 Intermediate class volunteers****Miss Myles’ class to Pebble Beach** | **Hot Lunch**Sandy (SLP)Vanier students Raven Room**Bike to school**  | **Hot lunch is BACK****PIZZA!!** Anthea (FA)**Coding Quest Arcade field trip to** **Lake Trail** **Gr. 5 – 7 students****Pre-school** **Storytime****10:45am** |

**Judi’s Note to families...**

It certainly feels like Spring. The students have been enjoying taking the learning outdoors and have been getting loads of exercise this week. The swings are getting lots of use, frisbees are flying, and bubbles have been blowing! We were all excited to release most of the school butterflies on Monday and the last of them will be set free this afternoon. Thanks to Florette’s attention, the butterflies were well looked after and had an excellent survival rate. Thank you to Tatum for lending his drum kit to the band, Kutapira who performed at the school yesterday morning. Everyone enjoyed their music and the amazing sounds of the marimbas! Many students attended the District Track Meet yesterday, the Grade 5, 6, 7 class visited Helliwell Park on Tuesday, and today the Grade 4’s visited the Big House at Komoks First Nation and the Grade 7’s got to ‘Try a Trade’ in Courtenay. The coming weeks will be filled with many more exciting activities so please be sure to check your child’s planner and the newsletters for important information. Have a wonderful weekend!

**Salad Pots**

Please send any large plastic garden pots (11 x 10 inch) to school with your child on Tuesday (one per child will be helpful). Elder Barb Whyte will be planting Salad Pots with all the students.

**Sentinels of Change Field Trip to Ford Cove Dock with Natural History Stewards**

**Tuesday mornings starting April 23rd until late June**

**Students Group: 6 students (2 from each class) each Tuesday**

All students will have an opportunity to attend

**Families will be notified of which date(s) their child will be attending. Families are invited to attend on the day their child attends.**

**Supervision Adults:**  1 staff will attend each week along with students

**Destination:** Ford Cove Dock – Life jackets will be provided by Natural History Centre

**Community Partners:** The Hakai Institute manages the project. Hornby volunteer partners are Hornby Island Diving Ltd, Hornby Island Natural History Centre (HIES), Conservancy Hornby Island.

**Project Information:** The project will deploy and monitor a network of 25 plankton traps throughout the Salish Sea, and in Puget Sound. [https://sentinels.hakai.org](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsentinels.hakai.org%2F&data=05%7C02%7CCharmaine.Logan%40sd71.bc.ca%7C705f993079f148d12ee508dc58a05787%7C8a33c0abdc5a486195746c1f01277d1c%7C0%7C0%7C638482692904595741%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=MAMxoT1ptouWNS8JAOuRon6ob%2Bv0LJB7wMWNGW3tRNE%3D&reserved=0)  We are specifically looking at Dungeness crab larvae but will be looking at other species as well. This is the 3rd year of a 10 year study.

**Transportation: Volunteer Drivers from Natural History Centre. Drivers have completed the Volunteer Driver process as well as Criminal record check.**

**FIELD TRIP – Coding Quest - Grade 5 - 7 students**

**Date:** Thursday May 16, 2024

Please return consent forms on Tuesday, May 21

Our school has the opportunity to attend the Coding Quest Arcade event in Courtenay at Lake Trail Middle School on May 23, 2024

Judith Ayers, Teacher/Vice Principal and Shelley Ord will supervise the students while they attend the event.

**Travel Itinerary**

7:45am – Meet at Shingle Spit and load onto the bus

8:00am – Ferry to Denman Island

9am – Arrive on Vancouver Island

9:30 - Arrive at the Coding Quest event

1:15 - Leave Lake Trail School and travel to the ferry

2pm - ferry to Hornby

3pm – Arrive on Hornby

3:15pm - Arrival at Hornby School in time for regular dismissal

**Bike, Roll or Walk to School Wednesdays**

Bike, Roll or Walk to School on Wednesdays are back! Bike to School Week is coming up on June 2024! Let’s get outdoors and get moving :)

**Bike to School Week**

Bike to School Week is coming up on June 3-6, 2024! Volunteers are needed to help with bike tune-ups, bike skills rodeo, bike parade and prize donations. Contact Amanda Zielinski amanda.zielinsk@gmail.com to volunteer. We encourage you to bike, walk or roll to school each Wednesday to get in shape for Bike to School week!

