

Hello Miracle Beach Families,

This was another great week, full of fun and learning at school!

Today we had our Terry Fox run and Hotdog Lunch (pictures below). It was so good to see who all of the students were running for and to hear their personal connection to why we raise money for cancer research. So far, we have raise \$1500. Our goal is to reach over \$2000. **We will still be collecting donations on Monday and Tuesday next week.** As an added incentive the class that raises the most money for cancer research will receive a pizza party. It is currently Ms. Cadden's class that is in the lead. As an added incentive, we put it out to students that if we raise over \$1000 I would dress up in a costume for the day (looks like I am going to be dressing up for the day, since we beat that total already). If we raise over \$1500, students get to tape me to a wall. I am surprised at how excited students are for this one. If you don't see me outside on that day you will know I am just hanging around (sorry bad joke). If we raise over \$2000 student will get an extra recess on a Friday afternoon. Thank you to all of the families who have supported this. I look forward to seeing what our final total is next week.

I would like to express a huge thank you to Discovery Foods who provided our hotdogs and buns for today's hotdog lunch. They also contributed a donation to our fundraising effort. Their support is very appreciated. Also, a huge thank you to the parent volunteers who prepared the hotdogs. I witnessed firsthand how much fun cutting 400 hotdog buns could be. Please know you are appreciated, and we could not have fun events like this without your support.

I mentioned this last week, but thought it was worth a second mention. We are working on having past Miracle Beach (current GP Vanier) students volunteer with the school on flex days. So far, we have 4 students that will be joining us on October 5<sup>th</sup> for their first flex day. If you know a Vanier student that is interested in volunteering at Miracle Beach on flex days, please have them see Mr. Mckillican at Vanier and connect with me by email. This is a great opportunity to collect volunteer hours towards graduation.

We have our first PAC meeting of the year coming up on October 5<sup>th</sup>. If you are interested in getting involved with your child's school, please consider coming to a PAC meeting. See below for more information.

As a reminder, in keeping with district policy around environmental stewardship we no longer have disposable cups in the office. We strongly encourage all students to come to school each day with a water bottle.

Please see below for information on our first Hot Lunch of the year coming up on October 7<sup>th</sup>.

We look forward to another busy and fun week. Please be sure to check out the week at a glance (WAG) for upcoming events.

## Miracle Beach Elementary School Week-at-a-Glance September 19<sup>th</sup> to September 30<sup>th</sup>

Monday, Sept 26	Tuesday, Sept 27	Wednesday, Sept 28	Thursday, Sept 29	Friday, Sept 30
Engage in an act of Reconciliation  Fruit/ Vegetable Delivery – Mini Cucumbers	Engage in an act of Reconciliation  Seventh Generation Club	Engage in an act of Reconciliation  10:10 – Tour de Rock Riders Arrive  Noon - Choir	Orange Shirt Day  Reconciliation Walk – Smoked Salmon	No School - <a href="#">National Day for Truth and Reconciliation</a>
Monday, October 3	Tuesday, October 4	Wednesday, October 5	Thursday, October 6	Friday, October 7
	Photo Day  Seventh Generation Club	GP. Vanier Peer Mentors  Noon - Choir  6:30 PAC Meeting	Grade 7 Try-A-Trade	Hot Lunch  Noon - Tone Chimes

**Upcoming dates to note:**

- **October 10 – Thanksgiving (No School)**

### Pictures from Terry Fox Run



Miracle Beach Cares



Our Primary Runners



Our Intermediate Runners

## Hot Lunch

The first hot lunch menu of the year is ready for online ordering. Every family will need to create a new account for this school year. Orders can be placed here: [mbpac.hotlunches.net](http://mbpac.hotlunches.net)

For those of you who are new to the school, the Miracle Beach PAC does a weekly hot lunch program every Friday. All orders and accounts are done online. There is an ordering timeframe (see below) as to when online orders may be placed. All orders must be placed before the cut-off date, for all hot lunch days in this menu set.

