



Nala'atsi Schedule 2025-26



Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30am - 9:00am	Doors open Breakfast available	Doors open Breakfast available	Doors open Breakfast available	Doors open Breakfast available	NO CLASSES
9:00am - 9:30am	Morning Circle	Morning Circle	Morning Circle	Morning Circle	
9:30am - 10:30am	Guided Work Block	Guided Work Block	Guided Work Block	Guided Work Block	
10:30 - 10:45am	Break	Break	Break	Break	
11:00am - 12:00pm	Guided Work Block	Guided Work Block	Guided Work Block	Guided Work Block	
12:00pm - 12:45pm	Lunch	Lunch	Lunch	Lunch	
12:45pm - 2:30pm	Weekly Outing (locations will vary) *Spiritual/ Mental / Emotional/ Physical *	Mental Health & Wellness Workshops Art Projects *Emotional*	PE (locations will vary) * Physical *	Cultural & Creative Projects * Mental *	
				End-of-week Circle (planning ahead)	

