

FOR COMOX VALLEY  
FAMILIES

# Connect & Learn

IN PERSON EVENTS FOR PARENTS & CAREGIVERS  
IN COMOX VALLEY

## Parenting When Anxiety Shows Up as Anger

Speaker: Karen Peters, Registered Clinical Counsellor

Wednesday, May 22

6:30 pm - 8:00 pm

Mark Isfeld Secondary (Multipurpose Room)

Join us to watch a 40-minute video with an expert speaker and to talk with other families about what helps. Hosted by Family Peer Support Workers.

Registration Required: [familysmart.ca/events](https://familysmart.ca/events)

Questions? [carolyn.mccarthy@familysmart.ca](mailto:carolyn.mccarthy@familysmart.ca) / 250-890-2391

