

Elective Course Descriptions

2022 / 2023

Course Selection Information

Requires Courses

All students in grades 8 & 9 are required to take the following courses:

- Mathematics
- Science
- English Language Arts
- Social Studies
- Physical and Health Education (PHE)
- Career Education
- Languages (Grade 8 only)

Course Changes

Students will have an opportunity to change courses up until the end of the first week of Semester 1. Course changes will be limited by availability and not all requests will be accommodated.

It is very important to understand that course offerings are determined by the course selection process. Changes to your choices may not be possible once elective selection is complete. Some courses may not run due to low enrollment. Please make course selections that fit your educational plans and personal interest areas.

Our office staff are available to answer your questions.

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Course Request Sheets

Please see the individual course request sheets for more details and to begin your elective selection process. These sheets are available from your homeroom teacher or on the school website.

[Grade 8 Course Selection Sheet](#)

[Grade 9 Course Selection Sheet](#)

Languages

(All students in Grade 8 must take Languages 8)

Modern Languages 8+ (Full Year)

Learn the skills necessary for language acquisition and practice them while learning a language of your choice in a self-paced blended classroom environment. This past year students studied Spanish, French, Mandarin, and more. **All grade 8 students must take this course.**

Modern Languages 9+ (Single Semester)

Build on previously acquired skills while learning a language of your choice in a self-paced blended classroom environment. In this course, students will have the opportunity to complete not only grade 9 languages, but also work toward completing grade 10 languages as well. Language options include: French, Spanish, Italian, Japanese, German, Korean and more.

Applied Design, Skills and Technology (ADST)

(All students must select at least 1 choice from this category)

Board Games

This is a class where you students will learn and play a variety of board games that are both team and individual in scope. Students will learn game tactics and strategy to overcome various challenges presented. Games played will include Settlers of Catan, Pandemic, Chess, Quirkle, and more!

Business Education

Students will have the opportunity to build a business model that allows them to market and sell their creation. Components of this course include creating a business plan, understanding finances, and marketing a product.

Coding, Electronics and Computer Design

This is a hands-on course where students will design, build, and program their projects. Students will learn design software, develop construction skill, and explore programming and coding in the completion of a project.

Creative Collective

Creative Collective is an explorative and collaborative combination of Art, Media, Technology, Shop and Makerspace programs. It is entirely based on your interests and aptitudes and allows you access to a variety of different construction areas to make whatever you can design! Projects can be designed using Design, Stagecraft, Textile/Graphic Design, Sculpture, Woodwork, Metalwork, 3D printing, 3D modelling, Photography, Etching, Screen-printing, Web Design, Mechanics and Robotics. The only limit is your imagination!

Food Studies

Explore foods from the around the world as well as traditional meals and baking. Foods will explore desserts, breads, pastries as well as soups, sauces, pastas, salads, stir-fries. Dishes include sushi, spaghetti, muffins, cookies, chicken noodle soup, pizza, curry, and many more.

Makerspace

Discover, create, and make. Makerspace allows students with shared interests in “Making” to gather and work creatively on projects while sharing ideas, equipment, and knowledge. Explore 3D printing, learn design skills, and pursue your interests.

Robotics

Explore technology that deals with design, construction, operation, and applications of robots. Robots are becoming a major part of today’s world. Learn how to design and build a robot for the purpose of completing a task or design challenge.

Woodworking

This course is a hands-on introduction to the woodworking process with an emphasis on learning through doing. Gain practical skills, learn design, and develop problem solving ability. This course will cover safe use of tools and machinery, for the purpose of creating projects.

Arts Education

(All students must select at least 1 choice from this category)

Art

Art is a student driven class where individuals focus on developing and discovering their own creativity and self-expression. Classes will explore new concepts and methods, conceptualize new designs and produce work inspired by their own imaginations. Students will use a variety of media to create projects using color theory, 3D design, 3D modelling, drawing, painting, sculpture, and collage.

Creative Collective

Creative Collective is an explorative and collaborative combination of the Art, Media, Technology, Shop and Makerspace programs. It is entirely based on your interests and aptitudes and allows you access to a variety of different construction areas to make whatever you can design! Projects can be designed using: Costume Design, Stagecraft, Textile/Graphic Design, Sculpture, Woodwork, Metalwork, 3D printing, 3D modelling, Architecture, Photography, Etching, Screen-printing, Web Design, Mechanics and Robotics. The only limit is your imagination!