This menu set, *Fall 1 - 2022 - Hot Lunch*, includes hot lunch every Friday from October 7th until November 18th. ***Ordering for this menu set will start today, and is open until Monday, October 3rd at noon. Late orders will not be accepted so please place your order before this date.***

A couple of things to note:

Payment methods that will be accepted this year are: Paypal or E-transfer only. ***No cash or cheques please!***

If paying by E-transfer, please send the money to: [miraclebeachpac@gmail.com](mailto:miraclebeachpac@gmail.com) ***Please make sure to note your child's name in the comments section, or we will have no record of payment for that child's order.*** If paying by paypal, you can pay through your paypal account, or as a guest. ***Please note: the school email address is very similar - please do not send to the school email address!!***

The following hot lunches will be available this year: hot dogs, Panago pizza, Pita Pit, quesadillas, sushi, lo mein and Butchers Block (spanakopita, samosas and sausage rolls -only 60 sausage rolls are available on a first come first serve basis) with most days having vegetarian options. Extra options include milk, juice, and cookies.

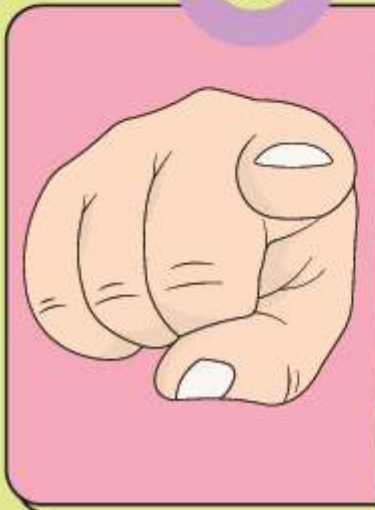
All proceeds go towards the Miracle Beach PAC, which supports the school and kids activities. Thanks so much for supporting this fundraiser.

# PARENTS ADVISORY COUNCIL

## PAC? WHAT IS PAC?

### PAC STANDS FOR PARENTS ADVISORY COUNCIL

PAC is here to bring together parents/legal guardians, teachers/staff, community members and Administration, to inform one another about what is happening in and around the school. PAC supports the students, by enhancing extracurricular opportunities and encouraging parent and community involvement..



## WHO IS PAC?

PAC is YOU!! All parents/Legal Guardians are already members of PAC.

Each year an executive is elected, to ensure communication, advocacy, funds collected by fundraisers are following the Bylaws and completed in an accountable manner.



## WHO IS YOUR PAC EXECUTIVE FOR 2022/2023

Chairperson - Joanne Barr  
Vice Chairperson - Jodi Schneider  
Secretary - Valerie Gregor  
Treasurer - Cassandra Tomlinson  
Fundraising Coordinator - Kelly Hemingway  
DPAC Representative - Jen Storey  
Hot Lunch - Wendy Jorgensen and Joanne Barr



## WHAT AND WHEN


MIRACLE BEACH PAC MEETS THE FIRST WEDNESDAY OF EVERY MONTH AT 630PM

We host Mr. Darnel and a School District Trustee at every meeting. At meetings we learn about what is happening in and around the school, discuss concerns, plan fundraisers, ask questions, discuss ways to improve our school and learning environment.

## QUESTIONS ?

**PLEASE REACH OUT TO ANY PAC EXECUTIVE MEMBER, EMAIL [MIRACLEBEACHPAC@GMAIL.COM](mailto:MIRACLEBEACHPAC@GMAIL.COM), ASK MR DARNEL, VISIT OUR FACEBOOK PAGE**

Other Information




# SCHOOL SAFETY DURING AN EMERGENCY OR CRISIS: WHAT PARENTS NEED TO KNOW

Information session October 5 at 7 pm

GP Vanier Secondary Auditorium

**Presenters**  
Paul Berry, Emergency Management Educator and Response Specialist  
Jay Dixon, Director of Instruction (SD 71)  
Craig Sorochan, Manager of Communications (SD 71)  
Corporal Torri Cliffe, RCMP  
Constable Monika Terragni, RCMP

**Learn about SD 71's school emergency program**  
How do schools prepare for emergencies in SD 71?  
What should parents/guardians do during emergencies?  
How are emergencies at schools communicated to parents?



**Comox Valley Schools**  
A Community of Learners  
INNOVATIVE • INQUISITIVE • INCLUSIVE

The poster has a dark blue background with a white schoolhouse icon in a circle on the left and a grid of white dots on the right. The text is in white and yellow.

