

Youth Tips: Know Your Rights & Responsibilities

- Think before you click or share.
- Never feel pressured to share images.
- Report inappropriate behaviour online.
- Be kind – digital words have real-world consequences.

Need Help or Support?

NeedHelpNow.ca

- Help if a sexual image has been shared.

EraseBullying.ca

- Anonymous B.C. reporting tools.

Kids Help Phone

- 1-800-668-6868 or text CONNECT to 686868.

RCMP

- For criminal activity online.

DON'T WAIT UNTIL IT'S TOO LATE

Let's work together to build a safer digital world for our kids.

LAKE TRAIL COMMUNITY SCHOOL SUPPORTS:

250-334-3168

Jessica Kerekes Rinn

School Counsellor

STAY SAFE ONLINE:

Cyber Issues Facing Youth in British Columbia

FOR PARENTS: WHAT YOU NEED TO KNOW BEFORE YOUR CHILD GOES ONLINE

Before Allowing Social Media Accounts:

Age Matters:

- Most platforms (e.g., Instagram, TikTok, Snapchat) require users to be 13+.

Understand the App:

- Learn how the platform works, its privacy settings, and risks.

Set Rules:

- Define screen time limits, friend approval, and account privacy settings.

Monitor Activity:

- Regularly check who they're chatting with and what they're posting.

Model Good Behaviour:

- Kids mimic adults—use tech responsibly and respectfully.

Parental Control Tools:

Use filters, time limits, and activity reports via:

- Apple Screen Time
- Google Family Link
- Router-level parental controls

Keep the Conversation Open:

- Create a safe space to talk about online experiences.
- Encourage reporting of anything that feels wrong or unsafe.
- Remind them: **Nothing online is ever truly private.**



COMMON CYBER ISSUES:

CYBERBULLYING

Using phones or social media to harass or intimidate.

SEXTING

Sending or receiving sexual messages or images.

ONLINE PREDATORS

Adults and other youth targeting young people through manipulation or deception.

PRIVACY BREACHES

Sharing personal information, passwords, or photos unsafely.

ACCOUNT HACKING & IMPERSONATION

Stealing or faking identities online.

BC LAWS YOU SHOULD KNOW:

CYBERBULLYING:

- May be prosecuted under Criminal Harassment (Criminal Code s. 264).

SHARING INTIMATE IMAGES WITHOUT CONSENT:

- Illegal under Bill C-13 (Protecting Canadians from Online Crime Act).

ONLINE THREATS OR HARASSMENT:

- Can result in criminal charges and court orders.

YOUTH CRIMINAL JUSTICE ACT (YCJA):

- Youth aged 12-17 can be held legally responsible, but with emphasis on rehabilitation.