

March

MARK ISFELD ANNOUNCEMENTS

Mar 13, 2025 TODAY'S BLOCKS: Day 4 HGFE This Friday's schedule: Day 4 HGFE Flex

NEW!

For important but "previously run" current events and reminders, be sure to check the re-runs and items below:

Gr 11/12 Vaccination clinic – last chance today for Gr 11s & 12s to drop in and get any vaccinations that you have missed (HPV included). The nurse will have a record of your vaccinations if you are unsure. MPR at lunch.

NIC FAIR – reminder that NIC fest is happening today between 12:30 – 2:30 pm for Gr 10-12s.

All students – please be sure to empty your lockers before Friday for Spring Break. Especially any food or clothing that may be smelly.

Hey Isfeld Ballers... SPRING HOOPS is here! Sign up outside PE office. 5v5, co ed, grade 10-12 morning basketball league, teams will be drafted and games will start after Spring Break. Tuesday and Thursday morning from 745-830. Sign up DEADLINE Friday March 14. \$10 to PE office to confirm registration and includes a t shirt.

Interact Club – meeting today in Room 510 at lunch.

Jnr Girls Soccer – please come to Room 304 at lunch to pick up forms.

All One for one exchange participants hosting the arriving students from France, please come see Ms Mulrooney in room 403 at 12:00 today for a brief meeting.

Track and Field Information meeting at Lunch in the Gym. If you are in anyway interested in doing track and field this spring, please come to this meeting. This is great opportunity for all levels of athletes to learn about the sport or to continue developing your skills and fitness.

Queer and Allies Club (QAC) – (another new location) meeting today at lunch in Room 300. New members always welcome.

Boys Rugby – practice today after school on the lower Isfeld field.

Gr 10-12 Handball Intramurals - there is grade 10-12 handball intramurals today at lunch.

Choir - soprano's and basses only for choir today.

3 vs 3 Basketball Intramurals - today is the last day to sign up for 3 vs. 3 basketball Intramurals. Sign up outside of the PE office. Teams and schedule will be posted tomorrow with games starting after Spring Break on Tuesday, April 1st.

Snow to Surf adventure relay race – grab some friends and put a team together. Here's your chance to ski, run, bike, kayak, or canoe. Happening on April 27, go to snowtosurf.com for more info or to register. Only 25 teams can register so get yours together quick. Junior category (age 14-19) will have their race cost refunded if you complete the race!

Winners of the Kahoot this week are:

OVERALL WINNERS (based on % score in the Kahoot reports over all 3 days)

1st place: TA 45 (Jones) 2nd place: TA 24 (Mather) 3rd place: TA 7 (Storey)

honourable mentions.... (all tied for 4th: TA 18(Floucault), TA 37(Keys), TA 12(Graham)

Enjoy your treats!

MEETINGS AND PRACTICES TODAY

| TIME | GROUP/ACTIVITY/EVENT | PLACE | REASON |
|--------------|----------------------|-------------|-----------|
| Lunch | Interact Club | Room 510 | Meeting |
| 3:15-4:30 | Choir | Music Rm | Rehearsal |
| After school | Boys Rugby | Lower field | Practice |

| Lunch | Queer and Allies Club (QAC) | Room 300 | Meeting |
|------------|-------------------------------|----------|---------------|
| Lunch | Gr 11/12 Vaccination clinic | MPR | Drop In |
| 12:30-2:30 | NIC Fest @ NIC | NIC | Open house |
| Lunch | Track & Field | Gym | Meeting |
| Lunch | Jnr Girls Soccer | Room 304 | Forms pick up |
| 12:00 | One for one exchange students | Room 403 | Meeting |

RE-RUNS

Calling all Track and Field Athletes! Our Spring Track and Field season is about to start. Please check in with Mr, Hagel if you are interested in participating and want to sign up. More info to follow.

Gr 9/10 girls basketball – please return your uniforms asap to Room 205.

UBC Technology courses – want to explore a career in technology? UBC is offering pre-university technology courses online or on campus designed to give students a head start in some of today's fastest growing technology fields. Go <u>here</u> for more information.

UBC Summer Science Program for Indigenous students – UBC is hosting a 1 week cultural, health and science program in the Fall for Gr 9-12 students. It's a great opportunity for youth to meet their peers and connect with Elders and Indigenous student staff. Students stay in first year dorms and participate in cultural and health/STEM-related workshops throughout the week. <u>Visit here for more information</u> (link is live on our website announcements section).