**Hot lunch update**

Hot lunches on Thursdays are discontinued due to volunteer shortages.

If you have ideas and time for fundraising, or can offer volunteer hours to help make it happen contact Britt Hanson britt.hanson@sd71.bc.ca

**PARENT VOLUNTEERS NEEDED FOR:**

**MONDAY MUFFINS** Contact Laila lailabudd@gmail.com

**HOT** **LUNCHES** (Wednesdays) Contact Braea or Britt

braeawalmsley@hotmail.com or britt.hanson@sd71.bc.ca

**Next PAC Meeting**

**June 11th, 2024, at 3:45pm**



**Child, Youth and Community School Programs**

**Contact: Jade Wilson, CYCSP Coordinator**

**hies.childyouth@gmail.com**

Afterschool programs:

**May 7, 14 - Basketball grades 5-7 3:35-4:45pm @ School gym**

**IN PERSON EVENTS FOR PARENTS & CAREGIVERS IN COMOX VALLEY**

Parenting When Anxiety Shows Up as Anger
Speaker: Karen Peters, Registered Clinical Counsellor

Join us to watch a 40-minute video with an expert speaker and
to talk with other families about what helps. Hosted by Family
Peer Support Workers.
Registration Required: familysmart.ca/events
Questions? carolyn.mccarthy@familysmart.ca / 250-890-2391
familysmart.ca

Wednesday, May 22
6:30 pm - 8:00 pm
Mark Isfeld Secondary (Multipurpose Room

**The Government of BC has established a new Mental Health Crisis and Suicide Prevention help line.**

The [9-8-8 Suicide Crisis Helpline](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2F988.ca%2F&data=05%7C02%7CCharmaine.Logan%40sd71.bc.ca%7C1a95a2c894c5400521a308dbfa70894f%7C8a33c0abdc5a486195746c1f01277d1c%7C0%7C0%7C638379133487713932%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=uLBE9MruC0NcmjO6%2FBYGGPk5GQ8cU1j8im3Uk3%2BWX6A%3D&reserved=0) is a new service available 24/7/365 to help Canadians when they need it most. The service, accessible via call or text to 9-8-8, offers trauma-informed and culturally affirming support to anyone who is thinking of suicide or who is worried about someone they know. This service is also available in the “Take Action” section of the *erase* [Mental Health and Well-being web page](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww2.gov.bc.ca%2Fgov%2Fcontent%2Ferase%2Fmental-health&data=05%7C02%7CCharmaine.Logan%40sd71.bc.ca%7C1a95a2c894c5400521a308dbfa70894f%7C8a33c0abdc5a486195746c1f01277d1c%7C0%7C0%7C638379133487713932%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ybMjxlCdB9MUT%2BAmLfR84AyH0eArsWmP%2FZEwBtQfbjU%3D&reserved=0).

Please check out this link for more information:

[https://blog.gov.bc.ca/ecc-dm-bulletin/article/suicide-crisis-helpline/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fblog.gov.bc.ca%2Fecc-dm-bulletin%2Farticle%2Fsuicide-crisis-helpline%2F&data=05%7C02%7CCharmaine.Logan%40sd71.bc.ca%7C1a95a2c894c5400521a308dbfa70894f%7C8a33c0abdc5a486195746c1f01277d1c%7C0%7C0%7C638379133487713932%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=oCx3htNPCZI6OnYq2O24KgZcFgMtJgBsAjEdlYyWI04%3D&reserved=0)

**Please find any operational information on the**

**Hornby Island Community School website**

[**https://www.comoxvalleyschools.ca/hornby-island-community-school/**](https://www.comoxvalleyschools.ca/hornby-island-community-school/)

**or in the Student Handbook**