# SD71 School Trustee Candidate Forum

Thursday  
September 29th  
6:30-8:30pm

Vanier Multipurpose Room

Questions for Candidates can be  
submitted via email to  
dpac@sd71.bc.ca before Sept 27th



All are welcome, we look forward to your attendance!

**CUPE**



SD71 COMOX VALLEY  
**DPAC**  
Student Success Through Parent Involvement





Comox Valley

# *Spirit Walk*



*“In orange shirts and ribbon skirts,  
moccasins and a feather, we  
embrace the spirits of the ancestors,  
and we all walk together”*

## **September 30<sup>th</sup>**

**Opening Ceremonies 11am**

**Drop in to Walk anytime between 11am and 6pm**

Register at Simms Millenuim Park at 50 – 5<sup>th</sup> Street  
to receive a map of the predetermined walking route.

You are welcome to drum, sing or just walk and remember

*Everyone Welcome*

*Call 250-871-7353 for more information*



We respectfully acknowledge that the  
land we gather on is on the Unceded  
Traditional Territory of the K'ómoks First  
Nation, the traditional keepers of this  
land.

## Upcoming Sports

### Cross Country is starting – See Mr. Biegler for details

Thank you for supporting your child with their cross-country running events. Meets will be held each Wednesday for the next 5 weeks:

Start time 3:15 end time by 4:15, grades 3-7.

Sept. 28	Cumberland Community School
Oct. 5	Valley View Elementry
Oct. 12	Huband Elementary
Oct. 19	Coeur de l'ile
Oct. 26	Brooklyn Elementary

Students will be leaving from Miracle Beach at 2:30,

PARENTS MUST HAVE A CRIMINAL RECORD CHECK COMPLETE TO DRIVE OTHER STUDENTS. This would be mandatory for all parents driving students.

## Music

### Tour de Rock School Song – Practice!!

The Tour de Rock visit is quickly approaching! We've started working on a short cheer/song that the entire school will sing for the team. We are singing just the chorus part of the song "Get Back Up Again" from Trolls. The second time through we are changing some of the words (highlighted below) since we are singing it as an encouragement for the team! There are also a couple of links to YouTube videos for those who would like to practice at home.

Grade 7: Who are We?  
School: Miracle Beach

Hey!  
I'm not giving up today! There's nothing getting in my way!  
And if you knock knock me over, I will get back up again! Oh!

If something goes a little wrong, well you can go ahead and bring it on!  
Cause if you knock knock me over, I will get back up again!

Oh oh, oh oh oh oh, oh Get back up again, oh, oh oh oh oh oh ...

Grade 7: Who are **YOU**?  
School: **Tour de Rock!**

Hey!  
**YOU'RE** not giving up today! There's nothing getting in **YOUR** way!  
And if **THEY** knock knock **YOU** over, **YOU** will get back up again! Oh!

If something goes a little wrong, well you can go ahead and bring it on!  
Cause if **THEY** knock knock **YOU** over, **YOU** will get back up again!

Oh oh, oh oh oh oh, oh Get back up again, oh, oh oh oh oh oh ...

YOU WILL, GET BACK UP AGAIN!

[Trolls Clip of song](#) around 1:16

[Get Back Up Again - Karaoke](#) around 1:16

### **Miracle Beach Kids' Club**

An after-school program right here at Miracle Beach school. Kids can choose from a number of activities, including table games, arts and crafts, or just hanging out with their friends. We also have the use of the school gym, when it's not being used by school or other user groups. We are advocates of outdoor active play, so weather permitting, we spend time daily on the school playground, field or wooded areas adjacent to the school.

We have room for 20 kids per afternoon. Daily fee: \$20 per space. Our hours are from 2:30 to 6:00 pm every day school is in session. Registration is free and there is no obligation to use our service unless you need it. Children on subsidy are welcome.

For more information or to request registration forms: call/text : (250)334-6360 OR  
email: [mbkidsclub@gmail.com](mailto:mbkidsclub@gmail.com)



Feel free to email me at [zale.darnel@sd71.bc.ca](mailto:zale.darnel@sd71.bc.ca) if you have any questions or comments.

Respectfully,

**Zale Darnel**

Principal, Miracle Beach Elementary

Cell: [\(604\) 992-7804](tel:6049927804) Work: [\(250\) 337-5114](tel:2503375114)