Creative Writing

In Creative Writing, students cultivate their creative thinking and communication skills while writing. In this course, students follow their writing interests and passions. Opportunities to write in a variety of genres encourage students to experiment with new ideas, concepts and processes in their writing. Students will create and manage their own portfolios.

Digital Media

Students will learn the basics of the design process, storytelling and animation. They will focus on learning Adobe Photoshop, Adobe Illustrator, Adobe Premier while producing individually designed comics, stop motion animations, and building their own intellectual properties.

Drama

Learn basic performance techniques and have the option of exploring dramatic theory through silent films, infomercials, improvised comedy, movement to music, mask work, full length plays, and scene work. The skills learned in this class will help students with self-confidence, communication, expression, collaboration, and creativity. Students are encouraged to come with enthusiasm, but no previous drama related experience is necessary.

Film Studies

Learn by studying different films and their directors. Watch the films in class and then learn the different techniques employed within. Develop and share opinions of the movies watched in class and enrich your understanding of film through the study of the social, cultural, historical, and/or political contexts that influence their meaning and interpretation.

Music

Students will discover and explore introductory concepts used in music. No prior musical experience is needed, however having training on an instrument or voice is helpful. Students will create music using a variety of instruments.

Photography

Advanced photo methods will be taught and encouraged (proper lighting, macro, etc.). Photos will be uploaded to a shared space where their peers can critique them. Students can use personal cameras or will have access to school cameras.

Physical and Health Education (PHE)

(All students must select at least 1 choice from this category)

Athletics

Athletics is designed to teach students the skills needed to participate in competition sports such as volleyball, soccer, cross country, and basketball. Students learn team sports and sportsmanship skills.

Personal Fitness

Learn the fundamentals of fitness, set a program for yourself, and then follow your program to achieve personal goals surrounding health, wellness, strength, flexibility, agility, and endurance.

Recreation

This course focuses on supporting students to be active, while connecting with others and learning about nutrition, goal setting, and social/emotional supports. Activities include walking, open gym, fitness room, disc golf, and yoga. Students are given voice and choice for class activities.

Other Electives

Boys Group (for male identifying students)

Boys group is a supportive group that encourages community and a sense of belonging. Connected to the provincial Boys Club Network <http://www.boysclubnetwork.com/> students find positive opportunities and mentorship within the course. Students will volunteer inside and outside of the school, enjoy a variety of activities, and spend time bonding with each other.

Girls Group (for female identifying students)

Girls group is a supportive group that encourages a sense of belonging, helps students find their voice, learn about safe relationships and healthy lifestyles, and create connectedness with the school and peers. Student volunteer at soup kitchen, do fundraisers for community organizations, enjoy a variety of activities, and spend time bonding with each other.

Leadership

This course is designed to introduce students to the idea of becoming a leader right here in our own school community. Study current trends in leadership as well as learn how to work

together as a team to design projects. This course allows students to develop skills needed to plan, organize, and run a special event of their own. Due to the nature of this course, students must be flexible and committed to informally volunteer time outside regular class time to ensure events happen according to deadlines.

Outdoor Education

Learn about shelter making, fire making, fishing, wild plant identification, orienteering, hiking, canoeing and more. Student should be comfortable exploring the outdoors in a variety of weather conditions.

Peer Tutoring

Peer tutoring is a class where you work with younger students in their classroom, one-on-one, or in small groups. You can work with teachers that you know, or we can find you a 'good fit' so that you can build your leadership skills and confidence while sharing your knowledge. Our Lake Trail peer tutors are an important part of our grade 6 and 7 classes that are in high demand. If you are someone that could see yourself as a role model for younger students, this course is for you!!

Sports Leadership

This course is designed for students that want to compete on the sports teams offered at Lake Trail. It should be taken as well as another P.E elective. We will focus on becoming strong leaders, developing our communication and collaboration skills, the importance of sportsmanship, and having a positive attitude. A variety of team sports will be offered, that generally align with the competitive sports that are currently being played against other schools in the district. Students will also assist in organizing afterschool sports, tournaments, and teacher vs. student events.