



October

MARK ISFELD ANNOUNCEMENTS

Oct 1, 2026

TODAY’S BLOCKS: Day 4 HGFE

This Friday’s schedule: Day 3 BADC Flex

NEW!

For important but “previously run” current events and reminders, be sure to check the re-runs and items below:

Student Advisory council – if you are interested in being a Grade rep for Student Advisory, please complete the form that was e-mailed to you by 5pm today.

Isfeld Illusionist club is having its first meeting of the year in room 106. This week's focus is on breaking the 100% probability barrier. New members are always welcome.

Café Franco - Friday, October 2nd at lunch will be the first CAFÉ FRANCO of the year. It will be hosted by our marvelous Cynthia! All immersion students are welcome to room 101 for a fun teacher trivia. Complete the quiz and earn yourself a delicious prize!

Snr Music students – trip deposit is due by tomorrow.

Model UN meeting at lunch Friday in room 404 for grade 8 &9s.

Improv - just a reminder there will be an Improv rehearsal today at lunch for everyone on the stage.

Interact - meeting today at lunch in room 506. If you want to learn more about the Backpack project, or play some fun games, come to the meeting. Everyone welcome.

QAC – The Queers & Allies Club is meeting today (and every Thursday) at lunch in Portable 3. Everyone is welcome, feel free to bring a friend!

This Sunday, October 4th, Highland is hosting an afternoon of volleyball. At 1pm the Highland senior boys and girls teams will be playing the Isfeld senior boys and girls teams. Then, at 3pm, the Camosun College Chargers men's volleyball team will face the Vancouver Island University Mariners men's team in a best of 5 match. There will be a concession and \$5.00 entry fee. Come out to check out the action, it’s going to be a great day of volleyball!

The Terry Fox run is tomorrow! – come dressed to run. There will be a BBQ hot dog/chips/drink combo for sale for \$5 at lunch afterwards with all proceeds going towards the Terry Fox Foundation. If you haven’t donated towards your TA total to win a pizza lunch, go [here](#). So far Isfeld has raised an incredible \$5100! Grade 12s get your \$50 in to join the spirit squad tomorrow.

Today is the last day for the Terry Fox teacher-fundraiser at lunch, donate to the teacher duo you want to see perform tomorrow. Please vote on which song you want to see performed by scanning the QR Code during TA or in the office window.

Starting next week: WELLNESS WEDNESDAYS - Need a break from the busy school day? Join us for Wellness Wednesdays and take 20 minutes to slow down, recharge, and focus on your well-being.

Relax with calming music, Stretch or try some gentle yoga, Enjoy peaceful images and a quiet atmosphere, Take a moment to breathe and reset.

Open to all students and staff!



When: Every Wednesday



12:10-12:30 p.m.



Where: MPR



Bring: A yoga mat if you'd like (optional)

No experience needed. Drop in for a few minutes or stay for the whole session. Pause. Breathe. Reset.

Recharge. Your well-being matters. See you on Wednesday!

SPORTS! (Check below section for regularly occurring practices)

Volleyball Intramurals - Grade 8 volleyball Intramurals is today at lunch, with games starting at 12:00 in the gym.

REGULARLY OCCURRING EVENTS

MONDAY

Snr Girls Volleyball practice 5:15-7pm @ Gym
Jnr Girls Volleyball 5:15-7pm @ Gym
Gr 9 Girls Volleyball practice 7-8:30pm @ Gym
Gr 8 Girls Volleyball 3:15 @ Gym
Gr 8 Boys Volleyball 3:15-5pm @ Gym
Cross Country practice 3:15 Gym lobby
Choir practice at lunch in Rm 511

TUESDAY

Snr Boys Volleyball practice 7-8:45am Gym
Gr 10 Boys Volleyball practice 5:15-7pm Gym
Gr 9 Boys Volleyball practice 5:15-7pm

WEDNESDAY

Snr Girls Volleyball practice 5:15-7pm Gym
Snr Boys Volleyball practice 7-9 Gym
Gr 10 Boys Volleyball practice 7-9pm Gym
Gr 9 Boys Volleyball practice 5:15-7pm Gym
Gr 8 Girls Volleyball 7:15am @ Gym
Gr 8 Boys Volleyball 3:15-5pm @ Gym
Cross Country practice 3:15 Gym lobby
Garden club Lunch Rm 401
Leadership club Lunch Rm 101
Wellness Wednesdays Lunch @ MPR
Tasty Tuesday Lunch @ front foyer

