## **Miracle Beach Elementary School Newsletter**

Hello Miracle Beach Families,

Here are this week's information items. New items are in Yellow.

#### Week at a Glance

March 10	March 11	March 12	March 13	March 14
First Day of Term 3  Yard Clean Up – Ms. Rodger's Class  Hackergal Club	Strong Start  Star Draw Lunch	10:45 – Hold and Secure/ Lock Down Drill Soup Day 6:30 - PAC Meeting	Salad Bar – Division 5-8	Term 2 Learning Summaries Sent Home (Intermediate Students Only)  School Spirit Day (Twin Day)  No Hot Lunch  No Open Gym  Last Day of School Before Spring Break
March 31	April 1	April 2	April 3	April 4
First Day of School After Spring Break  Yard Clean Up – Ms. Rodger's Class  Hackergal Club	Strong Start Staff Meeting	Recycling — Leadership Soup Day Staff Lunch 1:30 — Earthquake Drill	Field Trip – Ms. McKay's Class – Rock Climbing Salad Bar	Hot Lunch Open Gym

#### Upcoming dates to note:

- April 15 Welcome to Kindergarten Event
- April 18- Good Friday (No School)
- April 21 Easter (No School)

#### **Morning Drop-Off Reminder**

We kindly ask families to ensure that students are not dropped off before 8:00 AM, as there is no supervision available before this time. For everyone's safety, we want to ensure that all students are in a safe, supervised environment when they arrive at school. Arriving before 8:00 AM means there are no staff members available to provide support or assistance. Please help us keep our school community safe by planning drop-offs accordingly.

#### Kindergarten Registration for the 2025-2026 school year

Kindergarten registration for the 2025/26 school year is open.

#### Registration

- How to Register: Online at www.comoxvalleyschools.ca/student-registration
- Details: Parents should register their children through the website above for their current neighbourhood catchment school. While most students will be accommodated at their local school, placement cannot be guaranteed and may require attending the nearest school with available space.

#### PAC Meeting March 12 at 6:30 PM

For anyone wishing to join the PAC meeting remotely please use the link below.

Topic: March PAC Meeting

Time: Mar 12, 2025 06:30 PM Vancouver

Join Zoom Meeting

https://comoxvalleyschools-ca.zoom.us/j/62377535479?pwd=5MS6jBa9wIrJsbofilkEQvnOSVYUaS.1

Meeting ID: 623 7753 5479

Passcode: 714487

#### **Open Gym (Community School)**

We have a new coordinator for Open Gym Fridays—please join us in welcoming **Melissa Neufeld** to the team!

#### What is Open Gym?

It's a chance for Guardians to hang out with their kiddos and let them burn off some energy with their peers before the weekend.

#### Where & When?

Held in our school gym, it's the perfect way to shake off the school week—rain or shine! Fridays 2:35 to 4pm

#### **Important Guidelines:**

- **Guardian attendance is required**—you must stay and sign in before entry.
  - Kids without their guardians will be turned away.
- School Rules still apply even though it is held outside of school hours.
- Melissa is here to coordinate the space and fun activities, but it's a shared experience for all to enjoy!

Thanks for making Open Gym a great time for everyone—we can't wait to see you there!

### **Pictures**

















#### **Community Information**



# ANONYMOUS SURVEY FOR: PARENTS/CAREGIVERS, STAFF & STUDENTS

## YOUR VOICE MATTERS.

How can our schools better *prevent* and *respond* to sexual assault, sexual harassment, and other forms of gender-based violence among students?



#### **Family Smart Events**

**Event 1: Topic: Explosive Behaviour in Teens: Strategies to Empower Families** 

**What:** When our teens are showing up in explosive ways, we sometimes blame ourselves. Learn with us as a therapist explains some causes of explosive behaviour and some strategies that support parents and teens. This video presentation will be followed by a facilitated discussion with Comox Valley Family Peer Support Workers, Carolyn and Megan.

When: Wednesday, March 12 from 6:30-8:00pm Where: Mark Isfeld Secondary (Multipurpose room)

Cost: Free

**Register:** For more information and to register, <u>click here</u>.

#### **Event 2: Coffee & Connection Morning Series:**

**Topic: RESCHEDULED Self Care and Mindfulness When Parenting** 

**What**: An informal drop-in group for parents/caregivers interested in connecting with other parents about child/youth mental health topics while enjoying some coffee and snacks. Taking good care of ourselves when caring for our kids can be hard, especially when our kids have mental health challenges. Let's talk about ways we can practise self-care and mindfulness when parenting.

Where: Lewis Centre, Craft Room A, 489 Old Island Hwy

When: Thurs, March 13 from 9:30-10:30 am

Registration: Click on the links above to register or simply drop-in that morning.

Cost: Free. \*\*\*Childminding is not included as part of this event but the Lewis Centre does have

childminding available during this time for \$3.15/child.

Feel free to email me at <a href="mailto:zale.darnel@sd71.bc.ca">zale.darnel@sd71.bc.ca</a> if you have any questions or comments.

Respectfully,

#### **Zale Darnel**

Principal, Miracle Beach Elementary