

Guiding Questions. The Journey of Jumping Mouse

1. What does the roaring sound mean to you?
2. Have you ever heard a “roaring sound”?
3. What happened when you heard this sound and told your friends, family?
4. Did you feel supported and understood?
5. What part of the story stands out for you?
6. Which of the creatures in the story stands out for you?
7. Have you had “helpers” in your life, who have listened to and supported you?
8. What does the advice of the Frog “crouch down very low and jump up very high” mean to you?
9. What or who does the Old Mouse represent to you?
10. Have you ever let go and gone “blindly” into a situation or experience that you felt was very important to you?