THURSDAY

Snr Boys Volleyball practice 7-9pm Gym
Jnr Girls Volleyball 5:15-7pm @ Gym
Gr 9 Girls Volleyball practice 5:15-7pm @ Gym
Gr 8 Girls Volleyball 7:15am @ Gym
Interact lunch @ Rm 506
Choir practice 3:15-4:30 Rm 511
QAC lunch @Port 3

FRIDAY

Cross Country practice 7:30AM @ Gym lobby
Choir practice 8am Rm 511

RERUNS

On Sunday, Oct 4, there is a special volleyball event at Highland Secondary. At 1:00 the Isfeld Sr Girls will play Highland and the Sr Boys compete too, but the big event is college volleyball in the Comox Valley!! **Camosun Men's Chargers will play VIU Men's Mariners at 3:00.** Cost is \$5, a fundraiser for the high school teams.

BC's Youth Racial Equity Micro-Grants are available for students 16 years and older. Apply for up to \$1000 in project funding to turn an anti racism idea into action. It could be a TikTok, Instagram, YouTube, podcast, poster, artwork, event or something else. Funding will help cover eligible project costs such as materials, digital content creation, workshops etc. Applications are open now until **Oct 30, 2026**. Go [here](#) to find out more or apply.

Isfeld spirit wear clothing – do you want an Isfeld tshirt, hoodie, sweatpants or long sleeve shirt? The Isfeld online clothing store is open until **Oct 1**. There are various styles and colours to choose from. Go [here](#) to order.

CAREER CENTRE/WORK EXPERIENCE/VOLUNTEERING

Are You interested in History? The Comox Museum is looking for volunteers to assist in various aspects of their organization. Great way to get your 30hrs. Come to the careers department for more information.

Volunteer Opportunity - The Views is currently looking for volunteers to help at their facility. If you are interested in the health care field and want to give back, and need volunteer hours, this is a great way to do so. Come to the careers office for an application. Deadline to apply is **Oct 5**.

Summer Work Experience – please return your completed **Summer WEX** courses as soon as possible to the Work Experience office.

Dual Credit Trades program - any grade 11 students wanting to enter the Dual Credit Trades program at NIC next year, please come to the Careers Office. Deadline for applications is **Oct 1, 2026**.

BURSARIES/SCHOLARSHIPS (check *Grad/Bursary & Scholarship* tab on our website)

RBC Ignite Scholarship – Apply by October 1! Are you 16–20 years old and looking to gain skills, certifications, or training for your future career? The RBC Ignite Scholarship is offering up to 500 scholarships annually, valued at up to \$1,500 each, to help youth access job-ready training and skill-building opportunities. Eligible programs may include:

- First Aid/CPR, Food Safe, Lifeguarding, and other job certifications
- Coding, graphic design, public speaking, and other skills courses
- Trades, technical training, culinary arts, automotive, IT, and more

Application Deadline: **October 1, 2026**. Funding may be awarded before the deadline, so apply as soon as possible. See your school scholarship page for more information and application details.

LORAN Award (Grade 12s) - Applications are now being accepted from now until **Thursday, October 15th, 2026**, at 9am. Allocating more than \$500,000.00 The Loran Award supports promising young Canadians who show strength of character and a commitment to service in their communities, challenging them to fully realize their leadership potential. Please see the Counsellors for more information about eligibility and how to apply and/or visit loranscholar.ca/becoming-a-scholar. Interested applicants can also register for a student webinar to learn more about the Loran Award and hear from Loran alumni firsthand **Wed Sept 30** at 3pm.

GRAD

Grade 11 & 12 students! Post Secondary Night - is **TUESDAY Sept 29th** from 6:30 - 8:30! Thinking about your plans after high school? You are invited to an informative evening connecting with representatives from VIU, UVIC, UBC, NIC, RRU, and more! Students and Parents/Guardians welcome. [Register here!](#)

John Horgan Campus Discovery Day - Students and families are invited to attend John Horgan Campus Discovery Day on **Saturday, October 3, from 11:00am-2:00pm** at the John Horgan Campus in Victoria. This free event brings together representatives from **BCIT, Camosun College, Royal Roads University, and the University of Victoria** in one location. Attendees will be able to:

- Explore post-secondary programs and pathways.
- Attend information sessions from each institution.
- Learn about admissions, student supports, and next steps.
- Ask questions directly to representatives from all four schools.

The event is open to students, families, educators, counsellors, and community members. **Registration is available here.** [Here's the link.](#)