NIC Fest - NIC Fest is an annual fun community event with aims to showcase North Island College's programs and services. From 2-5pm there will be drop-in tours of the campus, open classrooms, interactive sessions, giveaways, an info fair, and more. Dates for the 3 campuses are: Port Alberni March 5, Campbell River March 11, and **Comox Valley March 13th**.

NIC Parent and Supporter Information Night: Join us on campus for a session designed for those supporting high school students in planning their post-secondary education and training. You'll learn about NIC programs, University transfer pathways, financial aid and awards, student housing and more. **March 13** at 5:30-7pm at the Stan Hagen Theatre at NIC Comox. Registration is not required but arrive early to secure your seat. For questions or more information email futurestudents@nic.bc.ca . Looking forward to seeing you on campus!

For grade 8s only— are you interested in logic and problem solving, or just math in general? Every year, the University of Waterloo organizes internationally recognized math contests. If you would like to write the contest this year or would just like more information, please sign up with Mr. Nelson in room 303 before **Friday**, **April 5**th.

CAREER CENTRE/ WORK EXPERIENCE/VOLUNTEERING

Looking for youth basketball coaches to coach grade 4/5 students. Come talk to Mr. Tobacca this week if you would like to help out.

Want a summer job at Crown Isle? – Various positions for aged 16 year and over, no experience necessary. For more info e-mail John Landry <u>jlandry@crownisle.ca</u>.

Courtenay Gem and Mineral Club Show is looking for volunteers. Jobs include helping with carnival games, kids zone and collecting entry tickets. The event takes place on **Apr 5 & 6** from 9:30-4:30 both days at the Curling rink. Text Lori at 250-650-7069 for more info.

Healthcare field opportunity - the Step Up Youth Program is an Island-wide program that offers Vancouver Island youth aged 15 to 18 the opportunity to volunteer at select Island Health hospitals and long-term care homes. From September to April each year, Step Up Youth volunteers provide social engagement support to patients and residents during after-school shifts at local healthcare facilities. The program introduces and promotes Island Health's C.A.R.E. values and fosters responsibility, compassion, and leadership development. Volunteers enrich the experience of patients and residents through the gift of time, empathy, and companionship. Volunteers also participate in a virtual monthly Guest Speaker series and are eligible to apply for Scholarships and Bursaries offered by Island Health. Applications are open until May 15. Visit www.islandhealth.ca/stepupyouth or email stepupyouth@islandhealth.ca/stepupyouth or email stepupyouth@islandhealth.ca/stepupyouth or email stepupyouth@islandhealth.ca/stepupyouth or email stepupyouth@islandhealth.ca/stepupyouth or

Interested in becoming an RMT (Registered Massage Therapist)? – There will be a Zoom info session run by the Okanagan Valley College of Massage Therapy on **April 2** 10:45-noon. Check out the info poster on the board outside the Careers office.

How about a career in the Mineral Resource Industry? – If you have a passion for the Earth, technology or the outdoors, mining might be for you. Online info session on **April 10** from 9:20-10:35. More info on the Careers office board.

Students wanting to take EMR (Emergency Medical Responder) course next year, please come to the Careers office for the registration form.

Volunteers are needed for restoration and research activities with Project Watershed. If you are interested in volunteering with us, please fill out the volunteer form below or contact us at info@projectwatershed.ca. projectwatershed.ca.

BURSARIES/SCHOLARSHIPS

GRADS

Grads! We are missing 168 Grad quotes. You can help find the missing grad quotes by submitting yours! Deadline is Friday March 14. Send to IsfeldGradComment@sd71.bc.ca or to Iarry.green@sd71.bc.ca.

Any Grads interested in winning a 10 Punch Pass to the Academy of Martial Arts in Courtenay for any of their classes (Jiu-Jitsu, Kickboxing, martial arts, wrestling), please come to the office by Friday to enter your name in the draw. You have a really good chance of winning!

The Grad Attire program welcomes all Gr 12 students in Comox Valley Schools to have the opportunity to wear a gown or suit on graduation day without the financial burden of purchasing a brand-new outfit for their milestone event. The Grad Attire program will operate out of Comox Valley Dodge at 278 North Island Highway (Old Canadian Tire building) on the following Saturdays from 10:00am-3:00pm: Apr 12th and May 10th. You can book a fitting appt using the following https://www.comoxvalleyschools.ca/grad-attire-program/