

Good afternoon, Royston El community!

Here is your week ahead for April 27 – May 1, 2026.



And for those wanting the "quick hits" for the upcoming week:

School News

- Track and Field Season is underway for Div 7-11. Our Track and Field jamboree will take place on May 6th at the Vanier Track- Details to follow in the coming weeks.
- Lost and Lonely Clothes - Please check the growing rack of Lost and Lonely clothes (See Pics below). Come and claim soon.



PAC News

- **Next PAC Meeting is May 13th at 630PM - All welcome! Free childcare.**
- **Volunteers make it all happen!**
 - **We have some amazing volunteers for Hot Lunch, special events and fundraising but we're always looking for more help! If you want to be added to our volunteer contact list, please send a note to roystonelpac@gmail.com. THANK YOU!**

- **Fundraising**

Fill your freezers for BBQ Season!

- **Gunter Bros Meat Fundraiser** is now open.
- Order through Hot Lunches: <https://royston.hotlunches.net/admin/>
- Spread the word to friends & family. We get \$10 from every box of meet sold (\$5 for pepperoni)
- **Closing soon! The Roe's Garden Bouquet Subscription - Pre-order for Mother's Day Gifts!**
- **Partners and friends-** plan ahead and spoil your loved ones by purchasing a beautiful flower arrangement subscription from Roe's Garden!
 - <https://www.theroesgarden.ca/shop/p/royston-elementary-fundraiser-flower-subscriptions>
- **Gut Feelings Sourdough**
 - Get your fresh sourdough or frozen pizza dough while supporting the PAC!
 - Order by Wednesday for Friday delivery: <https://royston-elementary-pac.square.site/>

Community News

- Join us for our 4th Annual CCSS Repair Café hosted in partnership with Comox Strathcona Waste Management Educators. Give your broken items a second chance and keep them from ending up in the land fill. Stash it, don't trash it! We can fix it.

- Skilled volunteers will be available to sharpen tools, and repair garden equipment, textiles, stuffies, jewelry, small appliances, electronics, wooden furniture and more!
- This spring, the Café will also include a Community Clothes Closet free store, and Tinker Stations for both preschoolers and youth. Light refreshments will be available for community members to enjoy while waiting for their items to be repaired.
 - When: Saturday April 25, 2026. 11 AM- 3 PM
 - Where: Cumberland Community School Beaufort Gym
 - Cost: This is a free event! Donations are gratefully accepted.
 - Have questions or want to volunteer? Contact [Kate, CCSS Program Coordinator](#).
- **Education Planner BC** In collaboration with school district partners and the Career Education Society of B.C., invites parents, families, and student supporters to join our final virtual parent presentation of the school year:
 - Parents as Education and Career Coaches (PECC), with CES
 - Wednesday, May 6, 2026, from 6:30-7:45PM
 - Virtual, hosted on MS Teams. Registration is required.
 - [Register here](#)
 - **Instagram:** <https://www.instagram.com/educationplannerbc>
 - **Facebook:** <https://www.facebook.com/educationplannerbc>

Social Emotional Learning

Dear Families,

Creativity is more than art or using imagination—it also means thinking of new ways to solve problems. Creative problem solving helps children build **resilience**, the ability to cope with challenges, recover from setbacks, and keep trying.

A trauma-informed approach reminds us that some children may feel overwhelmed by problems or become frustrated quickly. When adults respond with calm, patience, and support, children learn that challenges can be managed.

How Families Can Help at Home

- **Pause before fixing it:** Ask, "What do you think you could try?"
- **Brainstorm ideas:** Encourage more than one solution.
- **Help children regulate first:** Use deep breaths, movement, or quiet time before problem solving.
- **Praise effort:** Notice persistence, not just success.
- **Model resilience:** Let children hear you say, "That didn't work, so I'll try another way."

Each small challenge children work through helps build confidence, flexibility, and resilience.

Thank you for partnering with us to help children grow into capable and creative problem solvers.

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Lee McKillican and Char Siddon 😊

