

ONLINE EVENT

Circle of Security Parenting Program for Parents and Caregivers

For families whose kids are starting Kindergarten in the Fall of 2025 .

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child is really asking from you.

The Circle of Security Parenting® program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Using the Circle of Security Parenting™ Model, this program helps families to:

- Understand your child's emotional world by learning to read emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure



DATE: Weekly on Thursdays between Feb 27 - April 10 (7 weeks)

TIME: 11:30am - 1:00pm

LOCATION: Online via Zoom

REGISTRATION DEADLINE:
February 14, 2025*

** Free, and registration is required.*

FACILITATOR: Carolyn McCarthy, COSP Facilitator and Family Peer Support Worker, ICY Comox

QUESTIONS: carolyn.mccarthy@familysmart.ca or call: 250-890-2391

FOR MORE
INFORMATION OR TO
REGISTER, SCAN THE
QR CODE.



With gratitude, FamilySmart would like to acknowledge that this event is being offered by the Integrated Child & Youth Team in the Comox Valley