

What Makes You, You?

Lesson 3 - Exploring Personal and Cultural Heritage

Big Ideas:

Exploring stories and other texts help us understand ourselves and make connections to others and to the world.

Everyone has a unique story to share.

Through listening and speaking, we connect with others and share our world.

Curiosity and wonder lead us to new discoveries about ourselves and the world around us.

Curricular Competencies:

Use a variety of comprehension strategies before, during, and after reading, listening, or viewing to deepen understanding of text.

Apply a variety of thinking skills to gain meaning from texts.

Use writing and design processes to plan, develop, and create **texts** for a variety of purposes and audiences.



Learning Targets: I can write about foods that I love and foods that I loathe; foods that I am curious to try.

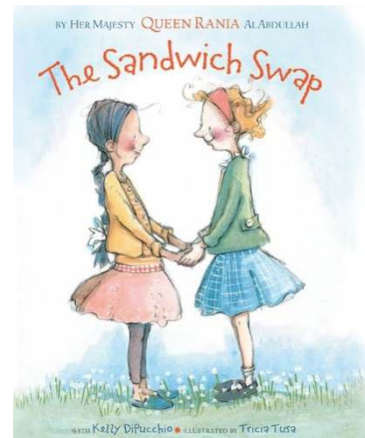
Co-constructing ideas: What are the characteristics of quality writing? What makes something fun to read? What is important to think about when you're writing?

Focus 1- writing with a brilliant beginning (a powerful lead) so the reader can't resist reading more!

Focus 2 - writing with vivid details (using descriptive words)!

Shared Read: *The Sandwich Swap* by Her Majesty Queen Rania of Jordan Al Abdullah

Before reading: Establish a purpose for listening/viewing. Based on the title and the cover, invite predictions about what students believe will happen in the story. (*This is a story about Lily and Salma who are best friends. They like doing all the same things, and they always eat lunch together. Lily eats peanut butter and Salma eats hummus-but what's that between friends? It turns out, a lot. Before they know it, a food fight breaks out. Can Lily and Salma put aside their differences? Or will a sandwich come between them?*)



Begin the lesson by having a discussion with the class about the vocabulary and vivid details students will encounter in the book.

Hummus: a thick paste or spread made from ground chickpeas and sesame seeds, olive oil, lemon, and garlic, made originally in the Middle East.

What Makes You, You?

Pita: flat, hollow bread that can be split open to hold a filling.

Delicious: great tasting.

A lovely animated cartoon of The Sandwich Swap (5:57) can be found here:

<https://www.youtube.com/watch?v=MvEr6FsVoBI>

During Reading: Talk about the story as it unfolds. Invite children to make connections, visualize, ask questions, and make inferences. *“What do you think will happen next?”*

After reading: Invite students to reflect on the story; to recall what happened between Lily and Salma

Why did Lila and Salma get into a fight? What is a better way to deal with a situation like this? Is it okay to be different from everyone else? Why? What would you do if you saw a friend eating something you have never tried?

Talking Circle / Co-constructing ideas: Students are invited to share using the frame “A food that I love to eat is _____.”; a food that I loathe is _____. A food that I’m curious to try is _____.”

Food that a person might love:	Food that a person might loathe:	Food that a person maybe hasn't tried before:
brussel sprouts		
liver		

OR, “I was absolutely sure I would not like _____ but once I tried it, it was _____!”

Performances of Understanding:

Set the task for independent writing: Can you think of a particular food that you LOVE and why you love it? Is it unique to your family? To your culture? Can you think of a food that you absolutely loathe, and why? Are there foods that you have never tried that you are curious to try? What are they?

Revisit our writing focus work:

Focus 1- writing with a brilliant beginning (a powerful lead) so the reader can't resist reading more!

Focus 2 - writing with vivid details (using descriptive words)!

Closure/Next Steps: Invite students to underline their brilliant beginning in one colour and their vivid details in another colour in their writing